

# SWARTZ CREEK AREA SENIOR CENTER

## Mission

The purpose of the Swartz Creek Area Senior Citizens, Inc. shall be to identify and meet the needs of senior citizens. This is achieved through programs designed to provide services in the areas of information and referral, education, nutrition, health screening, the arts, recreation, personal growth, leadership development, self-worth, and community involvement.



## APRIL 2018 NEWS

# Coney Dog/Sloppy Joe Lunch

Thursday, April 19th

11:00 a.m.—2:00 p.m.

\$7.00 Donation per person

Carry-Out Available



### Menu

Coney Dog  
or  
Sloppy Joe  
Chips  
Pickle  
Beverage  
Dessert

## Fundraiser

# Bake Sale

Thursday, April 19th,

9:00 a.m. - 6:00 p.m.

Cookies, brownies, and other goodies are packaged in small portions so there is something for everyone. Items are sold by donations.

*"Stay Active & Informed at the Senior Center"*



# SUPPORT THE **ADVERTISERS** THAT SUPPORT OUR COMMUNITY

Protecting **Seniors** Nationwide

Medical Alert System



**\$29.95/Mo.** billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.7772

**HELP PROTECT YOUR FAMILY & HOME**  
CALL NOW! 1-888-331-6501



**AUTHORIZED DEALER**



HOME SECURITY TEAM

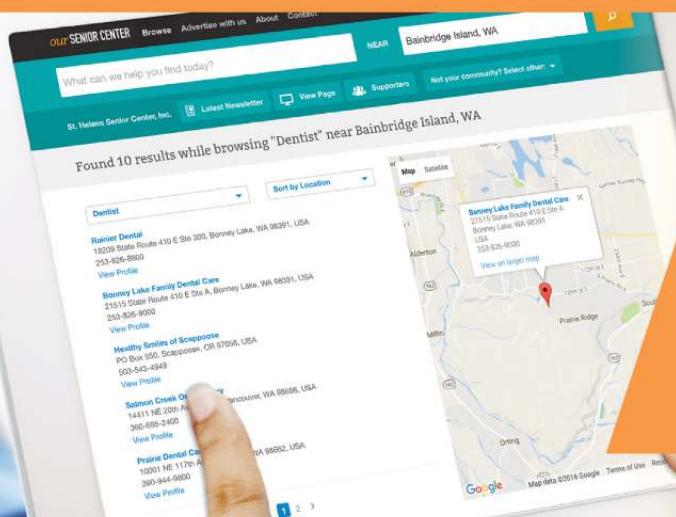
➤ Reach the Senior Market  
**ADVERTISE HERE**

CONTACT

Eileen Frazier to place an ad today!  
efrazier@4LPi.com  
or (800) 477-4574 x6309

# **our** SENIOR CENTER

A convenient source for local services



**FIND AN ADVERTISER NEAR YOU**

**SEARCH SUPPORTERS OF OUR CENTER to find trusted services in our area!**

Sign up to have our newsletter emailed to you! [ourseniorcenter.com](http://ourseniorcenter.com)

## Upcoming Events

### Support Group for Caregivers

Caring for Loved Ones with Memory Loss

Wednesday, April 4th, 10:00 a.m.  
Facilitated by Swank Home Assisted Living

This Support Group provides caregivers:



- An opportunity to gain support from others who are caring for a loved one with progressive memory loss.
- Information on how to cope.
- A listening ear and answers to questions about the diagnosis and its consequences.
- A connection to vital community resources.

### Hearing Screenings

Wednesday, April 25th

Provided by Fluke Hearing

Offered at the Center once a month.

Call the Center to make an appointment



- Do you often have to ask others to repeat themselves?
- Do others complain to you that the TV is too loud?
- Do you hear, but not always understand?

Free hearing evaluation available at the senior center.

\* Hearing aid cleaning and adjustments at no charge.

\* Fees apply for battery replacement.

### Watercolor Painting Class

Thursday, April 5th & 12th

Time: 1:00 p.m.—3:00 p.m.

Cost (2 Sessions): \$10

Join Peggy Mattson as she teaches you how to paint with watercolors. Supplies are not provided. Ask for a sample copy of painting, an outline sketch, and supply list when signing up for the class.

### Still Life Pencil Drawing Class

Thursday, April 19th & 26th, 1:00pm

Cost (2 Sessions): \$10



Join Peggy Mattson as she teaches you how to draw with Pencil. Supplies are not provided. **You will need a #2 Pencil, white paper and a gum eraser for this class.**

### Grief Support Group

Heartland Hospice provides, at no charge, on-going grief support for anyone who has experienced the death of a loved one.

Our purpose is to provide education about normal grief reactions, as well as a safe environment where feelings are validated and accepted.

When: Wed., April 18th,  
10:00 a.m.

Heartland   
Hospice Care

Where: Swartz Creek Senior Center

### Acrylic Paint Class

Wednesday, April 18th, 1:00 p.m.

**\$5.00 Advanced Payment**

Rachel from the Swartz Creek Art Guild is teaching a class held once a month at our senior center. This class will be using acrylic paints. You will see a short demonstration and then you will choose a pre-painted canvas that a shape is already drawn on. You then get to choose colors, painting techniques and which direction you want your painting to go. All supplies are provided for you, come play with paint!



### BOOK CLUB

Tuesday, April 24th, at 4:00pm

April: **The Chilbury Ladies' Choir**  
by Jennifer Ryan

Are you looking for an opportunity to connect with others who enjoy reading as much as you do? The Book Club meets the last Tuesday of each month to discuss some of your favorite books and authors. **New participants are always welcome!**

### EUCHRE

We are now offering time to play euchre in the  
afternoons on Fridays!

**Starting April 20th from 1:00pm—3:45pm**



# EUCHRE TOURNAMENT FUNDRAISER

**Saturday, April 14th**

Doors will open at 6:00 p.m.

Start Playing at 6:30 p.m.

Admission: \$5:00 per person

Refreshments: \$1 Can of Pop

\$1 Slice of

Pizza



**Open to the public!**

## ARE YOU INTERESTED IN A BEGINNER LINE DANCING CLASS?

Planned for Thursdays at 5:15 p.m.  
Class will begin April 12th if there is enough interest!

**Sign up Today!**

Class is \$2.00 per session or use your punch card.



## April Class Cancelations

- **Wednesday, April 18th** - Line Dancing
- **Thursday, April 19th** - Yoga Am, Tai Chi, Toning, Yoga W/ Props, Yoga Pm
- **Friday, April 20th** - Arthritis Exercise
- **Wednesday, April 25th** - Zumba

## Roll & Release Class

Workshop: Saturday, April 14th, Noon-2:00p.m.

Cost:\$5.00

Limited Space, Prepay to reserve your spot.

Class Starts: April 16th

Monday & Thursdays 1:15pm-2:15pm

Cost: \$2.00

In Roll & Release classes, participants will use Styrofoam rollers and other therapeutic aides, to roll out and stretch tight fascia and muscles. Classes will incorporate Yoga stretches, balance and weight bearing positions. Participants will need to be able to get up and down freely from the floor.



## Friday Night Dances

The Senior Center is hosting bi-monthly dances on Friday nights. No need to sign up, just pay at the door!

**Dates:** Friday, April 13th & 27th

**Time:** 6:00 p.m.—8:30 p.m.

**Cost:** \$3.00

**Must be 50 or older.**



**Pizza, Pop, Water, Snacks and Cookies will be available for purchase during the dance.**

## SWARTZ CREEK AREA SENIOR CENTER 2018 ELECTION - BOARD OF TRUSTEES

Absentee Ballots will be available for the 2018 Board of Trustee elections. An application must be completed and returned to the senior center by April 13th, 2018. You may pick up the application at the senior center or call 810-635-4122 and request that an application is mailed to you.

- Eligible voters will be seniors 50 and older who live in the Swartz Creek Area School District or Gaines Twp.
- Voter must be a member of the Swartz Creek Area Senior Center, on/before April 18th, 2018.

## WANTED

### Baked Goods & Volunteer Helpers

To donate Baked Goods, please call the Senior Center by Thursday, April 12th to sign up and let us know what you plan to bake. Your baked goods and a **list of ingredients** need to be dropped off at the Center before 7:00 p.m. on Wednesday, April 18th.

- Cookies, brownies, candies, and other small items sell best when they are packaged in zipper bags of 2 or 6 items.

We need volunteers to help at the Bake Sale or Coney Lunch, please sign up by Thursday, April 12th.

Please Join us to:

## Meet Dr. Chaudhry, Geriatric Physician

With

### Genesys PACE

(Plus, Dessert & Door Prize)

Are you "55 or better?"

Do you live in Genesee County?

If you answered "yes" to the above questions, please join us. Learn more about our new option for extra help with health services and care. We want older adults to stay safer at home as long as possible.

**Tuesday, April 10th, 12:00 Noon**

Join us for GCCARD Lunch (\$2.00 Donation) and a presentation by Dr. Chaudhry with Genesys PACE.

Sign up to reserve your spot.



Valley Area Agency On Aging



PRESENTS:

## FALL PREVENTION AWARENESS

Provided by: Mott Community College Occupational Therapy Assistant Program

**Friday, April 27th, 2:00 p.m.**

Attend this presentation to gain knowledge on:

- Risk factors for falls
- The role of Occupational Therapy in fall prevention
- Fall tips & Resources
- Example exercises for fall prevention



If you would like to attend please call the office: 810-635-4122

## HOSPICE 101

**Tuesday, April 24th  
1:00 p.m.**

Join us as SouthernCare Hospice Services explains the ins and out of Hospice. Reserve your seat at this informational seminar today!

## Genesys PACE & Farmers' Market Tour Package

Step inside and see what we're all about!

**Tuesday, April 17th, 10:00 a.m.**

**Join us for a special outing to Genesys PACE and the Flint Farmers' Market.**

This special package starts at the Genesys PACE Center. Genesys PACE helps those age "55 or better" in Genesee County to live safely in the community. You will learn more about their services and tour the site.

Everyone receives a warm send-off following the tour, including a tote bag and \$1 coupon for shopping at the Flint Farmers' Market (directly across the street).

**Spots are limited!**

**Call to save your spot! 810-635-4122**

## T-Shirt Fundraiser Support YOUR Senior Center

**Short Sleeved T-Shirt: Cost is \$10 for sizes S, M, L, XL; Cost is \$13 for sizes XXL, XXXL**

Color	S	M	L	XL	QTY X \$10	2XL	3XL	QTY X \$13	TOTAL COST
Lime Green					\$			\$	\$
Orchid					\$			\$	\$

**Long Sleeved T-Shirt: Cost is \$12 for sizes S, M, L, XL; Cost is \$15 for sizes XXL, XXXL**

Color	S	M	L	XL	QTY X \$12	2XL	3XL	QTY X \$15	TOTAL COST
Sapphire					\$			\$	\$
Charcoal Grey					\$			\$	\$

**Crew Neck Sweatshirt: Cost is \$18 for sizes S, M, L, XL; Cost is \$20 for sizes XXL, XXXL**

Color	S	M	L	XL	QTY X \$18	2XL	3XL	QTY X \$20	TOTAL COST
Charcoal Grey					\$			\$	\$

**Cash or Checks Only. Make Checks Payable to: Swartz Creek Area Senior Center**

**Total quantity: \_\_\_\_\_ Total payment: \$ \_\_\_\_\_ Receipt # \_\_\_\_\_**

	<p>Show your senior center SPIRIT!</p> <p><b>TAKING ORDERS NOW!</b></p> <p>Purchase a short or long sleeved T-Shirt, or a crew neck sweatshirt and wear it with pride!</p>	
--	--	--

## Notary Services

Assistant Director, Barbara McCallum is a certified Public Notary. This is a free service to our members. Please call the center to make an appointment when needing notary services. 810-635-4122

# A P R I L

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>8:45 Beginner Yoga            10:00 Imp. Beg. Line Dancing            Noon Lunch - Roast Beef            12:30 Pinochle            1:00 Crochet  <b>1:30 Creating Confident Caregivers</b>            2:30 Sassy Exercise            4:00 Beg. Ballroom            5:00 Int. Round            5:00 Hand, Knee &amp; Foot</p>	<p><b>3</b></p> <p>8:45 Yoga            10:00 Tai Chi            10:00 Knitting            11:00 Toning            Noon Lunch - Pub Burker            12:30 Mah-Jongg            1:00 Wood Carving            2:30 Yoga w/ Props            3:45 Yoga            6:30 5-Handed Euchre            6:30 Cribbage            6:30 Dominoes</p>	<p><b>4</b></p> <p><b>Veteran's Services by Appt.</b>            9:30 Zumba  <b>10:00 Alz. Support Group</b>            Noon Lunch - Chicken Parmesan            2:30 Sassy Exercise            3:45 Beginner Tai Chi            5:00 Int. Line Dancing            6:00 Setback            6:30 Mah-Jongg</p>	<p><b>5</b></p> <p>8:45 Yoga            10:00 Tai Chi            11:00 Toning Exercise            Noon Lunch - Stuffed Green Peppers            12:30 Pinochle  <b>1:00 Watercolor Paint Class</b>            2:30 Yoga with Props            3:45 Yoga            6:30 Pinochle            6:30 Euchre</p>	<p><b>6</b></p> <p>11:00 Arthritis Exercise            Noon Lunch - Baked White Fish  <b>CENTER CLOSES AT 4:00 P.M.</b>   <b>No Evening Activities</b></p>
<p><b>9</b></p> <p>8:45 Beginner Yoga            10:00 Imp. Beg. Line Dancing            Noon Lunch - Salisbury Steak            12:30 Pinochle            1:00 Crochet  <b>1:30 Creating Confident Caregivers</b>            2:30 Sassy Exercise            4:00 Beg. Ballroom            5:00 Int. Round            5:00 Hand, Knee &amp; Foot</p>	<p><b>10</b></p> <p>8:45 Yoga            10:00 Tai Chi            10:00 Knitting            11:00 Toning  <b>Noon Lunch and learn With Genesys PACE - Baked Chicken Breast</b>            12:30 Mah-Jongg            1:00 Wood Carving            2:30 Yoga w/ Props            3:45 Yoga            6:30 5-Handed Euchre            6:30 Cribbage            6:30 Dominoes</p>	<p><b>11</b></p> <p>9:30 Zumba  <b>10:00 Board Meeting</b>            Noon Lunch - Pully Sub Sandwich            2:30 Sassy Exercise            3:45 Beginner Tai Chi            5:00 Int. Line Dancing            6:00 Setback            6:30 Mah-Jongg</p>	<p><b>12</b></p> <p>8:45 Yoga            10:00 Tai Chi            10:00 Healthy Hearing Seminar            11:00 Toning Exercise            Noon Lunch - Chili W/ Beef  <b>1:00 Watercolor paint Class</b>            12:30 Pinochle            2:30 Yoga with Props            3:45 Yoga            5:15 Basic Line Dancing            6:30 Pinochle            6:30 Euchre</p>	<p><b>13</b></p> <p>11:00 Arthritis Exercise            Noon Lunch - Ravioli   <b>CENTER CLOSED 4:00 - 5:45 PM</b>   <b>6:00 Dance</b></p>

<p><b>16</b></p> <p>8:45 Beginner Yoga  10:00 Imp. Beg. Line Dancing  Noon Lunch - Turkey Tetrazzini  12:30 Pinochle  1:00 Crochet  <b>1:30 NO Creating Confident Caregivers</b>  2:30 Sassy Exercise  4:00 Beg. Ballroom  5:00 Int. Round  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>17</b></p> <p>8:45 Yoga  10:00 Tai Chi  10:00 Knitting  <b>10:30 PACE Farmers Market Trip</b>  11:00 Toning  Noon Lunch - Tangerine Chicken  12:30 Mah-Jongg  1:00 Wood Carving  2:30 Yoga w/ Props  3:45 Yoga  6:30 5-Handed Euchre  6:30 Cribbage  6:30 Dominoes</p>	<p><b>18</b></p> <p><b>Legal Services by Appt.</b>  9:30 Zumba  <b>10:00 Grief Support Group</b>  Noon Lunch - BBQ Pulled Pork  <b>1:00 Acrylic Paint Class</b>  2:30 Sassy Exercise  3:45 Beginner Tai Chi  <b>5:00 Int. Line Dancing Canceled</b>  6:00 Setback  6:30 Mah-Jongg</p>	<p><b>19</b></p> <p><b>Bake Sale 9:00am—6:00pm</b>  <b>Coney/Sloppy Joe Lunch 11:00a.m.—2:00p.m.</b>  <b>All Morning and Afternoon Exercise Classes Canceled</b>  <b>1:00 Pencil Drawing Class</b>  12:30 Pinochle  5:15 Basic Line Dancing  6:30 Pinochle  6:30 Euchre</p>	<p><b>20</b></p> <p><b>10:00 Family Memories</b>  11:00 Arthritis Exercise  Noon Lunch - Macaroni &amp; Cheese  1:00 Euchre  <b>CENTER CLOSES AT 4:00 P.M.</b>  <b>No Evening Activities</b></p>
<p><b>23</b></p> <p>8:45 Beginner Yoga  10:00 Imp. Beg. Line Dancing  Noon Lunch - Grilled Chicken  12:30 Pinochle  1:00 Crochet  <b>1:30 Creating Confident Caregivers</b>  2:30 Sassy Exercise  4:00 Beg. Ballroom  5:00 Int. Round  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>24</b></p> <p>8:45 Yoga  10:00 Tai Chi  10:00 Knitting  11:00 Toning  Noon Lunch - Ranch Chicken Breast  12:30 Mah-Jongg  1:00 Wood Carving  <b>1:00 Hospice 101 Seminar</b>  2:30 Yoga w/ Props  3:45 Yoga  <b>4:00 Book Club</b>  6:30 5-Handed Euchre  6:30 Cribbage  6:30 Dominoes</p>	<p><b>25</b></p> <p><b>Hearing Screening by Appt.</b>  <b>9:30 Zumba - Canceled</b>  Noon Lunch - Pork Chop w/ Gravy  2:30 Sassy Exercise  3:45 Beginner Tai Chi  5:00 Int. Line Dancing  6:00 Setback  6:30 Mah-Jongg</p>	<p><b>26</b></p> <p>8:45 Yoga  10:00 Tai Chi  11:00 Toning  Noon Lunch - Fried Chicken  12:30 Pinochle  <b>1:00 Pencil Drawing Class</b>  2:30 Yoga with Props  3:45 Yoga  5:15 Basic Line Dancing  6:30 Pinochle  6:30 Euchre</p>	<p><b>27</b></p> <p>11:00 Arthritis Exercise  Noon Lunch - Turkey Polish  1:00 Euchre  <b>2:00 Fall Prevention seminar</b>  <b>CENTER CLOSED 4:00 - 5:45 PM</b>  <b>6:00 Dance</b></p>
<p><b>30</b></p> <p>8:45 Beginner Yoga  10:00 Imp. Beg. Line Dancing  Noon Lunch - Pot Roast  12:30 Pinochle  1:00 Crochet  <b>1:30 Creating Confident Caregivers</b>  2:30 Sassy Exercise  4:00 Beg. Ballroom  5:00 Int. Round  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>Bake Sale</b>  Thursday, April 19th  9:00am—6:00pm  Cookies, brownies, and other goodies are packaged in small portions so there is something for everyone. Items are sold by donations.</p>	<p><b>Coney Dog / Sloppy Joe Lunch</b>  Thursday, April 19th  11:00am—2:00pm  \$7 donation per meal  Meal Includes: Coney Dog or Sloppy Joe, Chips, Pickle, Beverage and Dessert.  <b>Carry-Out Available</b></p>	<p><b>NEW CLASS!</b>  <b>Roll &amp; Release Workshop</b>  <b>Saturday, April 14th 12:00pm—2:00pm</b>  <b>Prepay required, Limited spots available.</b></p>	<p><b>April 14th</b>  <b>Euchre Tournament Fundraiser</b>  Time: Doors open at 6:00 p.m.  Cost: \$5.00 per person  <b>Refreshments:</b>  \$1 per piece of pizza  \$1 a can of pop  \$.50 Cup of coffee  \$.50 bag of chips  \$.50 Bottle water</p>



# Exciting Trips for 2018!

### Shepherd Maple Syrup Festival and Soaring Eagle Casino

Sunday, April 29, 2018

Price \$38 per person

- Pancake Breakfast and Craft Show at Shepherd High School.
- Soaring Eagle Casino .
- \$15 in play credit, \$5 Food Credit.

Deadline: Wednesday, April 12th, 2018

### St. Sabbas Russian Orthodox Monastery & Gardens With a Russian High Tea Luncheon at The Royal Eagle

Tuesday, May 8th, 2018

Price \$70 per person

- Tour & Lecture at St. Sabbas Monastery & Gardens.
- Tea Luncheon at The Royal Eagle located at St. Sabbas.

Deadline: Tuesday, April 17th, 2018

### Detroit Tigers Vs. LA Angels

Thursday, May 31st, 2018

Price \$66 per person

- Ticket to the Game
- Food voucher good for a pop and hot dog



Deadline: Monday, April 17th, 2018

### Savannah Sipping Society at Cornwell's Turkeyville

Wednesday, June 6th, 2018

Price \$85 per person

- A Traditional Style Turkey Dinner with all the Trimmings.
- Admission to the show "Savannah Sipping Society."

Deadline: April 23rd, 2018

### Discover Saugatuck!

Wednesday, June 20th, 2018

Price \$115 per person

- Lunch at Coral Gables Restaurant overlooking the water.
- Take a trip on the Saugatuck Dune Rides.
- Paddle Boat Cruise on the Star of Saugatuck.



Deadline: May 21st, 2018

### The Shishewana Back Roads & Brown Bag Tour

Monday, July 23rd, 2018

Price \$120 per person

- A Step-on Guided Tour of Shishewana Amish Country.
- An Amish Home Cooked Dinner at the Carriage House.
- A Brown Bag and a special gift to fill your bag at most stops.
- Free Time at Yoder's Department Store.
- Visit Quilt Gardens in the Area.
- Visit an Amish Cheese Shop, Baker Noodle Shop and Bulk Food Store.

Deadline: June 19th, 2018

## Travel Policy

We encourage you and your friends over age 50 to join us on any of our trips. All participants must have an updated "Participation Form" on file at the time of sign-up.

### Trip Cancellation Policy:

All cancellations incur a \$15 administrative fee which is deducted from any refund due to the member. Refund of the balance will be paid only if your seat can be canceled with the tour company. **During inclement weather, if the tour company providing the trip does not cancel, the traveler will not be entitled to any refund.** Some trips have policies unique to that trip, so be sure to read the policy details on the back of individual trip flyer. Stop by or call the Senior Center for trip details and the complete Travel Policy.



### Saganing Eagles Landing Casino

Tuesday, August 7th, 2018

Price \$40 per person

- 4 Hours of Gaming at Saganing Eagles Landing.
- Each Person will get back \$10 in Gaming and a \$5 Food Coupon for the Café\*.

\*Earn \$10 more in gaming by getting 100 points on your players card.

Deadline: July 24th, 2018

### Wicked the Musical Showing at the Detroit Opera House

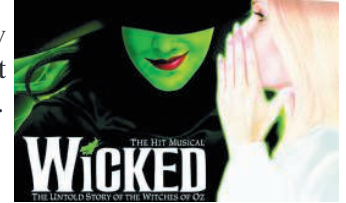


Thursday, August 9th, 2018

Price \$115 per person

- Round trip motor coach transportation to Detroit, MI
- Main floor ticket to see "WICKED The Musical" at Detroit Opera House

WICKED, the Broadway sensation, looks at what happened in the Land of Oz... but from a different angle.



Deadline: June 25th, 2018

### Port Huron Maritime and Lighthouse Tour

Tuesday, August 21st, 2018

Price \$57 per person

- Guided tour of Huron Lightship (Climbing Stair Involved).
- Guided tour of Fort Gratiot lighthouse (Need Closed Toe Shoes).
- Free time to tour and have a lunch on own at the Great Lakes maritime Center.

Deadline: July 17th, 2018

### Clinton River Luncheon Boat Cruise and The Stahl Automotive Museum

Thursday, September 6th, 2018

Price \$84 per person

- A Clinton River Luncheon Boat Cruise.
- Guided tour of the Stahl Automotive Museum.



Deadline: July 31st, 2018

### Little River Casino Overnight

October 15th & 16th, 2018

Price \$119 per person

\*Double, Triple, & Quad Price

\*\$179 Per Person Single

- Overnight Lodging at Little River Casino & Resort\*
  - \*Get back \$20 in gaming credit + \$10 food.
- 4 Hour Stop at Soaring Eagle Casino\*
  - \*Get back \$10 in gaming credit + \$5 food.



Deadline: August 30th, 2018

### Taste of Michigan's Sunrise Side

Thursday, October 25th, 2018

Price \$74 per person

- Sample and Shop at Williams Cheese Factory (Home of Pinconning Cheese!).
- Lunch on own at H and H Bakery.
- Wine Tasting at Modern Craft Winery.
- Sample and Shop at Serni's Homemade Candies and Chocolates.
- Shop for Great Steals at Northwoods Wholesale Outlet. A Bountiful Buffet at Krzysiak's House Restaurant.

Deadline: October 4th, 2018

### Detroit Institute of Arts

Wednesday, November 14th, 2018

Price \$57 per person

- Admission to the Detroit Institute of Arts.
- Guided Highlights Tour of the DIA—Permanent Collection
- Free Time for Lunch on own and Touring the DIA



Deadline: October 11th, 2018

### Great Lakes Crossing Shopping Trip

Monday, November 27th, 2018

Price \$25 per person

- Round Trip Motor Coach Transportation to Auburn Hills, MI.
- Shopping Time.
- Lunch & Aquarium on your own.



Deadline: November 13th, 2018

## SUPPLY DONATIONS

Our Center uses many supplies on a daily basis. Donations of Cold Drink Cups, Bowls, Dessert Plates, Hard Candy, Tissues, Bathroom Tissue, Hand Soap, Regular & Decaf Coffee and 2-Liter Bottles of Pop are always appreciated.



Supplies were received from Rene Gagnon, Bill & Ann Gray, Roy & Jeanne Beville, and Jane Perrault.

## Transportation



Transportation Services available to seniors residing within the Swartz Creek School District.

Contact the Senior Center for the Complete Schedule, Transportation Policy & Participant Requirements; including deadline dates for sign-up.

### TRANSPORTATION SERVICES INCLUDE:

#### LUNCH — (Daily — Monday through Friday)

Round-trip transportation from your home to attend lunch at the center.

#### SHOPPING — (Weekly)

Round-trip transportation from your home in the early afternoon on Mondays. This trip alternates between Meijer and Kroger each week.

#### FOOD PANTRY — (Monthly)

Round-trip transportation from your home to the Swartz Creek Community Food Basket.

## Swartz Creek Veterans Wall of Honor Project

Swartz Creek Community Schools I partnering with the Genesee County Department of Veterans Services, VFW, American Legion, AMVETS, and other local organizations to create a Wall of Honor at the Cage Community Center to honor all Swartz Creek community veterans and community members presently serving in the United States Military.

### Mission

To Recognize, honor and support the past present veteran population in our Swartz Creek Community for their courageous service

### To Apply

Applications may be obtained at:

Swartz Creek Senior Center  
Swartz Creek Cage Community Center  
Swartz Creek VFW or AMVETS  
Swartz Creek American Legion Post

## Memorial Donations

*A memorial donation was made by Roy & Jeanne Beville in memory of Kate Butler.*



## Assistance for Veterans

Available at the Senior Center  
Call (810) 635-4122 for an Appointment

Are you a veteran over age 60, or the spouse, widow, or widower of a veteran? John Nelson, Service Officer, with the Genesee County Department of Veterans Services Office is available for appointments at the Senior Center one day per month. During your appointment, John can provide information on benefit programs and assist you in completing applications for Veterans benefits. Please request a list of information to bring when you schedule your appointment.

### **Discrimination Policy**

The Swartz Creek Area Senior Center has adopted a policy of non-discrimination in all programs, services and employment. No one shall be excluded on the basis of race, color, national origin, sex, sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of providing services to benefit persons who are over the age of fifty and reside in Genesee County.

## Join us for Lunch!

Provided by Genesee County Community Action  
Resource Department (GCCARD)

Meals are served Monday — Friday at 12:00 noon at the senior center. Reservations for Tuesday—Friday must be made by noon on the day before.

Reservations for Mondays must be made by noon on the prior Friday. Call the center at (810) 635-4122.

(Note: Meals for special occasions may require up to two weeks advance reservations.)

A \$2.00 donation per meal is requested for anyone 60 years and older and anyone under 60 years of age or living outside Genesee County it is \$3.50.





# The Lodges of Durand

A VIBRANT LIFE COMMUNITY

A whole new approach to Assisted Living & Memory Care

8700 Monroe St. • Durand

**(989) 288-6561**

www.thelodgeofdurand.com

## JAMES BURK

Works Well With Seniors

**HANDYMAN** James Burk  
**810-223-3598** Insured

Window Washing  
Mowing & Yard Work  
General Cleaning • Snow Removal  
Power Washing & Deck Staining...  
and More!

## Locally Owned & Operated by the Sharp Family

Roger L. Sharp • Michael T. Scully • Jennifer Sharp Scully  
Stephanie Sharp Foster • Roger L. Sharp II



Toll-free 1-877-53-SHARP  
Additional locations in Flint  
Linden and Fenton



**Miller Road Chapel**

8138 Miller Road  
Swartz Creek, MI

Roger L. Sharp, Manager

**(810) 635-4411**

www.sharpfuneralhomes.com

24/7... Rain or Shine...

Your local, independent agent will be there.

## BLACKMORE-ROWE INSURANCE AGENCY

Flint • 810-720-8244

www.blackmorerowe.com

Auto-Owners Insurance



**Swartz**

FUNERAL HOME AND  
CREMATION CENTER

1225 West Hill Road • Flint, MI

810-235-2345 • 810-694-2345

www.swartzfuneralhomeinc.com

**Family Owned**

Operated By Rick R. Lamb & Family

You Love Where You Live. We Care N Assist!

- Personal Care
- Homemaking
- Med Management
- Companionship
- Emergency Alert



Call for a FREE info visit  
**877-743-4434**  
careNassist.com



1044 North Irish Road  
Davison, MI 48423

America's Choice in Homecare.  
**VisitingAngels**  
LIVING ASSISTANCE SERVICES

## Senior Home Care

- Affordable Hourly Rates
- Medication Reminders
- Light Housekeeping
- Respite for Family Caregivers
- Up to 24-Hour Care
- Meal Preparation
- Bathing Assistance

**(989) 314-0457**

www.visitingangels.com/shiawasseeconomy

After a week and a half I was able to walk on my own... I highly recommend the *Miracle Workers* at Durand Senior Care and Rehab!

**Featuring Rehab to Home**  
Physical, Occupational & Speech Therapy Services

**Long-Term Skilled Nursing**  
Memory Care • Respite Care  
Admissions 24 Hours a Day,  
7 Days a Week! • Cable \$ Wi-Fi  
Private Rooms Available!

**Come Tour Today!**

**989.288.3166**

www.durandscr.com



8750  
Monroe Rd  
Durand, MI  
48429



A MyCare Managed Community



**Caretel®**  
Inns of Linden

Your Door to Successful Rehab!

- 5,000 sq.ft. Bridge Street Gym
- Highly motivated, trained therapy staff
- The latest technology & equipment
- Direct dial phones & cable TV
- Revolutionary Cmill/Regait
- Private rooms
- Short term rehab
- Wireless internet
- Patient-centered care
- Room service
- Chef prepared meals



Accredited for Inpatient  
Rehab and Stroke Programs

Visit Caretel Inns of Linden for a tour.

**810.735.9400**

202 S. Bridge St • Linden  
www.caretelinn.com

Move In Special!  
\$500 OFF first month's rent.  
Call 810.635.3183  
for more information!



- 24 Hour a day care by trained and caring staff
- Assistance with bathing, dressing, and personal care
- Complete health and medication management
- Home-cooked meals, served family style
- All housekeeping and laundry services included
- Weekly Activities: Bingo, Crafts, Yoga, Music

www.swankassistedliving.com

9412 Miller Rd.,  
Swartz Creek, MI 48473

## Compassionate Care

FROM OUR HEART TO YOURS



2029 S. Elms  
Bldg. B, Ste. A  
Swartz Creek

**(810) 422-9453**

www.earthtohearthispice.com

## Brian Huyck

Owner and Certified Horticulturist

**(810) 238-2111**

6081 Morrish Road, Swartz Creek, MI 48473

www.HandMLandscaping.com

## Creating & Maintaining Distinctive Gardens

- Retaining Walls
- Bobcat Services
- Brush Hog
- Brick Pavers
- Trees, Shrubs & Flowers
- Drainage
- Landscape Design and Installation
- Refresh Overgrown Landscape

We Offer Flexible  
Financing  
Options!





# Swartz Creek Area Senior Center

8095 Civic Drive, Swartz Creek, MI 48473

Office Hours: Monday-Thursday: 9:00 am — 8:00 pm  
Friday: 9:00 am — 4:00 pm

Office: (810) 635-4122

Fax: (810) 635-9405

Website:

[www.myscasc.org](http://www.myscasc.org)

## STAFF

Melinda Soper, Director

Barbara McCallum, Asst. Director

Marianne Campbell, Staff Asst.

## BOARD OF TRUSTEES

Roger Bloss, President

Bob Plumb, Vice President

Phillip Bracey, Treasurer

Harold O'Brien, Trustee

Allan Cox, Trustee

Ann Knight, Trustee

Roy Beville, Trustee

Susan Butler, Trustee

Elaine Tucker, Trustee



Swartz Creek Area Senior Center  
8095 Civic Dr.  
Swartz Creek, MI 48473