

### Celebrating 50 Years!!



### ***Let our 50<sup>th</sup> Anniversary year-long celebration begin!***

I was optimistic that 2025 would be an excellent year for the center. I believed our levy would pass (cautiously optimistic), and that we would welcome several new members, our members would enjoy fantastic trips and activities, make new friends, and create wonderful memories. We would continue to honor our mission by supporting seniors in Madison County through our supportive services, transportation, and adult care programs. Yes, 2025 was a fantastic year because we accomplished all of these things!

It's December 16th as I write this, and tomorrow we begin our maintenance frenzy, tackling numerous projects in a short timeframe. We're sanitizing the café kitchen floors, ceiling, and walls. Although we already maintain a very clean kitchen thanks to our staff and volunteers, we like to give it a thorough scrubbing once a year. Also, time to clean carpets, tile floors, and furniture. Several other small projects. We are fortunate to receive assistance from the honor inmates at London Correctional. They always do an excellent job for us. A special thanks to Wayne for organizing the inmate help once again; it's greatly appreciated.

On December 30th, I will be starting my thirteenth year at the center. Being part of an organization that provides so much to the seniors in Madison County is a true blessing. This is a remarkable place, with an incredibly caring staff and some amazing volunteers. I feel truly fortunate every day to work with all of these wonderful individuals. Getting the opportunity to meet and hang out with all of you is the icing on the cake.

Brief supportive services update: We currently have openings in our Adult Care Program. If your family needs this service or you know someone who could benefit from respite services for a loved one, please give us a call. It's a fantastic program!

I hope your holidays were filled with the joy of family and friends and that you embraced the true meaning of Christmas. I am always grateful for the blessing of a new day and the arrival of a New Year. I hope that 2026 brings another positive year for the center and for all of you.

Thank you for the laughter I hear every day, and to everyone who supports our center.

**In the New Year, may your right hand always be stretched out in friendship, but never in need.**

**God Bless You All – Happy New Year! *Misty***



Find the snowflake hidden in this newsletter. When you find it call the center at 740-852-3001 by Friday, January 16th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Remember it may not be on a color page. Last month the elf was on the back page. Congratulations to Leora Seaman, the lucky winner!



88 Club went to an alpaca farm in Pickaway Co. Faith, Hope and Barb tried on some alpaca fleece hats! We had a lot of fun and learned a lot too! The alpacas are so cute!



Below: The Adult Day Center had a Christmas party. Gifts were handed out by Santa and his elf (Beth's grandsons). They all got some very nice hats, gloves and scarves along with many other things.



Above: We served 177 for our Christmas lunch! Pictured above from left is volunteer Lynn Henry and then our 2 cooks, Sheila Evans and Deb Reed. Some people got their picture taken in front of our Christmas back drop, including Diana and Bob Remley.



Left: Bertha Hilsheimer was the winner of the October/November 50/50 Raffle!

Congratulations!!





## DAY TRIPS!!

**January Mystery Lunch—Tuesday, January 13th. Trip fee is \$5.** We will leave the Center at 9:45 a.m.



**January 88 Club, Montgomery County—Tuesday, January 27th. Trip fee is \$5.** Vans will leave the Center at 9:00 a.m. We will visit the National Museum of the U.S. Airforce. Admission is free. There is a charge for the Air Force Museum Theatre, flight simulators, Launchpad Shop 'n Snack and Museum Store. You will be on your own to explore the museum at your own pace. We will have lunch at the museum, your choice of the Valkyrie Café or the Launchpad Shop N Snack. We will leave the museum at 1:30 p.m. *This trip will be rescheduled in the case of inclement weather.*

**February Mystery Lunch and 88 Club combined trip—Wednesday, February 11th.** Trip fee is \$5 for the van and a suggested \$5 fee for the museum. We will leave the Center at 10:15 a.m. and go to our Mystery Lunch first. Afterward, we will visit the Clark County Historical Society's Heritage Center full of interesting displays concerning Clark County. We will also try to see a mural of silent film actress Lillian Gish who was born in Springfield.



**Singing In The Rain at LaComedia—Friday, March 20th.** This trip includes transportation, delicious buffet lunch and the show. Vans will leave the Center at 9:30 a.m. We have 32 seats reserved (3 for our drivers). Of those we will take 21 passengers on our vans and then the remaining 8 will be for those that want to drive themselves. **Van riders will pay \$60 or you can drive yourself for \$53, due by Feb. 13th.**

Often called "The Greatest Movie Musical of All-Time," Singin' in the Rain is a timeless masterpiece that continues to captivate audiences with its charm, wit, and infectious energy. Based on the classic 1952 film, this romantic musical comedy offers a light-hearted depiction of Hollywood when the transition from silent films to "Talkies" results in hilarious trouble for all.



**Snooty Fox Upscale Thrift Shopping Trip in Cincinnati—Friday, May 29th. Trip fee is \$40.** Payment is due by April 1st. We will leave the Center at 8:45 a.m. and return approximately 6 p.m. If you have never gone on this fun trip, let me tell you it is very popular, so sign up asap! We go to 5 Snooty Fox thrift stores. They have clothing, home décor, furniture, jewelry, purses and shoes. We can fit most furniture under the bus. You will have about an hour in each store. At the second stop you will also have time to grab lunch at a variety of restaurants in the area. *We will pass an envelope around the bus on the way home for our driver's tip.*

**March Mystery Lunch—Wednesday, March 11th.** We will leave the Center at 10:00 a.m. Trip fee is \$5.

## Delightful Dining

**Don't forget to call the Center and let us know if you plan to come, so we can give the restaurant an accurate count. Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.**

**We will cancel if the roads are bad! Call the Center if you are in doubt!**

**Monday, January 5th—Fazolis, 1520 Hilliard Rome Road, Hilliard, OH 43026.** Trip fee is \$5. We will leave the Center at 4:00 p.m. and arrive around 4:30 p.m. Please let us know if you are planning to drive yourself.

**Monday, February 2nd—LaCarretta, 1092 Eagleton Blvd., London, OH 43140.** No vans. We will meet at the restaurant around 4:15 p.m. I do still need you to let us know if you are coming so we can give a count to the restaurant.

**Monday, March 2nd—Todd's Pizza, 139 East Main Street, West Jefferson, OH 43162.** There will be no vans for this trip but please let us know if you plan to go.

When you sign up for a day trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If we are taking a motorcoach, the cost of the coach is not refundable within 30 days of the trip. If you have questions please contact Janisse at 740-852-3001.

\*\*\*Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!

**Remember...you don't have to be a member of the Center to go on overnight trips. Tell your friends!**

**Mid-Atlantic Rail Adventure/Washington D.C.**

**March 25-28, 2026**

This trip includes: Pittsburgh, Gateway Clipper Cruise, Cherry Blossoms in Washington D.C., Union Station, Monuments & Memorials, Amtrak's Capitol Limited, Harper's Ferry, Arlington National Cemetery, Smithsonian Museums and more!

Tour includes: Motorcoach transportation, Rail transportation aboard Amtrak, 3 nights lodging, 5 meals-3 breakfasts and 2 dinners, all sightseeing & admissions, baggage handling, gratuities for city guides and porters.

Tour Fare: A deposit of \$100 per person will hold your reservation. Double \$1249 pp, Triple \$1199 pp and Single \$1649 pp.

**New York, New York!**

**June 15-18, 2026**

Trip includes, Midtown Manhattan, Times Square, Broadway Musical, Statue of Liberty, Rockefeller Plaza, St. Patrick Cathedral, 911 Memorial and more!

Tour includes: Motorcoach transportation, 3 nights lodging in Manhattan, Broadway musical performance, 2 dinners, all sightseeing and entrance fees, baggage handling, tips for local guides & porters.

Projected Tour Fares: A deposit of \$250 will secure your reservation. Double \$1799 pp, Triple \$1749 pp, and Single \$2599 pp. **Final payment due by March 15th, 2026.**

**Northern Ireland & Scotland**

**September 8-18, 2026**

Trip includes: County Donegal, Belleek Pottery, Blue Stack Mountains, Giant's Causeway, Belfast City, Titanic Belfast, North Atlantic Ferry to Scotland, Alloway, Glasgow City, Fort William, Glasgow Cathedral, Ben Nevis Distillery, Isle of Skye, Loch Ness, Inverness, Edinburgh City, Edinburgh Castle, Spirit of Scotland Show, Sheep Dog Demonstration.

Tour includes, Round trip air transportation, deluxe motorcoach transportation, 16 meals-9 breakfasts and 7 dinners, 9 nights lodging, all sightseeing & admissions, baggage handling.

**Projected** Tour Fare: A \$500 deposit secures your reservation. Double \$6499 pp, Single \$8199 pp. We are not able to get airfare pricing yet. This is why the price is projected. **Final payment is due June 1st, 2026**



**Christmas at the Biltmore**

**November 30—December 3rd, 2026**

Trip includes Biltmore house & gardens, Biltmore Estate Winery, Blue Ridge Parkway, Candlelight Christmas Evening, Folk Art Center, Grove Arcade, National Gingerbread House display, Biltmore Village, Ashville City Tour.

Tour includes: Motorcoach transportation, 3 nights lodging, 3 breakfasts, 1 lunch and 2 dinners, all shows and admissions, baggage handling, tips for local guides & porters, professional tour manager.

Tour Fare is Double \$1199.00 per person, Triple \$1149 per person, Single \$1499 per person.

**Please consider getting travel insurance! You can get it from USI Affinity, listed below or you can look at other options such as AAA or other companies of your choosing. Most want you to get it within a couple weeks of your first deposit on a trip.**

**Optional travel insurance is available through USI Affinity Travel Insurance Services. Please call 1-855-874-0156 and provide the customer service representative with account number 50096.**

## Adult Day Center

**Happy 2026!**

**We all came back to a clean and spotless 2nd home!.**

**Thank you Willa Royster for donations towards Bingo. Again, if we missed anyone, we are sorry.**

**All donations are very appreciated.**

**We are always in need of them.**

**Thank you Bonnie Radcliff for doing crafts again. We sure did miss you.**

**We do have openings for new clients for the ADC if you happen to know of someone in need.**

**Happy New Year!**

**Beth, Patsy, Regina and Debbie**

## Tips for a safe, happy and healthy winter!

**Dress in layers:** Protect extremities (head, hands, feet) from the cold. You lose 10% of your heat from your head, so wear your hat on cold days.

**Stay Active:** Regular exercise outdoors and/or indoors (dancing, gym, yoga). Staying active helps boost immunity and our mood.

**Practice Good Hygiene:** Frequent handwashing, covering when you cough or sneezes. Avoid sharing personal items with others (toothbrushes, utensils, etc.).

**Stay Hydrated**-Drink plenty of water, warm teas, and warm broths– the thirst sensation lessens in the winter.

**Limit Germs:** Avoid people that are sick and stay home when you are sick.

**Happy 2026 and Stay Healthy!**

**Ruth RN and Sue RN**

## Free Friday Movies at 1:00 p.m.

January 2 – New Year's Eve – Ashton Kutcher – Sarah J Parker – 2011 – PG-13 – Comedy

January 9 – Roofman – Channing Tatum – Kirstin Dunst – 2025 – R – Based on a true story

January 16 – Eleanor the Great – June Squibb – Rita Zohar – PG-13 – 2025 - Comedy

January 23 – Soul on Fire – Joel Courtney – John Corbett – PG – 2025 - Drama

January 30 – Wake Up Dead Man – Knives Out Mystery – Daniel Craig – Glenn Close - PG-13 - 2025

## Members Only



## Bowling at Madison Lanes, Tuesdays at 10:00 a.m.–12:00 p.m.

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Andrix, Barb	96	Glass, Denise	115	Kearney, Phil	90	Noble, Gene	125
Binns, Mary	97	Glass, Duane	194	Kidd, Roy	141	Pickens, Ann	135
Bluhm, Fred	189	Goff, Terry	167	King, Carl	169	Ridolfo, Linda	176
Burdett, Diane	152	Gonsalves, Laura	70	King, Karen	140	Rowley, Jack	165
Davis, Barb	95	Gonsalves, Michael	131	Krivicich, Dave	160	Rowley, Nancy	127
Dillard, Darlene	135	Hawkins, Don	157	Marcum, Howard	159	Stout, David	183
Eseman, Brenda	145	Henry, Diane	130	Marcum, June	136	Turner, Paul	130
Florence, Barb	106	Irvin, Meldoy	120	Miller, Charles	162	Weisman, Debbie	103



Who is Frosty's favorite aunt? Aunt Arctica

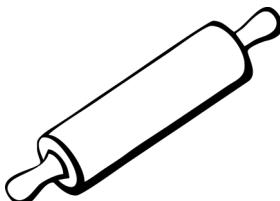
Where does a snowman get the weather report? The winternet.

What did the icy road say to the car? Wanna go for a spin?



## Pizza Sticks

1 package (13.8 oz.) Homestyle Ready to Bake Pizza Crust  
 35 slices pepperoni  
 3/4 cup shredded Italian style cheese blend  
 2 tbsp. butter, melted  
 1/2 tsp. dried Italian herbs  
 1/2 tsp. garlic powder  
 3/4 cup marinara sauce, warmed



### Directions

Preheat oven to 400 degrees. Line baking sheet with parchment paper.

Pat pizza dough into 12x16 inch rectangle. Arrange pepperoni in a single layer over half the dough (6x16). Top with cheese

Fold dough over fillings. Cut into 12 strips; twist each strip a few times. Arrange sticks on prepared baking sheet.

In a small bowl, mix together butter, Italian herbs and garlic powder. Brush each pizza stick with butter mixture.

Bake 12015 minutes, until lightly golden brown. Serve with marinara sauce.

# January Birthdays!

Patron	Birthday	Patron	Birthday	Patron	Birthday
Presley, Robert Jr.	01-01	Vance, Linda	01-10	Foucht, Peggy	01-23
Leimeister, Monica	01-01	Park, Deborah	01-10	Sheridan, Donna	01-24
Zeck, Michael	01-01	Reynolds, Sharon	01-10	Phinney, Hope	01-24
Sullivan, Brenda	01-01	Little, Roberta	01-11	Crawford, Sierra	01-24
Langley, Doreen	01-02	Spangler, Brian	01-11	Boysel, Carolyn	01-25
Lawrence, Betty	01-02	Smith, Golda	01-11	Kavy, Diana	01-26
Conley, Patricia	01-03	Yoder, Lou Anne	01-11	Davis, Martha	01-26
Owens, Lori	01-03	McConnell, Anne	01-12	Finchum, Vickie	01-26
Holloway, Colleen	01-03	Thornber, Sandra	01-12	Koesters, Mike	01-27
Cutler, Tom	01-04	Connier, Rebecca	01-14	Pitts, Shirley	01-27
Collins, Linda	01-04	Cress, Ron	01-15	Schickedantz, Cheri	01-28
Lewis, Jesse	01-04	Seymour, Cheryl	01-15	Roberts, Karen	01-28
Ward, Nancy	01-04	Peyton, Eddie	01-15	Bales, Jerry	01-28
Doerfler, Dave	01-04	Stetler, John	01-16	Hutchins, Carey	01-28
Wilson, Charles	01-05	Manning, Kay	01-17	Klier, Kayleen	01-28
Wilson, Bob	01-05	Lipps, Alice	01-18	Weisman, Deborah	01-28
Forster, Maggie	01-06	Canney, Jim	01-18	Maharrey, David	01-29
Stringfellow, Norma	01-06	Fooce, Debra	01-18	Sloan, Shirley	01-29
Stewart, Fonda	01-06	McNary, Mary	01-19	Krivicich, David	01-29
Sowers, Ruth	01-06	Miller, Kirk	01-19	Dillion, Beth	01-29
Castle, Brenda	01-06	Reed, Helen	01-19	Slagle, Elsie	01-30
Angel, Ronetta	01-07	Wolverton, Deb	01-19	Brooks, Josephine	01-30
Johnson, Robert	01-07	Hurley, Karlene	01-20	Aldo, Mark	01-30
Craft, Debra	01-07	Lindsay, Shirley	01-20	Cummins, Betty	01-31
Hutchins, Karen	01-07	Wright, Carlene	01-20	Link, Peggy	01-31
Vecchiarelli, Debbie	01-07	Jago, Robin	01-21	Gillespie, Jon	01-31
Paysen, Richard	01-08	Chamberlain, Patsy	01-22	Cligrow, Douglas	01-31
Herald, Linville	01-09	Wilson, Elden	01-23	Crowe, John	01-31
Carr, Huey Jr.	01-09				
Zimmerman, Diane	01-09				
Cowne, Gary	01-10				
Rich, Roberta	01-10				



### Avoid Falls – Walk like a penguin

- knees relaxed
- toes pointed out
- short steps
- slow and deliberate
- hands free



### Madison County Senior Center Vital Sign Clinic

A free vital sign clinic will be offered the second Tuesday of each month at the Madison County Senior Center starting January 2026. The first one will be January 13th from 11:00 a.m.—12:00 p.m. by the café. Your blood pressure, heart rate, respiratory rate, temperature, and oxygen level will be taken and a card with your vital signs will be given to you to take home.

The clinic will be open if the Senior Center is closed.



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### Home Energy Assistance Program ( HEAP )

The Home Energy Assistance Program (HEAP) is a federally funded program that provides eligible Ohioans assistance with their home energy bills. This one-time benefit is applied directly to the customer's utility bill or bulk fuel bill.

#### Am I eligible for HEAP?

Size of Household	12 month income limit	For July 2025-May 2026
1	\$27,387.50	
2	\$37,012.50	
3	\$46,637.50	
4	\$56,262.50	
5	\$65,887.50	

**A household applying for HEAP must report total gross household income for the past 30 days (12 months preferred) for all members, except wage or salary income earned by dependent minors under 18 years old. Both homeowners and renters are eligible for assistance.**

**HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2026.**

**For more information or assistance with applying for a HEAP benefit, contact the COAAA Housing Department at 614-645-7250.**

## HearingLife

Christine Walters will be at the Center on January 14th.

For a free hearing assessment, please call 614-991-5948 to make an appointment with her.

## MEDICARE HELP

Andy Haggard of Central Ohio Area Agency on Aging will be coming to the Center on Friday, January 9th to help anyone with Medicare questions.

Please call for an appointment—740-852-3001.

Andy will be coming once a month.

## 2026 Membership

**Dues Are Now Due!**

*Don't miss a newsletter!*

**\$15/single—\$25/couple**

**Age 90 or over—Free!**

**You can mail them to  
P.O. Box 389, London, OH 43140**

## Inclement Weather Closing Policy

**The Senior Center will be closed any time Madison County is declared a level 2 or a level 3. If in doubt, please call to see if your activity/trip/lunch is still going to take place.**

**Please use your own judgment when deciding to travel on snowy or icy roads. Some areas of our county at times have worse road conditions than others.**

## Friends of Madison County Parks & Trails

Supporting our community & the  
Madison County Park District  
since 1999

[fmcpt.com](http://fmcpt.com)  
[info@fmcpt.com](mailto:info@fmcpt.com)



CHANAY & THOMAS  
*Insurance*



Deeann Blake  
104 Lafayette Street  
London, Oh 43140  
(740) 852-2323



## VETERANS!!

### WE WANT YOU...

TO KNOW WHAT YOUR BENEFITS ARE!!

We also provide transportation to and from VA medical apt's **and**  
provide veterans ID Cards!!

Call our office for more information 740-852-0676



VETERANS SERVING VETERANS...



## Madison County Senior Citizens Center

## Dated Material

P.O. Box 389  
280 West High Street  
London, OH 43140

Phone: 740-852-3001  
Fax: 740-852-3052

**We're on the Web!**

[mcSenior.org](http://mcSenior.org) or on Facebook at  
Madison County Senior Citizens Center



**January 2026**

**Misty Bradley, Executive Director**

**Ramalingam Selvarajah, M.D., Medical Director**

**Janisse Isaacs, Activity Coordinator/Marketing**

**Marilyn Lowery, Front Office/ Substitute Driver**

**Ruth Kennedy, Staff Nurse/Wellness Coordinator**

**Susan Whipp-Schwarz, Staff Nurse**

**Beth Dillon, Adult Day Center Coordinator**

**Patsy Bricker, Adult Day Center Aide**

**Regina Conley, Adult Day Center Aide**

**Sandy Darlington, Adult Day Center Aide/Substitute**

**Jeanna Bernard, Adult Day Center Aide/Substitute**

**Deb Weisman, Adult Day Center Aide/Substitute**

**Deb Reed, Cook**

**Sheila Evans, Cook**

**Brenda Castle, Transportation Coordinator**

**Wayne Bricker, Driver**

**Martha Parsons, Substitute Driver**

**Mark Bires, Substitute Driver**

**Steven McClaskie, Substitute Driver**

**Mike Koesters, Substitute Driver**

**Richard Houser, Substitute Driver**

**Douglas Saunders, Substitute Driver**

**Luther Dolby, Maintenance**

**The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.**

### **COAAA Advisory Council Meetings Open to Public**

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

### **Mission Statement**

**The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.**