

# SWARTZ CREEK AREA SENIOR CENTER

APRIL  
2020 NEWS

VOLUME 20, ISSUE 4



## Upcoming Fundraisers!

### Bake Sale

**When: Thursday, April 16th, 2020**

**Where: Swartz Creek Area Senior Center**

**Time: 9:00a.m. - 6:00p.m.**



Cookies, brownies, and other goodies are packaged in small portions so there is something for everyone. Items are sold by donations.

### Coney Dog/Sloppy Joe Lunch



#### Menu

**Coney Dog or Sloppy Joe  
Chips/Pickle  
Beverage and Dessert**

**April 16th, 2020**

**11:00a.m.—2:00p.m.**

**\$7.00 Donation per person  
Carry-Out Available**

## CENSUS PARTY!!!

There will be hands on help courtesy of Swartz Creek High School Volunteers to fill out the Census questionnaire. This easy questionnaire is just 12 questions long and there are no privacy issues! Refreshments will be provided!



**Join us from 11:00am-1:00pm on April 2nd at the Swartz Creek Senior Center located at 8095 Civic Dr. Swartz Creek, MI 48473 to receive your Census questionnaire assistance.**



HOLIDAY  
RETIREMENT

Flint Township Senior Living at Genesee Gardens

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◀ Joan Lunden, journalist, best-selling author, former host of *Good Morning America* and senior living advocate.

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15-0694

# Hearing Screenings

Provided by Professional Hearing  
April 29th, 2020

Offered at the Center once a month.  
Call the Center to make an appointment

- Do you often have to ask others to repeat themselves?
- Do others complain to you that the TV is too loud?
- Do you hear, but not always understand?

Free hearing evaluation available at the senior center.

\* Hearing aid cleaning and adjustments at no charge.

\* Fees apply for battery replacement.

# Support Group for Caregivers

Caring for Loved Ones with Memory Loss

Wednesday, April 1st at 10:00am

Facilitated by Swank Home Assisted Living.

This Support Group provides caregivers:

- An opportunity to gain support from others who are caring for a loved one with progressive memory loss.
- Information on how to cope.
- A listening ear and answers to questions about the diagnosis and its consequences. A connection to vital community resources.

# Watercolor Painting Class

Thursday, April 2nd, 9th  
Time: 1:00 p.m.—3:00 p.m.  
Cost (2 Sessions): \$10



Join Peggy Mattson as she teaches you how to paint with watercolors. Supplies are not provided. Ask for a sample copy of painting, an outline sketch, and supply list when signing up for the class.

**Advanced sign up is required. Payment is required at the time of sign up.**

**RESERVATIONS ARE NOT GURANTEED UNTIL PAYMENT IS RECEIVED!**

# Grief Support Group

Heartland Hospice provides, at no charge, on-going grief support for anyone who has experienced the death of a loved one. Our purpose is to provide education about normal grief reactions, as well as a safe environment where feelings are validated and accepted.

When: Wednesday, April 15th at 11:00am

Where: Swartz Creek Senior Center

# Missing in Action



Join us for an evening with Mary Spinning Shier as she shares the fascinating story of her father's escape to freedom after his B-17 bomber was shot down over German occupied France during WW11.

**When: April 28th @ 6:00pm**

**Where: Swartz Creek Area Senior Center**

# WANTED Baked Goods & Volunteer Helpers

To donate Baked Goods, please call the Senior Center by Monday, April 13th to sign up and let us know what you plan to bake. Your baked goods and a list of ingredients need to be dropped off at the Center before 7:00 p.m. on Wednesday, April 14th

- Cookies, brownies, candies, and other small items sell best when they are packaged in zipper bags of 2 or 6 items.

**We need volunteers to help at the Bake Sale or Coney Lunch, please sign up by Tuesday, April 14th**

# APRIL

## Monday

### Class Cancellations

Zumba Class: April 1st

AM Yoga Class: April 2nd, 9th, 16th, 27th & 28th

Yoga w/ Props Class: 2nd, 9th, 16th, 28th

PM Yoga Class: 2nd, 9th, 16th, 28th

Tai Chi: 9th, 16th

Toning: 9th and 16th



## Tuesday

### Interested in a Beginner Line Dancing Class?

The class will be Thursdays at 5:15 p.m. Class will begin April 2nd!

\*\*Class is \$2.00 per session or use your punch card.



## Wednesday

1

Taxes by Appointment

Veteran Appointments

Zumba Canceled

10:00 Alzheimer Support Group

12:00 Lunch— Philly Sub w/ Cheese

2:30 Sassy Exercise

3:45 Introduction to Tai Chi

5:00 Int. Line Dancing

6:00 Mah-Jongg

6:30 Setback

## Thursday

2

Yoga Canceled

10:00 Intermediate Tai Chi

11:00 Toning Exercise

Noon Lunch – HM Chicken Parmesan

12:30 Pinochle

1:00 Watercolor Class

Yoga with Props Canceled

Yoga Canceled

6:30 Pinochle

6:30 Euchre

## Friday

3

Taxes by Appointment

11:00 Arthritis Exercise

Noon Lunch – Turkey Burger

CENTER CLOSSES 4:00PM

NO EVENING ACTIVITIES

6

8:45 Beginner Yoga

10:00 Improved Line Dancing

Noon Lunch— Roasted Turkey Breast in Gravy

12:30 Pinochle

1:00 Crochet

2:30 Sassy Exercise

4:00 Beg. Ballroom Dance

5:00 Int. Round Dancing

5:00 Hand, Knee & Foot

6:30 Beg. Square Dance

7

8:45 Yoga

10:00 Beginners Tai Chi

10:00 Knitting

11:00 Toning

Noon Lunch— Beef Stroganoff

12:30 Cardio with Heather

12:30 Mah-Jongg

1:00 Wood Carving

2:30 Yoga w/ Props

3:30 Dominoes

3:45 Yoga

6:30 5-Handed Euchre

8

Taxes by Appointment

9:30 Zumba

10:00 Board Meeting

12:00 Lunch— Breaded Chicken Sandwich

2:30 Sassy Exercise

3:45 Introduction to Tai Chi

5:00 Int. Line Dancing

6:00 Mah-Jongg

6:30 Setback

9

Yoga Canceled

Intermediate Tai Chi Canceled

Toning Exercise Canceled

EASTER LUNCHEON

12:30 Pinochle

1:00 Watercolor Class

Yoga with Props Canceled

3:45 Yoga

6:30 Pinochle


6:30 Euchre

10

CENTER

CLOSED



<p><b>13</b></p> <p>8:45 Beginner Yoga  10:00 Improved Line Dancing  Noon Lunch— Tangerine Chicken  12:30 Pinochle  1:00 Crochet  2:30 Sassy Exercise  4:00 Beg. Ballroom Dance  5:00 Int. Round Dancing  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>14</b></p> <p>8:45 Yoga  10:00 Beginners Tai Chi  10:00 Knitting  11:00 Toning  Noon Lunch— Taco Salad w/ Beef and Beans  12:30 Cardio with Heather  12:30 Mah-Jongg  1:00 Wood Carving  2:30 Yoga w/ Props  3:30 Dominoes  3:45 Yoga  6:30 5-Handed Euchre</p>	<p><b>15</b></p> <p><b>Legal Services by Appointment</b>  9:30 Zumba  <b>11:00 Grief Support</b>  12:00 Lunch— BBQ Chicken Tenders  2:30 Sassy Exercise  3:45 Introduction to Tai Chi  5:00 Int. Line Dancing  6:00 Mah-Jongg  6:30 Setback</p>	<p><b>16</b></p> <p><b>9:00—6:00 Bake Sale</b>  <b>Yoga Canceled</b>  <b>Intermediate Tai Chi Canceled</b>  <b>Toning Exercise Canceled</b>  <b>11:00—2:00 Coney/Sloppy Joe Lunch</b>  Pinochle  <b>Yoga with Props Canceled</b>  <b>Yoga Canceled</b>  6:30 Pinochle  6:30 Euchre</p>	<p><b>17</b></p> <p><b>10:00 Family Memories</b>  11:00 Arthritis Exercise  Noon Lunch— Oven Fried Fish  <b>1:30 Artful Codgers</b>    <b>CENTER CLOSSES</b>  <b>4:00PM - 5:45 PM</b>    6:00 Dance</p>
<p><b>20</b></p> <p>8:45 Beginner Yoga  10:00 Improved Line Dancing  Noon Lunch— Chicken Cavatappi in Sauce  12:30 Pinochle  1:00 Crochet  2:30 Sassy Exercise  4:00 Beg. Ballroom Dance  5:00 Int. Round Dancing  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>21</b></p> <p>8:45 Yoga  10:00 Beginners Tai Chi  10:00 Knitting  11:00 Toning  Noon Lunch— Open Face Roast Beed Sandwich  12:30 Cardio with Heather  12:30 Mah-Jongg  1:00 Wood Carving  2:30 Yoga w/ Props  3:30 Dominoes  3:45 Yoga  6:30 5-Handed Euchre</p>	<p><b>22</b></p> <p><b>Zumba Canceled</b>  <b>12:00 SPECIAL LUNCH TBD</b>  <b>1:00 Peace of Mind Seminar</b>  2:30 Sassy Exercise  3:45 Introduction to Tai Chi  5:00 Int. Line Dancing  6:00 Mah-Jongg  6:30 Setback</p> 	<p><b>23</b></p> <p>8:45 Yoga  10:00 Intermediate Tai Chi  11:00 Toning Exercise  Noon Lunch— HM Chicken Salad Sandwich  12:30 Pinochle  <b>1:00 Pencil Drawing</b>  2:30 Yoga with Props  3:45 Yoga  6:30 Pinochle  6:30 Euchre</p>	<p><b>24</b></p> <p><b>10:00 Family Memories</b>  11:00 Arthritis Exercise  <b>11:00 Representative</b>  <b>John Cherry</b>  Noon Lunch— HM Mac &amp; Cheese    <b>CENTER CLOSSES</b>  <b>4:00PM</b>  <b>NO EVENING ACTIVITIES</b></p>
<p><b>27</b></p> <p><b>Yoga Canceled</b>  10:00 Improved Line Dancing  Noon Lunch— Glazed Ham Steak  12:30 Pinochle  1:00 Crochet  2:30 Sassy Exercise  4:00 Beg. Ballroom Dance  5:00 Int. Round Dancing  5:00 Hand, Knee &amp; Foot  6:30 Beg. Square Dance</p>	<p><b>28</b></p> <p><b>Yoga Canceled</b>  10:00 Beginners Tai Chi  10:00 Knitting  11:00 Toning  Noon Lunch— HM Sloppy Joes  12:30 Cardio with Heather  12:30 Mah-Jongg  1:00 Wood Carving  <b>Yoga w/ Props Canceled</b>  3:30 Dominoes  <b>Yoga Canceled</b>  6:30 5-Handed Euchre  <b>4:00 Book Club</b></p>	<p><b>29</b></p> <p><b>Hearing Appointments</b>  9:30 Zumba  12:00 Lunch— BBQ Chicken Leg Quarter  2:30 Sassy Exercise  3:45 Introduction to Tai Chi  5:00 Int. Line Dancing  6:00 Mah-Jongg  6:30 Setback</p>	<p><b>30</b></p> <p>8:45 Yoga  10:00 Intermediate Tai Chi  11:00 Toning Exercise  <b>12:00 SPECIAL LUNCH TBD</b>  12:30 Pinochle  <b>1:00 Pencil Drawing</b>  2:30 Yoga with Props  3:45 Yoga  6:30 Pinochle  6:30 Euchre</p> 	<p><b>Pearls Class</b>  Thursdays from 9am - 11am @ Swartz Creek Area Senior Center  NO COST!  Hosted by: Catholic Charities  Program to Encourage Active, Rewarding Lives!  Topics include:  Depression, Healthy Aging &amp; Life Changes, Emotional &amp; Physical Health and Problem Solving.</p>

## Travel Information

### Coffee Hour w/ Representative Cherry

Join us at the Swartz Creek Area Senior Center on **April 24th, 2020 from 11:00am—12:00pm** for a Coffee Hour with Representative John Cherry.



### MEMORIAL DONATION

A donation was made in memory of **Bobbie Cutter** by:  
**Carole Beebe**



## Still Life Pencil Drawing Class

**Thursday, April 23rd & 30th, 1:00pm**  
**Cost (2 Sessions): \$10**

Join Peggy Mattson as she teaches you how to draw with Pencil. Supplies are not provided. **You will need a #2 Pencil, white paper and a gum eraser for this class.**



## Euchre Tournament

**Time:** Doors open at 6:00 p.m.  
Start Playing at 6:30 p.m.

**Cost:** \$5.00 per person

**When:** April 18th, 2020

**Refreshments:** \$1 Can of Pop; \$1 Slice of Pizza  
**Public Welcome!**



### EASTER LUNCH

#### MENU

Pork Tenderloin w/gravy, Roasted Brussel Sprouts, Mashed Redskin Potatoes, Deluxe Fruit Salad, Hawaiian Roll, Margarine, 100% Fruit Juice

**WHEN:** April 9th,  
2019

**RSVP DEADLINE:**  
April 2nd, 2020. Call  
635-4122

### SENIOR POWER DAY

**MAY 20, 2020**

**9:00am-2:00pm**

**Crossroads Village ■ 6140 Bray Road ■ Flint, Michigan**

**Opportunities to Speak with your Legislators, Senior Information & Resources, BINGO, and much more including Vintage Rides on the Huckleberry Railroad**

**COST: \$4.00 per Senior**

**Includes Park Entrance, Food, Entertainment, Senior Expo, Gift Bag, Drawings, Prizes, and much more!**

**Tickets can be obtained from your local Senior Center!**

**Share the Wealth Raffle – Drawings at 10:30 am, and 12:00 noon**

**1 ticket is \$1.00, 3 tickets are \$2.00, and 10 tickets are \$5.00!**

**For further information, please contact the Valley Area Agency on Aging at 810-239-7671.**

### **SWARTZ CREEK AREA SENIOR CENTER 2020 ELECTION - BOARD OF TRUSTEES**

Absentee Ballots will be available for the 2020 Board of Trustee elections. An application must be completed and returned to the senior center by April 16th, 2020. You may pick up the application at the senior center or call 810-635-4122 and request that an application is mailed to you.

- Eligible voters will be seniors 50 and older who live in the Swartz Creek Area School District or Gaines Twp.
- Voter must be a member of the Swartz Creek Area Senior Center, on/before April 16th, 2020.



## Soaring Eagle Casino & Maple Syrup Festival

Sunday, April 26th, 2020

**\$38.00 per person**

It's time again for our trip to Shepherd, MI where we will be enjoying a delicious Pancake Breakfast at the Maple Syrup Festival in Shepherd, MI, then we'll be off to the casino in Mt. Pleasant, MI for an afternoon of gaming. **(Includes: Transportation, pancake breakfast, & casino incentive)** 7:30 a.m. Bus departs from Senior Center — 6:15 p.m. Arrive at Swartz Creek Senior Center

**Deadline: Wednesday, April 8th**

**Deadline Soon**

### **GREEKTOWN CASINO BUS TRIP**

Wednesday, May 27th, 2020

**\$43.00 Per Person**

Trip Includes: - Round trip motor coach transportation to Detroit, MI - 5 hours of gaming at Greektown Casino - Each person to get back \$15 in gaming and \$5 in food from the casino. Trip Itinerary: 8:30 AM – Depart from Swartz Creek Senior Center 10:30 AM to 3:30 PM – Greektown Casino 5:30 PM – Return to Swartz Creek Senior Center  
**Registration Deadline: 05-10-20**

### **North American International Auto Show**

Thursday, June 18th, 2020

8:00 AM Depart | 4:00 PM Return Swartz Creek Senior Center

**Cost \$53 : Deadline 05-27-2020**

**Trip Includes: - Round trip motor coach transportation to Detroit, MI - Admission to the Auto Show.**

While remaining at its traditional home at the Cobo Center, the show will include an additional 1 million square feet into Hart Plaza. The move to the summer season also means a host of new attractions like outdoor entertainment and exclusive ride-and-drive opportunities at the 2020 show.

## Travel Information

### River Crab Sunset Dinner Cruise

Tuesday, July 21st, 2020

Cost: \$104

Deadline: 06-10-2020

\$104.00 Per Person

Trip Includes: - Round trip motor coach transportation to Port Huron, MI - Cruise on the Huron Lady II to the River Crab Restaurant - 3 Course Dinner at the River Crab Restaurant - Sunset Cruise back to Port Huron

Trip Itinerary: 4:00 PM Depart | 11:00 PM Return – Swartz Creek Senior Center 5:30 PM to 9:30 PM – Huron Lady II Dock

### Discover Saugatuck: The Art Coast of Michigan

Wednesday, June 24th, 2020

Trip Itinerary: 8:30 AM Depart | 6:15 PM Return – Swartz Creek Senior Center

Cost: \$104

Deadline: 06-01-2020

Trip Includes: - Round trip motor coach transportation to Saugatuck, MI - Lunch at Coral Gables Restaurant in Saugatuck - Take a trip on the Saugatuck Dune Rides - Free Time in Downtown Saugatuck

Start the day off at Coral Gables Restaurant. Choose between: (Chicken Marsala or Potato Crusted Cod). Then, it's off to take a ride on the Saugatuck Dune Rides. After the Saugatuck Dune rides, we'll be heading back to Downtown Saugatuck.

### The Purple Rose Theatre: A Walk Around the Table

Wednesday, July 29th, 2020

Cost: \$99

A romantic comedy about the trials and triumphs of finding true love. Alternating between the past and present, Nonna recounts to her panic-stricken, bride-to-be granddaughter, her own precarious days of courtship. Through humor, mystery, scheming, and pain, we see that while life was different in the old days, when it comes to love, some things will never change. Trip Includes: - Round trip motor coach transportation to Chelsea, MI - Lunch at The Common Grill - Some Free time to shop Downtown between Lunch and the Show - Ticket to see "A Walk Around the Table" at The Purple Rose

Itinerary: 10:45 AM Depart | 6:15 PM Return – Swartz Creek Senior Center

Deadline: 06-23-2020

### DETROIT THEN AND NOW TOUR

Thursday, August 13th, 2020

Cost: \$83.00

Trip Includes: - Round trip motor coach transportation to Detroit, MI - Lunch at Sindbad's Detroit - 3 Hour Then and Now Detroit Narrated Guided Tour Itinerary: 8:00 AM Depart | 4:30 PM Return – Swartz Creek Senior Center

Deadline: 07-20-2020

Each Person Select (1) Entree: Broiled Pork Chop, Chicken Parmesan, Icelandic Cod, ½ Cheeseburger, or Chicken Caesar Salad. Up-and coming restaurants, a do-it-yourself attitude, new hotels and arenas, scenic and social parks, public transit, and a walkable international riverfront are redefining downtown Detroit. Architecture from Albert Kahn and Isamu Noguchi stand surrounded by vibrant districts and outdoor activities. See the city's Greektown, Eastern Market, The District Detroit, Corktown, Midtown and New Center neighborhoods booming with activity. Visit Historic neighborhoods such as Brush Park and Milwaukee Junction, Birth place of the Model "T" and learn about Detroit's colorful automotive history. There is an excitement moving through the city and this is your opportunity to reminisce or see it all for the first time with a fully narrated professionally guided tour.

### FIREKEEPERS CASINO SENIOR DAY BUS TRIP

Tuesday, August 25th, 2020

Cost: \$45.00

Trip Includes: - Round trip motor coach transportation to Battle Creek, MI - 4 hours of gaming at Firekeepers Casino - Tuesday Senior Day Specials (Gaming Bonuses, Food Discounts, and Drawings) - Each person to get back \$20 in gaming and \$5 in food from the casino

Itinerary: 8:30 AM – Depart from Swartz Creek Senior Center 3:30 PM – Return to Swartz Creek Senior Center.

Deadline: 08-09-20

### Detroit Princess River Boat Luncheon Cruise

Thursday, September 3rd, 2020

Cost: \$82.00

Trip Includes: - Round trip motor coach transportation to Detroit, MI - Cruise on the Detroit Princess River Boat - Bountiful Buffet on board the boat - Musical Entertainment all while you Cruise down the River.

Trip Itinerary: 9:30 AM Depart | 4:30 PM Return – Swartz Creek Senior Center

Deadline: 07-30-20

Riverboat cruises are generally 2-3 hours long, journeying from Hart Plaza past the Ambassador Bridge, just past to Belle Isle, and back to the dock. The lunch menu features a bountiful buffet including Tender Beef Tips in Gravy, Chicken Piccata, Vegetarian Lasagna, Cheese Tortellini in Pesto Crème Sauce, Mashed Potatoes with Gravy, Mixed Vegetables, assorted chilled salads, rolls, dessert, coffee and iced tea.

## Travel Information

### Dow Gardens & The Longest Canopy Walk

Wednesday, September 16th, 2020

**Cost: \$74.00**

Trip Includes: - Round trip motor coach transportation to Midland, MI - Admission and Self Guided Tour of Dow Gardens - Admission and Self Guided Tour of Whiting Forest – Longest Canopy Walk - Lunch at Grand Traverse Pie Company.

Trip Itinerary: 9:15 AM Depart | 5:45 PM Return – Swartz Creek Senior Center

**Deadline: 8-24-2020**

Menu Selections: Please make upon Sign-up! Entree: Beef Pot Pie or Chicken Pot Pie (Select One) Salad Dressing: Ranch – Italian – Raspberry Vinaigrette (Select One) Dessert: Apple Pie – Blueberry Pie – Cherry Pie (Select One) Discover acres of identified trees, shrubs, herbaceous perennials, and flowers. Stretching just over a quarter of a mile long throughout Whiting Forest, the canopy walk splits off in three directions, each offering a different overlook experience and scenery. The canopy walk is the longest in the country.

### Michigan Princess River Boat Luncheon Fall Color Cruise & Uncle John's Cider Mill

Thursday, October 8th, 2020

**Cost: \$85.00**

Trip Includes: - Round trip motor coach transportation to Lansing, MI - Stop at Uncle John's (Includes: Cider and Donut) - Enjoy a Luncheon Fall Color Cruise on the Michigan Princess Riverboat

Trip Itinerary: 10:00 AM Depart | 4:30 PM Return – Swartz Creek Senior Center

Passengers will be invited to their plentiful buffet of roasted turkey, vegetarian lasagna, mashed potatoes and gravy, sweet potato casserole, stuffing, hot vegetables, chilled salads, rolls, dessert, coffee and iced tea. After lunch, wander up to see Captain Chris in the wheelhouse and enjoy the surrounding scenery. Year after year, Uncle John's continues to win awards for both their fresh cider, as well as their fermented Hard Apple Cider.

**Deadline: 09-01-20**

### IRISH HILLS FALL COLOR BUS TOUR

Wednesday, October 21st, 2020

**\$80.00**

Trip Includes: - Round Trip Motor Coach Transportation to the Irish Hills Admission and Guided Fall Color Tour of Hidden Lake Gardens Description: Video about the Gardens, Conservatory Tour, Walk around the Lake (1 mile paved walk – recommended but not required), Free time to see the Harper Collection of Dwarf & Rare Conifers and Hostas, a visit to the gift shop. - Enjoy a delicious lunch at Evans Street Station Entree selections made upon sign-up. Includes dessert, non-alcoholic beverage service, tax and gratuity. - Free time to explore and shop in Downtown Tecumseh

Trip Itinerary: 8:30 AM Depart | 5:00 PM Return – Swartz Creek Senior Center

**Deadline: 09-30-20**

### Saganing Eagles Landing Casino

Wednesday, November 4th, 2020

**\$37.00**

Trip Includes: ● Round Trip Motor Coach Transportation to Standish, MI ● 4 Hours of Gaming at Saganing Eagles Landing ● Each Person will get back \$10 in Gaming and a \$5 Food Coupon for the Cafe

Trip Itinerary: 8:30 AM Depart | 3:30 PM Return – Swartz Creek Senior Center

**Deadline: 10-18-20**

### Parade Company Studio & Ford Piquette Ave Plant Tour

Wednesday, November 18th, 2020

**Only \$88.00**

Trip Includes: - Round trip motor coach transportation to Detroit, MI - Lunch at Sindbad's Restaurant (Make Menu Selections) - Guided Tour of the Parade Company Studio - Guided Tour of Ford Piquette Ave Plant

Trip Itinerary: 8:00 AM Depart | 5:00 PM Return – Swartz Creek Senior Center

**Deadline: 10-15-20**

Each Person Select (1) Entree: Broiled Pork Chop, Chicken Parmesan, Icelandic Cod, ½ Cheeseburger, or Chicken Caesar Salad - Venture into our magical Parade Land and experience a behind the scenes look at America's Thanksgiving Parade. Learn more about the Parade's fascinating history, explore the 200,000 square-foot story land of floats and see how their award-winning artisans bring them to life. Ford Piquette Ave Plant Tour: Experience the Original Model T Factory Visiting the Piquette Avenue Ford Plant is a unique experience-it's the oldest auto plant open to the public anywhere in the world.

## Travel Policy

We encourage you and your friends over age 50 to join us on any of our trips. All participants must have an updated "Participation Form" on file at the time of sign-up.

**YOU MUST EITHER SIGN UP AND PAY AT CENTER OR SEND A CHECK IN.  
RESERVATIONS ARE NOT GURANTEED UNTIL PAYMENT IS RECEIVED!**

**Trip Cancellation Policy:** All cancellations incur a \$15 administrative fee which is deducted from any refund due to the member. Refund of the balance will be paid only if your seat can be canceled with the tour company. **During inclement weather, if the tour company providing the trip does not cancel, the traveler will not be entitled to any refund.** Some trips have policies unique to that trip, so be sure to read the policy details on the back of individual trip flyer. Stop by or call the Senior Center for trip details and the complete Travel Policy. **We ask that you be considerate of other trip guests by not**



## Information

### SUPPLY DONATIONS

Our Center uses many supplies on a daily basis. Donations of Cold Drink Cups, Bowls, Plates, Hard Candy, Tissues, Bathroom Tissue, Hand Soap, and Decaf Coffee are always appreciated.

**Rene Gagnon**

**Jane Perrault**

Thank you for your generous donations to our Senior Center!

**Thank you also to everyone who requested to be anonymous for your generous donations, they are greatly appreciated!**

### Mission

The purpose of the Swartz Creek Area Senior Citizens, Inc. shall be to identify and meet the needs of senior citizens. This is achieved through programs designed to provide services in the areas of information and referral, education, nutrition, health screening, the arts, recreation, personal growth, leadership development, self-worth, and community involvement.

### Peace of Mind Seminar with Sharp Funeral Homes

When: Wednesday, April 22 12:30-1:30pm

Where: Swartz Creek Senior Center 8095 Civic Dr.  
Swartz Creek, MI 48473

We invite you to learn how planning for your final wishes may shield your family from unnecessary emotional and financial burden. Join us and learn more about pre-arrangements, veteran benefits, cremation, burials, and more. Call the Senior Center @ (810) 635-4122 and RSVP by April 20th, 2020.

### Discrimination Policy

The Swartz Creek Area Senior Center has adopted a policy of non-discrimination in all programs, services and employment. No one shall be excluded on the basis of race, color, national origin sexual orientation, religion, age, marital status, veteran and military status or disability unless required by the eligibility guidelines for services. Inclusiveness is a core value that drives the organization's mission of providing services to benefit persons who are over the age of fifty and reside in Genesee County.

### ARTFUL CODGERS

Join our newest group at the Swartz Creek Area Senior Center, The Artful Codgers, as they embark on monthly creative adventures!

**April, 17th 2020: 1:30pm - 3:30pm**

Join Sandy Ezell & Anette Buza for an afternoon of fun and creativity as we go through various small and simple projects each month. **All materials provided!**

Participants must RSVP in person at the Swartz Creek Senior Center by the Monday before classes are held. Classes will be held the third Friday of the month unless otherwise noted. Projects, which will change month to month, will be completed and ready to take home at the end of class.

**Classes are \$15.00 dollars each.**



### Friday Night Dances

**Dates:** April 17th

**Time:** 6:00 p.m.—8:30 p.m

**Cost:** \$5.00 per person

The Senior Center is hosting bi-monthly dances on Friday nights. No need to sign up, just pay at the door. Pizza pop and water will be available during the dance.



**MUST BE 50 OR OLDER.**

**PLEASE REMEMBER...If payment is required, we welcome you to call in your reservation for any of our activities, but until payment is received, we cannot guarantee your spot.**

### PROFESSIONAL HEARING LUNCHEON

When: May, 5th 12:00 pm / Where: Swartz Creek Area Senior Center

They will cover such things as:

-The general importance of quality hearing for a social lifestyle -  
Hearing Prevention - Recent health studies that link Hearing Loss to Memory Related Problems - How Diabetes may injure the nerves and blood vessels of the inner ear, doubling the risk of hearing loss - How Hearing Aids are often covered by Insurance Companies - How for those on a budget, we have an affordable monthly lease program - How if your a UAW retiree, you may qualify for a free set of hearing aids.

### IMPORTANT NOTE CONCERNING EXERCISE CLASSES

All exercise classes cost two dollars per class. You can also choose to purchase a punch card. This card is \$20 dollars and one exercise class is worth one punch on the card. The card holds eleven punches. The Arthritis Exercise class held on Fridays at 11:00am are FREE.

# Transportation

Transportation Services available to seniors residing within the Swartz Creek School District.

Contact the Senior Center for the Complete Schedule. Transportation Policy & Participant Requirements; including deadline dates for sign-up.

## TRANSPORTATION SERVICES INCLUDE:

### LUNCH — (Daily — Monday through Friday)

Round-trip transportation from your home to attend lunch at the center.

### SHOPPING — (Weekly)

Round-trip transportation from your home on Wednesdays. This trip alternates between Meijer and Kroger each week.

### FOOD PANTRY — (Monthly)

Round-trip transportation from your home to the Swartz Creek Community Food Basket.

Available at the Senior Center  
Call (810) 635-4122 for an Appointment

# Assistance for Veterans

Are you a veteran over age 60, or the spouse, widow, or widower of a veteran? John Nelson, Service Officer, with the Genesee County Department of Veterans Services Office is available for appointments at the Senior Center one day per month. During your appointment, John can provide information on benefit programs and assist you in completing applications for Veterans benefits. Please request a list of information to bring when you schedule your appointment.

## Swartz Creek Area Senior Citizens, Inc. : Funding Sources

- ◆ Genesee County Senior Millage
- ◆ Community Development monies from the City of Swartz Creek, The Village of Gaines, & Gaines Twp.
- ◆ Senior fundraising
- ◆ Donations from individuals and community groups.

### Membership & Participation Guidelines

- ◆ Open to all Genesee County residents over age 50.
- ◆ Completion of a "Membership / Participation Form" and update the information annually.
- ◆ A yearly donation of \$10 per person is requested.
- ◆ For more details, request a Membership Handbook.

# Join us for Lunch!

Meals are served Monday — Friday at 12:00 noon at the senior center. Reservations for Tuesday—Friday **must be made by noon on the day before.**

Reservations for Mondays must be made by noon on the prior Friday. Call the center at (810) 635-4122.

(Note: Meals for special occasions may require up to two weeks advance reservations.)

**A \$3.00 donation per meal is requested for anyone 60 years and older living in Genesee County and anyone under 60 years of age or living outside Genesee County is a \$6.00 charge.**

Provided by Genesee County Community Action Resource Department (GCCARD)

## Special Lunches/Lunch Updates!

To join us, you just need to call the center by the RSVP date in question!

Lunch cost is the same guidelines as for regular lunches stated above.

Check for this star icon on the lunch calendar to pick out those days!

Meals are still being offered five days a week. Join us!



## APRIL SPECIAL LUNCH SCHEDULE

**April 22nd, 2020:**

**MEAL TBD (Not available at time of print)**

**RSVP by April 15th, 2020 @ 635-4122**

**April 30th, 2020:**

**MEAL TBD (Not available at time of print)**

**RSVP by April 23rd, 2020 @ 635-4122**

## Book Club

**When:** April 28th, 2020 @ 4:00pm

**Where:** Swartz Creek Area Senior Center

**Book:** Indigo Girl

**Author:** Natasha Boyd

Are you looking for an opportunity to connect with others who enjoy reading as much as you do?



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# SWARTZ CREEK AREA SENIOR CENTER

8095 Civic Drive, Swartz Creek, MI 48473

Office Hours: Monday-Thursday: 9:00 am — 8:00 pm ; Friday: 9:00 am — 4:00 pm

**Office:** (810) 635-4122

**Fax:** (810) 635-9405

**Website:** [www.myscasc.org](http://www.myscasc.org)

**Facebook:** Swartz Creek Area Senior Center

## STAFF

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Bailey Zaporski, Asst. Director

Marianne Campbell, Staff Asst.

Greg Boshaw, Van Driver

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Swartz Creek Area Senior Center  
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