

CONGREGATE MEAL MENU - JULY 2024

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Pub Burger w/Cheese Potato Salad Veggie Blend WW Bun, Mayo, Mustard Fruit Salad Lettuce, Tomato Milk 	Ravioli w/Chicken & Sauce Steamed Broccoli Roasted Veggies Garlic Roll Fruit Cocktail Margarine 100% Fruit Juice	Polish Sausage Battered Potatoes Sliced Carrots WG Hotdog Bun Strawberry Applesauce Margarine & Mustard Milk 		Swartz Creek Area Senior Center is CLOSED!
8	9	10	11	12
Meatball Sub w/cheese Sweet Peas Diced Potatoes Sub Bun Fruit Cup Margarine Milk	Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Pears Wheat Roll Salad Dressing 100% Fruit Juice 	Tangerine Chicken w/Rice Green Beans Diced Carrots Hawaiian Roll Applesauce Fortune Cookie Milk	Stuffed Peppers Sliced Beets Cauliflower Pineapple Tidbits WW Roll Margarine 100% Fruit Juice 	Chinese Pepper Steak w/Rice Succotash Mixed Fruit Cup Potato Roll Margarine Milk
15	16	17	18	19
Swartz Creek Senior Center Lunch with a Candidate Please RSVP by calling 810-635-4122 Menu: Pizza & Salad	Turkey Tetrazzini Riviera Blend Veggies Steamed Broccoli Dinner Roll Pineapples Margarine 100% Fruit Juice	Chef's 	Turkey & Cheese Sub Fresh Snap Peas Fresh Cauliflower WG Bun-Fresh Pear Birthday Cake Mayo, Mustard, Veggie Dip 100% Fruit Juice	Swartz Creek Senior Center Summer Picnic! Please RSVP by calling 810-635-4122 Menu: Sloppy Joes, assorted Salad, and more!
22	23	24	25	26
Swartz Creek Senior Center Metro Crime Presentation Please RSVP by calling 810-635-4122 Menu: Jimmy Johns	BBQ Pulled Pork Cole Slaw Baked Beans Wheat Bun Peaches 100% Fruit Juice 	Fiesta Lime Chicken Roasted Corn & Black Beans Brown Rice Peaches Flatbread Margarine Milk	Philly Chicken w/Cheese Diced Potatoes Normandy Blend Vegetable Wheat Sub Bun Tropical Fruit Salad Margarine-Cookie 100% Fruit Juice 	Swartz Creek Senior Center Lunch with Commissioner Please RSVP by calling 810-635-4122 Menu: Homeboys BBQ
29	30	31	  	
Swartz Creek Senior Center Aging in Place Lunch & Learning Please RSVP by calling 810-635-4122	Steak Fajitas Spanish Rice Black Beans Mandarin Oranges Tortilla Shells-2 Sour Cream 100% Fruit Juice	BBQ Chicken Legs Potato Salad Baked Beans Fresh Pear Sweet Roll Margarine Milk		