

The Wise Worx Autumn Reflection Worksheet



"Harvesting Growth, Preparing for Purpose"

This worksheet is designed to help you pause, reflect on the season passed, and intentionally plant seeds for the season ahead. Grab a coffee, find a quiet spot in the autumn sun, and let's put the Word into action.

Section 1: The Harvest (Looking Back)

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." – Galatians 6:9

1. What is one "win" or blessing from the summer months you are truly grateful for? (Think: A restored relationship, a financial milestone, or a moment of creative clarity.)
2. What "weeds" (habits, distractions, or negative thoughts) crept into your life over the last few months that need to be cleared out?

Section 2: Pruning for Purpose (The Present)

"Every branch that does bear fruit he prunes so that it will be even more fruitful." – John 15:2

1. Communication Check-in: In your most important relationship (spouse, child, or colleague), what is one wall that needs to come down? How can you use "grace-filled words" this week to start that process?
2. Financial Stewardship: Identify one area of your spending that doesn't reflect your Kingdom values. What is one practical step you can take today to redirect those resources?

Section 3: Sowing for the Future (Looking Ahead)

"Sow righteousness for yourselves, reap the fruit of unfailing love." – Hosea 10:12

1. The Art of Living: If you were to design your "ideal" autumn day that honours God and restores your soul, what would it look like?
2. The Wise Worx Commitment: Which of our March opportunities will help you build the capacity you need right now?
 - 1-to-1 Coaching (Personal Breakthrough)
 - Team Seminar (Professional Growth)
 - Workshop (Skill Building, Personal Development)

- **Pro Tip: Keep this worksheet in your Bible or on your fridge as a visual reminder of your commitment to growth**