

SWARTZ CREEK AREA SENIOR CENTER

Mission

The purpose of the Swartz Creek Area Senior Citizens, Inc. shall be to identify and meet the needs of senior citizens. This is achieved through programs designed to provide services in the areas of information and referral, education, nutrition, health screening, the arts, recreation, personal growth, leadership development, self-worth, and community involvement.



FEBRUARY 2018 NEWS

EUCHRE TOURNAMENT FUNDRAISER

Saturday, February 10th

Doors will open at 6:00 p.m.

Start Playing at 6:30 p.m.

Admission: \$5:00 per person

**Refreshments: \$1 Can of Pop
\$1 Slice of
Pizza**

Open to the public!

Friday Night Dances

The Senior Center is hosting bi-monthly dances on Friday nights. No need to sign up, just pay at the door!

Dates: Friday, February 9th & 23rd

Time: 6:00 p.m.—8:30 p.m.

Cost: \$3.00

Must be 50 or older.



**Pizza, Pop, Water,
Snacks and Cookies will
be available for purchase
during the dance.**

Pancake Breakfast Fundraiser

When: Saturday, February 17th

8:00 a.m. — 10:00 a.m.

Cost: \$5.00 Donation Per Person

Join us as our volunteers cook up pancakes, sausage & scrambled eggs. Orange juice and coffee will also be served. Take out available upon request.

Open to the public!

"Stay Active & Informed at the Senior Center"

SUPPORT THE **ADVERTISERS** THAT SUPPORT OUR COMMUNITY

Holiday Sale

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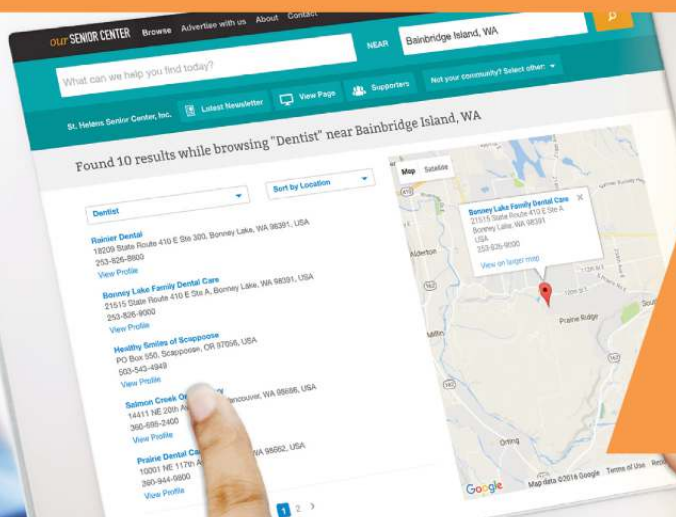
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or (800) 477-4574 x6309

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Sign up to have our newsletter emailed to you! ourseniorcenter.com

Upcoming Events

Support Group for Caregivers

Caring for Loved Ones with Memory Loss

Wednesday, February 7th, 10:00 a.m.

Facilitated by Swank Home Assisted Living



This Support Group provides caregivers:

- An opportunity to gain support from others who are caring for a loved one with progressive memory loss.
- Information on how to cope.
- A listening ear and answers to questions about the diagnosis and its consequences.
- A connection to vital community resources.

Hearing Screenings



Provided by Fluke Hearing

Offered at the Center once a month.
Call the Center to make an appointment

- Do you often have to ask others to repeat themselves?
- Do others complain to you that the TV is too loud?
- Do you hear, but not always understand?

Free hearing evaluation available at the senior center.

* Hearing aid cleaning and adjustments at no charge.

* Fees apply for battery replacement.

T-Shirt Fundraiser Support YOUR Senior Center

Short Sleeved T-Shirt: Cost is \$10 for sizes S, M, L, XL; Cost is \$13 for sizes XXL, XXXL									
Color	S	M	L	XL	QTY X \$10	2XL	3XL	QTY X \$13	TOTAL COST
Lime Green					\$			\$	\$
Orchid					\$			\$	\$
Long Sleeved T-Shirt: Cost is \$12 for sizes S, M, L, XL; Cost is \$15 for sizes XXL, XXXL									
Color	S	M	L	XL	QTY X \$12	2XL	3XL	QTY X \$15	TOTAL COST
Sapphire					\$			\$	\$
Charcoal Grey					\$			\$	\$
Crew Neck Sweatshirt: Cost is \$18 for sizes S, M, L, XL; Cost is \$20 for sizes XXL, XXXL									
Color	S	M	L	XL	QTY X \$18	2XL	3XL	QTY X \$20	TOTAL COST
Charcoal Grey					\$			\$	\$
Cash or Checks Only. Make Checks Payable to: Swartz Creek Area Senior Center									
Total quantity: _____ Total payment: \$ _____ Receipt # _____									
		<p>Show your senior center SPIRIT! TAKING ORDERS NOW! Purchase a short or long sleeved T-Shirt, or a crew neck sweatshirt and wear it with pride!</p>							

Grief Support Group

Heartland Hospice provides, at no charge, on-going grief support for anyone who has experienced the death of a loved one.

Our purpose is to provide education about normal grief reactions, as well as a safe environment where feelings are validated and accepted.

When: February 23rd,
9:30 a.m.



Where: Swartz Creek Senior Center

Creativity Class

Thursday, February 15th
9:30 a.m.

\$5.00 per class

Do you ever feel you are not tapping into your creative side? Not living up to your potential? Like something's missing? This class will begin with a creativity-blocking exercise, then help you dispel myths to being artistic. Once you begin to rely on your creative spirit, you will find all areas of your life opening up and becoming more fulfilling. Expect small changes that will help you be the creator of a more artistic life. Each class will include sharing, creating, and discovering new avenues to creativity.



BOOK CLUB

Tuesday, February 27th, at 4:00pm
February: See Me;
a Novel by Nicholas Sparks

Are you looking for an opportunity to connect with others who enjoy reading as much as you do? The Book Club meets the last Tuesday of each month to discuss some of your favorite books and authors.



Presidential Luncheon

Tuesday, February 20th
12:00 Noon
FREE

Sign up Required!

Help us honor President's Day with a FREE Lunch provided by Caretel Inns of Linden.



Free blood pressure screenings will also be available after lunch.

Sponsored by Caretel Inns of Linden



Healthy Hearing Seminar

Thursday, February 8th
10:00 a.m.—12:00 Noon
Sign up required!

Please join us as we welcome Lynn Shawl from Miracle Ear for a "Healthy Hearing" Seminar!

- Importance of Hearing Well Presentation
- Complimentary Personal Hearing Screenings
- Refreshments
- Opportunity to Ask Questions

Hearing well means living well!

This is a free, no obligation event. There is nothing to purchase - only an opportunity to ask questions about hearing reduction and have your hearing screened for FREE! **Please join us!**

Membership & Participation Guidelines

- ◆ Open to all Genesee County residents over age 50.
- ◆ Completion of a "Participation Form" and update the information annually.
- ◆ A yearly donation of \$10 per person is requested but not required.
- ◆ For more details, request a Membership Handbook.

Are you looking for a way to give back?
Join the

Lunch Buddies Program

Syring Elementary is looking for seniors to spend lunch time mentoring the students. Do you have extra time to make a difference in a child's life?

For more information Call—810-635-4122

Euchre is Moving to a new night.



Starting in February, Euchre will be on Thursday Evenings 6:30 p.m.—8:45 p.m.

A new daytime Euchre will start on Friday April 20th at 1:00 p.m.



Genesee County Board of Commissioners

1101 BEACH STREET, ROOM 312 FLINT, MICHIGAN 48502

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FAX: (810) 257-3008

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Friends,

Because of residents like you, the Genesee County Board of Commissioners are able to partner with local communities to provide senior services like those that happen daily at Swartz Creek Area Senior Center. These vital programs are funded, in part, by your Genesee County Senior Millage.

Our Office of Senior Services coordinates those tax dollars to fund programming that seniors have told us is important to them. Seniors today bring different expectations to aging than generations before. The Genesee County Board of Commissioners is pleased to be able to work towards meeting those expectations for our community.

Whether it is funding home delivered meals, the Elder Abuse program within the Sheriff's Department or funding for the 15 senior centers that are in every part of Genesee County, the Genesee County Senior Millage is there to work for you. Make sure you take advantage of the many programs that are funded through your millage.

Best wishes to you,

Commissioner Ted Henry
8th District

Brr



Before venturing out in bad weather, be sure to call the center at (810)-635-4122 or tune in to TV Stations — ABC Channel 12 — WJRT or NBC Channel 25 — WEYI

Please note: The Swartz Creek Area Senior Center's decision to close during inclement weather is independent of the school district or other senior centers.

Programs and/or services are fully or partially funded by Genesee County Millage Funds. Your tax dollars at work.

February

Tuesday

Wednesday

Thursday

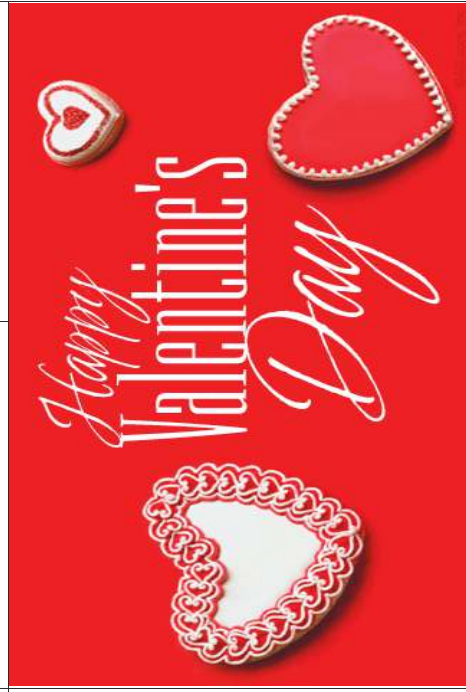
Friday

Euchre is Moving to a new night.

Starting in February, Euchre will be on Thursday
Evenings 6:30 p.m.—8:45 p.m.



Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing Noon Lunch— Chicken Parmesan 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>6</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Beef Pasty 12:30 Mah-Jongg 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>1</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Exercise Noon Lunch— Beef Sirloin Tips W/ Gravy 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 6:30 Pinochle 6:30 Euchre **</p>	<p>2</p> <p>11:00 Arthritis Exercise Noon Lunch— Baked Mac N' Cheese</p> <p>CENTER CLOSSES AT 4:00 P.M.</p> <p>No Evening Activities</p>
<p>5</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing Noon Lunch— Chicken Parmesan 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>6</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Beef Pasty 12:30 Mah-Jongg 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>8</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Healthy Hearing Seminar 1:00 Toning Exercise Noon Lunch— Beef Barley Soup 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 6:30 Pinochle 6:30 Euchre **</p>	<p>9</p> <p>11:00 Arthritis Exercise Noon Lunch— Stuffed Green Peppers</p> <p>CENTER CLOSED 4:30 - 5:45 PM</p> <p>6:00 Dance</p>

<p>12</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing Noon NO LUNCH 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>13</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Turkey Tetrazzini 12:30 Mah-Jongg 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>14</p> <p>9:30 Zumba 10:00 Board Meeting Noon Lunch— Country Style Chicken 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>15</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Noon Lunch— Pot Roast 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 6:30 Pinochle 6:30 Euchre</p>	<p>16</p> <p>11:00 Arthritis Exercise Noon Lunch— Alaskan Pollock</p> <p>CENTER CLOSSES AT 4:00 P.M.</p> <p>No Evening Activities</p>		
<p>19</p> <p>8:45 Beginner Yoga 10:00 Imp. Beg. Line Dancing Noon NO LUNCH 12:30 Pinochle 1:00 Crochet 2:30 Sassy Exercise 4:00 Beg. Ballroom 5:00 Int. Round 5:00 Hand, Knee & Foot 6:30 Beg. Square Dance</p>	<p>20</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning 11:30 Special Presidential Lunch 12:30 Mah-Jongg 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 4:00 Book Club 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>21</p> <p>Legal Services by Appt. 9:30 Zumba Noon Lunch— Turkey Polish Sausage 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>	<p>22</p> <p>8:45 Yoga 10:00 Tai Chi 11:00 Toning Noon Lunch— Chicken Pot Pie 12:30 Pinochle 2:30 Yoga with Props 3:45 Yoga 6:30 Pinochle 6:30 Euchre</p>	<p>23</p> <p>9:30 Grief Support Group 11:00 Arthritis Exercise Noon Lunch— Vegetable Lasagna</p> <p>CENTER CLOSED 4:30 - 5:45 PM</p> <p>6:00 Dance</p>		
 <p><i>Happy Valentine's Day</i></p>					<p>27</p> <p>8:45 Yoga 10:00 Tai Chi 10:00 Knitting 11:00 Toning Noon Lunch— Beef Liver 12:30 Mah-Jongg 1:00 Wood Carving 2:30 Yoga w/ Props 3:45 Yoga 4:00 Book Club 6:30 5-Handed Euchre 6:30 Cribbage</p>	<p>28</p> <p>Hearing Screening by Appt. 9:30 Zumba Noon Lunch— Chicken Cordon Bleu 2:30 Sassy Exercise 3:45 Beginner Tai Chi 5:00 Int. Line Dancing 6:00 Setback 6:30 Mah-Jongg</p>

Exciting Trips for 2018!

Firekeepers Casino –

Tuesday, March 27th, 2018

Price \$40 per person

- Receive \$20 in Gaming .
- Receive \$5 in Food Credits.



Deadline: March 13, 2018

Sherlock Holmes & The Adventure of the Elusive Eat at The Purple Rose Theatre

Wednesday, April 4th, 2018

Price \$84 per person

- Lunch at The Common Grill.
- Ticket to see “Sherlock Holmes & The Adventure of the Elusive Year” at the Purple Rose Theatre.



Deadline: February 26th, 2018

Shepherd Maple Syrup Festival and Soaring Eagle Casino

Saturday, April 28, 2018

Price \$38 per person

- Pancake Breakfast and Craft Show at Shepherd High School.
- Soaring Eagle Casino .
- \$15 in play credit, \$5 Food Credit.

Deadline: Wednesday, April 12th, 2018

St. Sabbas Russian Orthodox Monastery & Gardens With a Russian High Tea Luncheon at The Royal Eagle

Tuesday, May 8th, 2018

Price \$70 per person

- Tour & Lecture at St. Sabbas Monastery & Gardens.
- Tea Luncheon at The Royal Eagle located at St. Sabbas.

Deadline: Tuesday, May 8th, 2018

Detroit Tigers Vs. LA Angels

Thursday, May 31st, 2018

Price \$66 per person

- Ticket to the Game
- Food voucher good for a pop and hot dog



Deadline: Monday, April 17th, 2018

Savannah Sipping Society at Cornwell's Turkeyville

Wednesday, June 6th, 2018

Price \$85 per person

- A Traditional Style Turkey Dinner with all the Trimmings.
- Admission to the show “Savannah Sipping Society.

Deadline: June 19, 2017

Travel Policy

We encourage you and your friends over age 50 to join us on any of our trips. All participants must have an updated “Participation Form” on file at the time of sign-up.

Trip Cancellation Policy:

All cancellations incur a \$15 administrative fee which is deducted from any refund due to the member. Refund of the balance will be paid only if your seat can be canceled with the tour company. **During inclement weather, if the tour company providing the trip does not cancel, the traveler will not be entitled to any refund.** Some trips have policies unique to that trip, so be sure to read the policy details on the back of individual trip flyer. Stop by or call the Senior Center for trip details and the complete Travel Policy.

Discover Saugatuck!

Wednesday, June 20th, 2018

Price \$115 per person

- Lunch at Coral Gables Restaurant overlooking the water.
- Take a trip on the Saugatuck Dune Rides.
- Paddle Boat Cruise on the Star of Saugatuck.



Deadline: May 21st, 2018

The Shipshewana Back Roads & Brown Bag Tour

Monday, July 23rd, 2018

Price \$120 per person

- A Step-on Guided Tour of Shipshewana Amish Country.
- An Amish Home Cooked Dinner at the Carriage House.
- A Brown Bag and a special gift to fill your bag at most stops.
- Free Time at Yoder's Department Store.
- Visit Quilt Gardens in the Area.
- Visit an Amish Cheese Shop, Baker Noodle Shop and Bulk Food Store.

Deadline: June 19th, 2018

Saganing Eagles Landing Casino

Tuesday, August 7th, 2018

Price \$40 per person

- 4 Hours of Gaming at Saganing Eagles Landing.
 - Each Person will get back \$10 in Gaming and a \$5 Food Coupon for the Café*.
- *Earn \$10 more in gaming by getting 100 points on your players card.

Deadline: July 24th, 2018

Port Huron Maritime and Lighthouse Tour

Tuesday, August 21st, 2018

Price \$57 per person

- Guided tour of Huron Lightship (Climbing Stair Involved).
- Guided tour of Fort Gratiot lighthouse (Need Closed Toe Shoes).
- Free time to tour and have a lunch on own at the Great Lakes maritime Center.

Deadline: July 17th, 2018

Clinton River Luncheon Boat Cruise and The Stahl Automotive Museum

Thursday, September 6th, 2018

Price \$84 per person

- A Clinton River Luncheon Boat Cruise.
- Guided tour of the Stahl Automotive Museum.



Deadline: July 31st, 2018

Little River Casino Overnight

October 15th & 16th, 2018

Price \$119 per person

*Double, Triple, & Quad Price

*\$179 Per Person Single

- Overnight Lodging at Little River Casino & Resort*
- *Get back \$20 in gaming credit + \$10 food.
- 4 Hour Stop at Soaring Eagle Casino*
- *Get back \$10 in gaming credit + \$5 food.



Deadline: August 30th, 2018

Taste of Michigan's Sunrise Side

Thursday, October 25th, 2018

Price \$74 per person

- Sample and Shop at Williams Cheese Factory (Home of Pinconning Cheese!).
- Lunch on own at H and H Bakery.
- Wine Tasting at Modern Craft Winery.
- Sample and Shop at Serni's Homemade Candies and Chocolates.
- Shop for Great Steals at Northwoods Wholesale Outlet.
- A Bountiful Buffet at Krzysiak's House Restaurant.

Deadline: October 4th, 2018

Detroit Institute of Arts

Wednesday, November 14th, 2018

Price \$57 per person

- Admission to the Detroit Institute of Arts.
- Guided Highlights Tour of the DIA—Permanent Collection
- Free Time for Lunch on own and Touring the DIA.



Deadline: October 11th, 2018

SUPPLY DONATIONS

Our Center uses many supplies on a daily basis. Donations of Cold Drink Cups, Bowls, Napkins, Dessert Plates, Hard Candy, Tissues, Bathroom Tissue, Hand Soap, Regular & Decaf Coffee and 2-Liter Bottles of Pop are always appreciated.



Supplies were received from Rene Gagnon, Roger Lee, Mary O'Neil, Rae Lynn Hicks, Roy & Jeanne Beville and Jane Perrault.

Special Thank you to Linda Jordan for a general donation made to the senior center.

Memorial Donations

A memorial donation was made by Carole Beebe in memory of Ron Beebe.



Transportation



Transportation Services available to seniors residing within the Swartz Creek School District.

Contact the Senior Center for the Complete Schedule, Transportation Policy & Participant Requirements; including deadline dates for sign-up.

TRANSPORTATION SERVICES INCLUDE:

LUNCH — (Daily — Monday through Friday)

Round-trip transportation from your home to attend lunch at the center.

SHOPPING — (Weekly)

Round-trip transportation from your home in the early afternoon on Mondays. This trip alternates between Meijer and Kroger each week.

FOOD PANTRY — (Monthly)

Round-trip transportation from your home to the Swartz Creek Community Food Basket.

Discrimination Policy

The Swartz Creek Area Senior Center has adopted a policy of non-discrimination in all programs, services and employment. No one shall be excluded on the basis of race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of providing services to benefit persons who are over the age of fifty and reside in Genesee County.

Join us for Lunch!

Provided by Genesee County Community Action Resource Department (GCCARD)

Meals are served Monday — Friday at 12:00 noon at the senior center. Reservations for Tuesday—Friday must be made by noon on the day before.

Reservations for Mondays must be made by noon on the prior Friday. Call the center at (810) 635-4122.

(Note: Meals for special occasions may require up to two weeks advance reservations.)

A \$2.00 donation per meal is requested for anyone 60 years and older and anyone under 60 years of age or living outside Genesee County it is \$3.50.



Assistance for Veterans

Available at the Senior Center
Call (810) 635-4122 for an Appointment

Are you a veteran over age 60, or the spouse, widow, or widower of a veteran? John Nelson, Service Officer, with the Genesee County Department of Veterans Services Office is available for appointments at the Senior Center one day per month. During your appointment, John can provide information on benefit programs and assist you in completing applications for Veterans benefits. Please request a list of information to bring when you schedule your appointment.

Notary Services

Assistant Director, Barbara McCallum is a certified Public Notary. This is a free service to our members. Please call the center to make an appointment when needing notary services. 810-635-4122

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Swartz Creek Area Senior Center

8095 Civic Drive, Swartz Creek, MI 48473

Office Hours: Monday-Thursday: 9:00 am — 8:00 pm

Friday: 9:00 am — 4:30 pm & 6:00 pm — 8:00 pm

Office: (810) 635-4122

Fax: (810) 635-9405

Website:

www.myscasc.org

STAFF

Melinda Soper, Director

Barbara McCallum, Asst. Director

Marianne Campbell, Staff Asst.

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Allan Cox, Trustee

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Elaine Tucker, Trustee



Swartz Creek Area Senior Center
8095 Civic Dr.
Swartz Creek, MI 48473