

# SWARTZ CREEK AREA SENIOR CENTER

## Mission

The purpose of the Swartz Creek Area Senior Citizens, Inc. shall be to identify and meet the needs of senior citizens. This is achieved through programs designed to provide services in the areas of information and referral, education, nutrition, health screening, the arts, recreation, personal growth, leadership development, self-worth, and community involvement.



## JANUARY 2018 NEWS

# Euchre Tournament Fundraiser

**Saturday, January 13th**

**Doors will open at 6:00 p.m.**

**Begin Playing at 6:30 p.m.**

**Admission: \$5:00 per person**

**Refreshments Available**

**50/50 Raffle**



# Pancake Breakfast Fundraiser

**Saturday, January 20th**

**8:00 a.m. — 10:00 a.m.**

**\$5.00 Donation per Person**

Join us as our volunteers cook up pancakes, sausage & scrambled eggs. Orange juice and coffee will also be served.

*"Stay Active & Informed at the Senior Center"*



# SUPPORT THE **ADVERTISERS** THAT SUPPORT OUR COMMUNITY

## Holiday Sale

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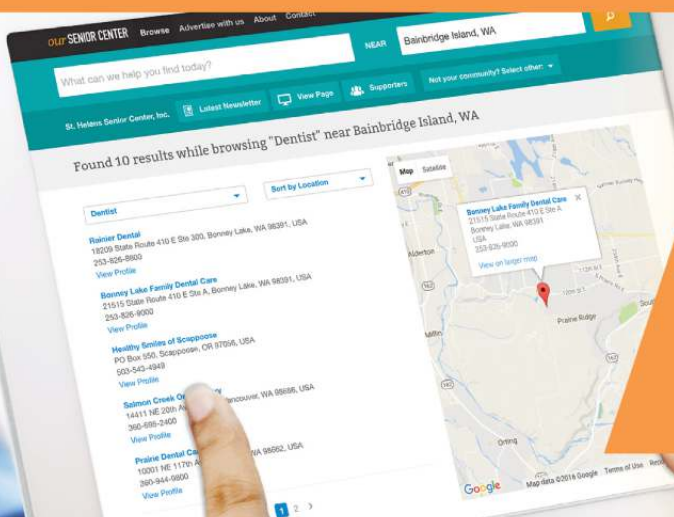
➤ Reach the Senior Market  
**ADVERTISE HERE**

CONTACT

Eileen Frazier to place an ad today!  
**efrazier@4LPi.com**  
 or (800) 477-4574 x6309

# our SENIOR CENTER

A convenient source for local services



**FIND AN ADVERTISER NEAR YOU**

**SEARCH SUPPORTERS OF OUR CENTER to find trusted services in our area!**

**Sign up to have our newsletter emailed to you! [ourseniorcenter.com](http://ourseniorcenter.com)**

## Upcoming Events

### Support Group for Caregivers

Caring for Loved Ones with Memory Loss

Wednesday, January 3rd, 10:00 a.m.  
Facilitated by Swank Home Assisted Living

This Support Group provides caregivers:



- An opportunity to gain support from others who are caring for a loved one with progressive memory loss.
- Information on how to cope.
- A listening ear and answers to questions about the diagnosis and its consequences.
- A connection to vital community resources.

### Acrylic Paint Class

Date: TBD, Call for more information  
Cost: \$5.00 Advanced Payment

Rachel from the Swartz Creek Art Guild is teaching a class held once a month at our senior center. This class will be using acrylic paints. You will see a short demonstration and then you will choose a pre-painted canvas that a shape is already drawn on. You then get to choose colors, painting techniques and which direction you want your painting to go. All supplies are provided for you, come play with paint!

### Watercolor Painting Class

Thursday, January 4th & 11th  
Time: 1:00 p.m.—3:00 p.m.  
Cost (2 Sessions): \$10

Join Peggy Mattson as she teaches you how to paint with watercolors. Supplies are not provided. Ask for a sample copy of painting, an outline sketch, and supply list when signing up for the class.

### Still Life Pencil Drawing Class

Thursday, January 18th & 25th, 1:00pm  
Pay by Friday, December 29th  
Cost (2 Sessions): \$10



Join Peggy Mattson as she teaches you how to draw with Pencil. Supplies are not provided. **You will need a #2 Pencil, white paper and a gum eraser for this class.**



January 5th, 5:00 p.m.

Entre: Cabbage Rolls

We must follow and enforce new guidelines. Anyone attending must be a member of the Swartz Creek Senior Center. You must call to reserve a spot **no later than 5:00 p.m. the Tuesday before the pot luck. NO SUBSTITUTIONS.**

IF YOU DO NOT HAVE A RESERVATION, YOU WILL NOT BE ALLOWED TO PARTICIPATE.

### BOOK CLUB

Tuesday, January 30th, at 4:00pm  
January: Readers Choice

Are you looking for an opportunity to connect with others who enjoy reading as much as you do? The Book Club meets the last Tuesday of each month to discuss some of your favorite books and authors. **New participants are always welcome!**

### Grief Support Group

Heartland Hospice provides, at no charge, on-going grief support for anyone who has experienced the death of a loved one.

Our purpose is to provide education about normal grief reactions, as well as a safe environment where feelings are validated and accepted.

**When:** January 17th,  
10:00 a.m.



**Where:** Swartz Creek Senior Center



We need your help!

Are you interested in a volunteer opportunity? We have one for you! Join us during our monthly Friday night dances.



# Friday Night Dances

The Senior Center is hosting a monthly dance on Friday night. No need to sign up, just pay at the door!

**Dates:** Friday, January 12th, 2018

**Time:** 6:00 p.m.—8:30 p.m.

**Cost:** \$3.00

**Must be 50 or older.**



Pizza, Pop, Water, Snacks and Cookies will be available for purchase during the dance.



# Winter Craft Fun



Friday, January 12th, 1:00 p.m.

**FREE**

Craft: TBD

Join us as Mission Point Nursing & Physical Rehabilitation Center of Holly shows us how to do a fun winter craft. All the supplies will be provided and no charge to you. Grab a friend and bring your creativity! Space is limited, make sure you sign up early!

**Get Your CRAFT on**

## CENTER CLOSED



January 1st & 2nd, 2018

*Happy Holidays!*

## CANCELED CLASSES & ACTIVITIES

All Dance and Exercise Classes will be CANCELED through Tuesday, January 2nd, 2018

Classes will resume on Wednesday, January 3rd, 2018

## Membership & Participation Guidelines

- ◆ Open to all Genesee County residents over age 50.
- ◆ Completion of a "Participation Form" and update the information annually.
- ◆ A yearly donation of \$10 per person is requested but not required.
- ◆ For more details, request a Membership Handbook.

Are you looking for a way to give back?  
Join the

## Lunch Buddies Program

Syring Elementary is looking for seniors to spend lunch time mentoring the students. Do you have extra time to make a difference in a child's life?

For more information Call—810-635-4122

## T-Shirt Fundraiser Support YOUR Senior Center

**Short Sleeved T-Shirt:** Cost is \$10 for sizes S, M, L, XL; Cost is \$13 for sizes XXL, XXXL

Color	S	M	L	XL	QTY X \$10	2XL	3XL	QTY X \$13	TOTAL COST
Lime Green					\$			\$	\$
Orchid					\$			\$	\$

**Long Sleeved T-Shirt:** Cost is \$12 for sizes S, M, L, XL; Cost is \$15 for sizes XXL, XXXL

Color	S	M	L	XL	QTY X \$12	2XL	3XL	QTY X \$15	TOTAL COST
Sapphire					\$			\$	\$
Charcoal Grey					\$			\$	\$

**Crew Neck Sweatshirt:** Cost is \$18 for sizes S, M, L, XL; Cost is \$20 for sizes XXL, XXXL

Color	S	M	L	XL	QTY X \$18	2XL	3XL	QTY X \$20	TOTAL COST
Charcoal Grey					\$			\$	\$

Cash or Checks Only. Make Checks Payable to: Swartz Creek Area Senior Center

Total quantity: \_\_\_\_\_ Total payment: \$ \_\_\_\_\_ Receipt # \_\_\_\_\_



Show your senior center SPIRIT!  
**TAKING ORDERS NOW!**  
Purchase a short or long sleeved T-Shirt, or a crew neck sweatshirt and wear it with pride!



## Opening Ceremony

Monday, January 29th, 2018, 1:00 pm  
Davison Senior Center  
10135 Lapeer Rd., Davison

## Closing Ceremony Banquet

Thursday, February 22nd, 2018  
Doors open at 10:00 a.m.  
Program begins at 11:00 a.m.  
Davison Knights of Columbus Hall  
8428 Davison Rd., Davison

# 2018



## of Genesee County

## Registration

November 6th, 2017 — January 11th, 2018

## Games

January 29th, 2018 — February 22nd, 2018

Register at your local Senior Center.  
Cost: \$12 per person includes Opening Ceremony, registration in as many events as you wish, a Senior Winter Games T-Shirt, and the Closing Ceremony Banquet.

*Senior Winter Games of Genesee County announces major Sponsors for 2018:*

*Huntington Bank  
Valley Area Agency on Aging*

*The Moen Group, Inc.*

*UAW Region 1-D  
Genesee County Senior Millage*



## SWG Volunteers Wanted



Senior Winter Games of Genesee County is in need of seniors who are willing to volunteer to assist at event sites. If you are interested in volunteering, please contact Melinda Soper at the Swartz Creek Area Senior Center, (810) 635-4122 or Misty Moen at the Grand Blanc Senior Center, (810) 695-3202.

## Brr . . . It's Coming.



Before venturing out in bad weather, be sure to call the center at (810)-635-4122 or tune in to TV Stations — ABC Channel 12 — WJRT or NBC Channel 25 — WEYI

**Please note: The Swartz Creek Area Senior Center's decision to close during inclement weather is independent of the school district or other senior centers.**

## **AARP TAX-AIDE**

Beginning February, 2018, AARP Tax-Aide — IRS Certified Tax Counselors will be providing tax services at the Swartz Creek Area Senior Center.

- ◆ The Center will begin scheduling appointments on **Tuesday, January 3rd, 2018, 9:00 a.m.**
- ◆ **Please do not call before this date.**
- ◆ Services will be available by appointment only.
- ◆ More information will be available at the time the center begins taking appointments.

## **Volunteers Needed for 2018 Tax Season**

**AARP Foundation Tax-Aide is the nation's largest volunteer-run tax preparation and assistance service. We want you to join us.**

### **Be a tax volunteer.**

You'll work with taxpayers directly; filling out tax returns and helping them seek a refund. Experience isn't necessary — we'll train you on the latest tax preparation forms and software.

### **Interested?**

**Call (810)-635-4122 and we will put you in contact with our local AARP Tax-Aide Program Coordinator.**

# January

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**3**

**Veteran's Services by Appt.**  
9:30 Zumba  
**10:00 Alz. Support Group**  
Noon Lunch— Pork Ham Patty w/  
Pineapple  
2:30 Sassy Exercise  
3:45 Beginner Tai Chi  
5:00 Int. Line Dancing  
6:00 Setback  
6:30 Mah-Jongg

**4**

8:45 Yoga  
10:00 Tai Chi  
11:00 Toning Exercise  
Noon Lunch— Beef Sirloin  
Tip w/ Gravy  
12:30 Pinochle  
**1:00 Watercolor Class**  
2:30 Yoga with Props  
3:45 Yoga  
6:30 Pinochle

**5**

11:00 Arthritis Exercise  
Noon Lunch— Baked  
Mac N' Cheese  
**5:00 Potluck— Cabbage  
Rolls**  
6:15 Mexican Train  
Dominoes  
6:30 Euchre

**8**

8:45 Beginner Yoga  
10:00 Imp. Beg. Line Dancing  
Noon Lunch— Chicken  
Parmesan  
12:30 Pinochle  
1:00 Crochet  
2:30 Sassy Exercise  
4:00 Beg. Ballroom  
5:00 Int. Round  
5:00 Hand, Knee & Foot  
6:30 Beg. Square Dance

**9**

8:45 Yoga  
10:00 Tai Chi  
10:00 Knitting  
11:00 Toning  
Noon Lunch— Beef Patty  
12:30 Mah-Jongg  
1:00 Wood Carving  
2:30 Yoga w/ Props  
3:45 Yoga  
6:30 5-Handed Euchre  
6:30 Cribbage

**10**


9:30 Zumba  
**10:00 Board Meeting**  
Noon Lunch— Marinated Turkey  
Breast  
2:30 Sassy Exercise  
3:45 Beginner Tai Chi  
5:00 Int. Line Dancing  
6:00 Setback  
6:30 Mah-Jongg

**11**

8:45 Yoga  
10:00 Tai Chi  
1:00 Toning Exercise  
Noon Lunch— Beef Barley  
Soup  
12:30 Pinochle  
**1:00 Watercolor Class**  
2:30 Yoga with Props  
3:45 Yoga  
6:30 Pinochle

**12**

11:00 Arthritis Exercise  
Noon Lunch— Stuffed  
Green Peppers  
**CENTER CLOSED  
4:30 - 5:45 PM**  
**6:00 Dance**  
6:15 Mexican Train  
Dominoes  
6:30 Euchre

<p><b>15</b></p> <p>8:45 Beginner Yoga  10:00 Imp. Beg. Line Dancing  <b>Noon NO LUNCH</b>  12:30 Pinochle  1:00 Crochet  2:30 Sassy Exercise  4:00 Beg. Ballroom  5:00 Int. Round  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>16</b></p> <p>8:45 Yoga  10:00 Tai Chi  10:00 Knitting  11:00 Toning  Noon Lunch— Turkey Tetrazzini  12:30 Mah-Jongg  1:00 Wood Carving  2:30 Yoga w/ Props  3:45 Yoga  6:30 5-Handed Euchre  6:30 Cribbage</p>	<p><b>17</b></p> <p><b>Legal Services by Appt.</b>  9:30 Zumba  <b>10:00 Grief Support Group</b>  Noon Lunch— Country Style  Chicken Patty  2:30 Sassy Exercise  3:45 Beginner Tai Chi  5:00 Int. Line Dancing  6:00 Setback  6:30 Mah-Jongg</p>	<p><b>18</b></p> <p>8:45 Yoga  10:00 Tai Chi  11:00 Toning  Noon Lunch— Pot Roast  <b>1:00 Pencil Drawing</b>  12:30 Pinochle  2:30 Yoga with Props  3:45 Yoga  6:30 Pinochle</p>	<p><b>19</b></p> <p><b>10:00 Family Memories</b>  11:00 Arthritis Exercise  Noon Lunch— Alaskan  Pollock  <b>CENTER CLOSED</b>  <b>4:30 - 6:00 PM</b>  6:15 Mexican Train  Dominoes</p>
<p><b>22</b></p> <p>8:45 Beginner Yoga  10:00 Imp. Beg. Line Dancing  Noon Lunch— Chicken Cordon  Royal  12:30 Pinochle  1:00 Crochet  2:30 Sassy Exercise  4:00 Beg. Ballroom  5:00 Int. Round  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>23</b></p> <p>8:45 Yoga  10:00 Tai Chi  10:00 Knitting  11:00 Toning  Noon Lunch— Flamed-Broiled  Beef Dippers  12:30 Mah-Jongg  1:00 Wood Carving  2:30 Yoga w/ Props  3:45 Yoga  4:00 Book Club  6:30 5-Handed Euchre  6:30 Cribbage</p>	<p><b>24</b></p> <p>9:30 Zumba  Noon Lunch— Turkey Polish  Sausage  2:30 Sassy Exercise  3:45 Beginner Tai Chi  5:00 Int. Line Dancing  6:00 Setback  6:30 Mah-Jongg</p>	<p><b>25</b></p> <p>8:45 Yoga  10:00 Tai Chi  11:00 Toning  Noon Lunch— Chicken Pot  Pie  <b>1:00 Pencil Drawing</b>  12:30 Pinochle  2:30 Yoga with Props  3:45 Yoga  6:30 Pinochle</p>	<p><b>26</b></p> <p>11:00 Arthritis Exercise  Noon Lunch— Vegetable  Lasagna  <b>CENTER CLOSED</b>  <b>4:30 - 6:00 PM</b>  6:15 Mexican Train  Dominoes  6:30 Euchre</p>
<p><b>29</b></p> <p>8:45 Beginner Yoga  10:00 Imp. Beg. Line Dancing  Noon Lunch— Beef Steak Chili  12:30 Pinochle  1:00 Crochet  2:30 Sassy Exercise  4:00 Beg. Ballroom  5:00 Int. Round  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>30</b></p> <p>8:45 Yoga  10:00 Tai Chi  10:00 Knitting  11:00 Toning  Noon Lunch— Beef Liver  12:30 Mah-Jongg  1:00 Wood Carving  2:30 Yoga w/ Props  3:45 Yoga  4:00 Book Club  6:30 5-Handed Euchre</p>	<p><b>31</b></p> <p><b>Hearing Screening by Appt.</b>  9:30 Zumba  Noon Lunch— Chargrilled  Chicken Breast  2:30 Sassy Exercise  3:45 Beginner Tai Chi  5:00 Int. Line Dancing  6:00 Setback  6:30 Mah-Jongg</p>		



# Exciting Trips for 2018!

### Tenderly—The Rosemary Clooney Musical at Meadow Brook Theatre

Wednesday, March 7th, 2018

Price \$87 per person

- Family-Style Italian Luncheon at Alfocchino Restaurant, Auburn Hills.
- Tickets to see “Tenderly—The Rosemary Clooney Musical” at Meadow Brook Theatre.

Deadline: January 24, 2018



### Firekeepers Casino –

Tuesday, March 27th, 2018

Price \$40 per person

- Receive \$20 in Gaming .
- Receive \$5 in Food Credits.

Deadline: March 13, 2018



### Sherlock Holmes & The Adventure of the Elusive Eat at The Purple Rose Theatre

Wednesday, April 4th, 2018

Price \$84 per person

- Lunch at The Common Grill.
- Ticket to see “Sherlock Holmes & The Adventure of the Elusive Year” at the Purple Rose Theatre.

Deadline: February 26th, 2018



### Shepherd Maple Syrup Festival and Soaring Eagle Casino

Saturday, April 28, 2018

Price \$38 per person

- Pancake Breakfast and Craft Show at Shepherd High School.
- Soaring Eagle Casino .
- \$15 in play credit, \$5 Food Credit.

Deadline: Wednesday, April 12th, 2018

### St. Sabbas Russian Orthodox Monastery & Gardens With a Russian High Tea Luncheon at The Royal Eagle

Tuesday, May 8th, 2018

Price \$70 per person

- Tour & Lecture at St. Sabbas Monastery & Gardens.
- Tea Luncheon at The Royal Eagle located at St. Sabbas.

Deadline: Tuesday, May 8th, 2018

### Savannah Sipping Society at Cornwell's Turkeyville

Wednesday, June 6th, 2018

Price \$85 per person

- A Traditional Style Turkey Dinner with all the Trimmings.
- Admission to the show “Savannah Sipping Society.

Deadline: June 19, 2017

## Travel Policy

We encourage you and your friends over age 50 to join us on any of our trips. All participants must have an updated “Participation Form” on file at the time of sign-up.

### Trip Cancellation Policy:

All cancellations incur a \$15 administrative fee which is deducted from any refund due to the member. Refund of the balance will be paid only if your seat can be canceled with the tour company. **During inclement weather, if the tour company providing the trip does not cancel, the traveler will not be entitled to any refund.** Some trips have policies unique to that trip, so be sure to read the policy details on the back of individual trip flyer. Stop by or call the Senior Center for trip details and the complete Travel Policy.



### Discover Saugatuck!

Wednesday, June 20th, 2018

Price \$115 per person

- Lunch at Coral Gables Restaurant overlooking the water.
- Take a trip on the Saugatuck Dune Rides.
- Paddle Boat Cruise on the Star of Saugatuck.



Deadline: May 21st, 2018

### The Shipshewana Back Roads & Brown Bag Tour

Monday, July 23rd, 2018

Price \$120 per person

- A Step-on Guided Tour of Shipshewana Amish Country.
- An Amish Home Cooked Dinner at the Carriage House.
- A Brown Bag and a special gift to fill your bag at most stops.
- Free Time at Yoder's Department Store.
- Visit Quilt Gardens in the Area.
- Visit an Amish Cheese Shop, Baker Noodle Shop and Bulk Food Store.

Deadline: June 19th, 2018

### Saganing Eagles Landing Casino

Tuesday, August 7th, 2018

Price \$40 per person

- 4 Hours of Gaming at Saganing Eagles Landing.
  - Each Person will get back \$10 in Gaming and a \$5 Food Coupon for the Café\*.
- \*Earn \$10 more in gaming by getting 100 points on your players card.

Deadline: July 24th, 2018

### Port Huron Maritime and Lighthouse Tour

Tuesday, August 21st, 2018

Price \$57 per person

- Guided tour of Huron Lightship (Climbing Stair Involved).
- Guided tour of Fort Gratiot lighthouse (Need Closed Toe Shoes).
- Free time to tour and have a lunch on own at the Great Lakes maritime Center.

Deadline: July 17th, 2018

### Clinton River Luncheon Boat Cruise and The Stahl Automotive Museum

Thursday, September 6th, 2018

Price \$84 per person

- A Clinton River Luncheon Boat Cruise.
- Guided tour of the Stahl Automotive Museum.



Deadline: July 31st, 2018

### Little River Casino Overnight

October 15th & 16th, 2018

Price \$119 per person

\*Double, Triple, & Quad Price

\*\$179 Per Person Single

- Overnight Lodging at Little River Casino & Resort\*
- \*Get back \$20 in gaming credit + \$10 food.
- 4 Hour Stop at Soaring Eagle Casino\*
- \*Get back \$10 in gaming credit + \$5 food.



Deadline: August 30th, 2018

### Taste of Michigan's Sunrise Side

Thursday, October 25th, 2018

Price \$74 per person

- Sample and Shop at Williams Cheese Factory (Home of Pinconning Cheese!).
- Lunch on own at H and H Bakery.
- Wine Tasting at Modern Craft Winery.
- Sample and Shop at Serni's Homemade Candies and Chocolates.
- Shop for Great Steals at Northwoods Wholesale Outlet.
- A Bountiful Buffet at Krzysiak's House Restaurant.

Deadline: October 4th, 2018

### Detroit Institute of Arts

Wednesday, November 14th, 2018

Price \$57 per person

- Admission to the Detroit Institute of Arts.
- Guided Highlights Tour of the DIA—Permanent Collection
- Free Time for Lunch on own and Touring the DIA.



Deadline: October 11th, 2018

## SUPPLY DONATIONS

Our Center uses many supplies on a daily basis. Donations of Cold Drink Cups, Bowls, Napkins, Dessert Plates, Hard Candy, Tissues, Bathroom Tissue, Hand Soap, Regular & Decaf Coffee and 2-Liter Bottles of Pop are always appreciated.



Supplies were received from Roy & Jeanne Beville and Jane Perrault.

## Transportation



Transportation Services available to seniors residing within the Swartz Creek School District.

Contact the Senior Center for the Complete Schedule, Transportation Policy & Participant Requirements; including deadline dates for sign-up.

### TRANSPORTATION SERVICES INCLUDE:

#### LUNCH — (Daily — Monday through Friday)

Round-trip transportation from your home to attend lunch at the center.

#### SHOPPING — (Weekly)

Round-trip transportation from your home in the early afternoon on Mondays. This trip alternates between Meijer and Kroger each week.

#### FOOD PANTRY — (Monthly)

Round-trip transportation from your home to the Swartz Creek Community Food Basket.



## Assistance for Veterans

Available at the Senior Center  
Call (810) 635-4122 for an Appointment

Are you a veteran over age 60, or the spouse, widow, or widower of a veteran? John Nelson, Service Officer, with the Genesee County Department of Veterans Services Office is available for appointments at the Senior Center one day per month. During your appointment, John can provide information on benefit programs and assist you in completing applications for Veterans benefits. Please request a list of information to bring when you schedule your appointment.

## Memorial Donations

*A memorial donation  
was made by Bill & Janet  
Green in memory  
Douglas Dennis.*



### Discrimination Policy

The Swartz Creek Area Senior Center has adopted a policy of non-discrimination in all programs, services and employment. No one shall be excluded on the basis of race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of providing services to benefit persons who are over the age of fifty and reside in Genesee County.

## Join us for Lunch!

Provided by Genesee County Community Action  
Resource Department (GCCARD)

Meals are served Monday — Friday at 12:00 noon at the senior center. Reservations for Tuesday—Friday must be made by noon on the day before.

Reservations for Mondays must be made by noon on the prior Friday. Call the center at (810) 635-4122.

(Note: Meals for special occasions may require up to two weeks advance reservations.)

A \$2.00 donation per meal is requested for anyone 60 years and older and anyone under 60 years of age or living outside Genesee County it is \$3.50.



### Notary Services

Assistant Director, Barbara McCallum is a certified Public Notary. This is a free service to our members. Please call the center to make an appointment when needing notary services. 810-635-4122



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# Swartz Creek Area Senior Center

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Office: (810) 635-4122

Fax: (810) 635-9405

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