

**Are you caring for a loved one with memory loss?**

We can help… Program Details

Dates:

Part 1: Friday, January 15, 2021

Part 2: Friday, January 22, 2021

Part 3: Friday, January 29, 2021

Time: 1:30pm – 3:00pm

Meetings are once a week, for three weeks.

Location:

Swartz Creek Senior Center

8095 Civic Dr Swartz Creek, MI

Cost: No cost, donations are welcome for the class.

To register for the class please contact: Swartz Creek Senior Center at (810) 635-4122. Participants must wear masks and will be spaced 6ft apart.

Practical Approaches

to Dementia

The three-part, 90 Minute virtual sessions are held once a week and lead by dementia care specialists. This program provides participants with information, skills and attitudes to manage stress and increase effective caregiving skills.

Topics in the three-week class include:

* Brain Behaviors
* Specific Activities for Persons with Dementia
* Basics of Dementia
* Changing in Thinking Patterns
* Communication Strategies for Caregivers

NOTE: This class is designed for caregivers, CLS Workers, Self-Determination Workers, professionals, and family members caring for someone with dementia or Alzheimer’s.

