

Are you caring for a loved one with memory loss?



We can help...

Developing Dementia Dexterity

The three-part, 90 Minute virtual sessions are held once a week and lead by dementia care specialists. This program provides participants with information, skills and attitudes to manage stress and increase effective caregiving skills.

Topics in the three-week class include:

- Brain Behaviors
- Specific Activities for Persons with Dementia
- Basics of Dementia
- Changing in Thinking Patterns
- Communication Strategies for Caregivers

NOTE: This class is designed for caregivers, CLS Workers, Self-Determination Workers, professionals, and family members caring for someone with dementia or Alzheimer's.

Program Details

Dates:

Part 1: Tuesday, February 16 2021
Part 2: Tuesday, February 23, 2021
Part 3: Tuesday, March 2, 2021

Time: 2:00m – 3:30pm

Meetings are once a week, for three weeks.

Location:

Via Zoom

Cost: No cost, donations are welcome for the class.

To register for this Zoom class please contact: Contact Jennifer Joyner at joynerj@valleyaaa.org.

