

SWARTZ CREEK SENIOR CENTER WEEKLY SCHEDULE

June 29th: Monday

11:00 AM - 12:00PM	SASSY EXERCISE
11:30 AM - 12:30PM	PICK UP LUNCH
1:00PM	CROCHET

June 30th: Tuesday

10:00 AM - 11:00AM	TAI CHI
11:00 AM - 12:00PM	TONING
11:30 AM - 12:30PM	PICK UP LUNCH

July 1st: Wednesday

9:30 AM - 10:30AM	ZUMBA
11:00 AM - 12:00PM	SASSY EXERCISE
11:30 AM - 12:30PM	PICK UP LUNCH

July 2nd: Thursday

10:00 AM - 11:00AM	TAI CHI
11:00 AM - 12:00PM	TONING
11:30 AM - 12:30PM	PICK UP LUNCH

July 3rd: Friday

CENTER CLOSED FOR FOURTH OF JULY HOLIDAY

You must register for classes 24 hours in advance. Please wear a mask in the center. Please call for an appointment for any other needs. We are only able to have a small number of people in the building at one time. You must come into the center to check in before heading out the designated exits to your class. Please bring your own weights for the class you are attending if needed. ****SCHEDULE SUBJECT TO CHANGE****