

Madison County Senior Citizens Center

Golden Times

Celebrating 50 Years!!

August
2026
Issue VIII



As we enter the dog days of summer, we've already experienced exceptionally high temperatures, and it looks like they won't be cooling off anytime soon. If you or a senior you know needs a fan to help beat the heat, please feel free to stop by or give us a call. Additionally, remember to check on your senior neighbors during this time.

I wanted to take a moment thank our generous members. Almost every day, someone shows their kindness and support for the center in some way, such as making a monetary donation, donating items for our adult care program, or contributing to the café. Right now, when you come in, there is usually fresh produce on the table from someone's garden. It's just the small things, but all of those small things mean so much. All of this is very important to our continued success. In most cases, our supporters wish to remain anonymous and do not seek recognition for their generosity. Therefore, I just want to say thank you for your kindness. You know who you are, and we truly appreciate all of you. ***"There is nothing more beautiful than someone who goes out of their way to make life more beautiful for others."***

I want to take a moment to mention that we will need to replace our day-trip vans and hope to do so by the end of the year. I will be researching grant opportunities and reaching out to local car dealerships as potential contributors; any donations toward this cause would be greatly appreciated. This will be a significant expense for us. We have budgeted and saved for this, knowing that the time would eventually come; and here it is. Both of our current trip vans are 2008 models, and many of our members who regularly participate in our day trips can attest that the ride is becoming a little squeakier, bumpier, and more uncomfortable. While all of our vans undergo annual inspections and are well-maintained, nothing lasts forever, and the safety of our members during trips is our top priority.

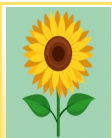
We love that our activities help so many of you socialize, stay involved, and stay active. The sole reason for our existence is to provide activities and services to help seniors in our community live healthy, happy, and independent lives. ***"We don't stop playing because we grow old; we grow old because we stop playing."***

I invite you to join me for Tai Chi on Friday mornings. We are introducing a new program that is easy to follow, whether it's your first time or you've been participating over the last year. We're learning new Tai Chi forms together. You can also join Mary for yoga on Wednesday afternoons. This is not extreme yoga; you can do it from a chair if you would like. It's a relaxing and beneficial program. Additionally, Jessica offers chair exercises on Mondays and line dancing and stretching exercises on Wednesday mornings. We truly have something for everyone!

We are also working on some new ideas for next year, which is only five months away; FIVE MONTHS.

Truly, where has this year gone! Continue to appreciate the beauty that summer brings, and cherish each day you are blessed with. Thank you for the laughter I hear every day, and thank you to everyone who helps at the center!

Misty



Find the hidden Sunflower in this newsletter! When you find it call the center at 740-852-3001 by August 14th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Remember it may not be on a color page! Last month the Crab was on the page 6, by the bowling scores! **Congratulations! The winner of the free lunches was Donald Hysell!**

STAFF SPOTLIGHT

Featuring Transportation Coordinator:

Brenda Castle!



After **20 years** of dedicated service, Brenda Castle will retire from the Senior Center at the end of the year. Brenda has been an integral part of our team, overseeing our transportation program with professionalism and care while ensuring our schedules and vehicles were maintained to the highest standards. She created strong, trusting bonds with the members over the years. In addition, she has enjoyed helping lead our Wednesday Aerobics class and inspiring many participants! We are grateful for Brenda's dedication, loyalty, and the positive impact she has made on our Senior Center. We wish her all the best in her well-deserved retirement. We are also pleased to share that one of our current drivers, Doug Saunders, will be stepping into her role to ensure a smooth transition and continued trusting services! Thank you, Brenda!

Evelyn Sullivan has been one of our longest-tenured registered members here at the Madison County Senior Citizens Center. Throughout the years, she has enjoyed participating in card games with friends. Thank you, Evelyn, for your many years of membership, friendship, and support!





High Euchre Scores!

6-22-26 Dave Maharrey — 88
7-1-26 Skip Fout — 88
7-6-26 Ruth Sowers —78
7-14-26 Sharon Reynolds —70
7-14-26 Leonard Johnson — 66
7-21-26 Arlene Fyffe—54



High Bridge Scores!

7-1-26 Greg Merritt — 4,120
7-14-26 Greg Merritt — 5,150

Welcome 21 New Members!

Kenneth & Marilyn Evans

Dwanna Munger David Davies

Bonnie Stump Annette McCure

Sandra McAlister Michael Pinkston

Mary Lou Shoemaker

Amber Bidwell Kenneth Henkle

Michael & Susan Hathaway

Drew & Rita Youngberg

Rick & Fonda Rouse

Irene Newland

Keith & Kathy Church

Barbara Jackson

2026 Governing Board Members:

- Donna Sheridan - President
- Jerry Tompkins - Vice President
- Loretta Anthony - Secretary
- Sharon Manion - Board Member
- Tom Lawrence - Board Member
- Dennis Park - Board Member

WEEKLY SCHEDULE:

Monday:

10:30 a.m.— Chair Exercise /
Strengthen class with Jessica

12:30 p.m.— Euchre



Tuesday:

9:00 a.m.– 3 p.m.— Quilting Class

10 a.m.- 12:00 p.m.— Bowling at Madison Lanes

1:00 p.m.— Hand & Foot Cards

4:00 p.m.— Euchre: Only on the 11th & 18th

4:00 p.m.- 7:00 p.m.— Billiards, Workout Room open late.

5:00 p.m.— Line Dance: Only on 4th & 25th

Wednesday:

10:30 a.m.— Standing Aerobics/ Stretching Class

12:00 p.m.— Bridge

1:00 p.m.— Yoga

12:00 p.m.— Hand & Foot Cards

2:00 p.m.— Diabetes & Weight Loss Support Group

Thursday:

1:00 p.m.— Hand & Foot Cards

1:30 p.m. Bingo: Only on the 6th — \$2.00 fee per card!

1:30p.m. — 3:30p.m. Matter of Balance Class: The first group of members will start on the 27th, and will continue for the next 6 Thursdays. The second group of members will start in October! If your not sure what group your in, call the center and ask Janisse, or Jessica.

Friday:

10:00 a.m.— Tai Chi

1:00 p.m.— Free Movie and Popcorn at the senior center.
The movie of the week is listed on page 6!

The Center's Fitness Room:

**Open Monday through Friday, 8:00 a.m. till 4:00 p.m.
AND Tuesdays we are opened until 7 p.m.**

We have 3 treadmills, 3 exercise bikes, a weight machine for upper body, 2 seated ellipticals, an ergometer, and hand weights! Please wipe down the machines you use when you are finished.



Thank you!

DAY TRIPS

August Ohio State Fair Senior Day— Tuesday, August 4th. Trip fee is \$5, fair admission is free for seniors. We will be leaving at 9:00 a.m. and returning approximately 2:30p.m.—*This trip is full, if you would like to be added to the waitlist, give us a call today!*

August 88 Club— Wednesday, August 12th. - Rescheduled: Adena Mansion. Trip fee is \$5. We will be leaving the center at 9:30am. *This trip is full, if you would like to be added to the waitlist, give us a call today!*

Sunflower Field / Youngs Dairy— Tuesday, August 18th. Trip fee is \$5. **WEATHER PERMITTING OUTING.** We will be leaving the center at 9:30 a.m. Lunch will be on your own at Young's Dairy. Don't forget to wear sunscreen and a hat!

Columbus Clippers Noon Baseball Game - Thursday, August 20th. We will be leaving the center at 10:30 a.m. Lunch will be on your own at the ballpark. Don't forget to wear sunscreen and a hat! **We only have 4 tickets (\$9 each) available for sale for driving separate!** *This trip is full for riding the vans, if you would like to be added to the waitlist for the vans, give us a call today!*

August Mystery Lunch— Wednesday, August 26th. Trip fee is \$5. We will be leaving the center at 9:45 a.m.

September 88 Club — Tuesday, September 8th. Fayette County Driving Tour. Trip fee is \$5. We will be leaving the center at 10:30 a.m. We will be stopping for lunch around 11:30 a.m.

September Mystery Lunch— Wednesday, September 16th. Trip fee is \$5. We will be leaving the center at 10 a.m.

Quilting Show — Wednesday, September 23rd. Trip will be leaving the Senior Center at 9:30 a.m. Trip Fee is \$5. The tickets are \$15 which **you will pay** for once we arrive at the *Greater Columbus Convention Center*. Lunch will be on your own! Then, we will be leaving the Convention Center at 1:30 p.m. to return back.

LaComedia's Musical Come From Away - Thursday, September 24th. Trip will be leaving 9:30 a.m. Trip fee is \$60/van or \$53/drive yourself, due by August 1st. Your fee includes transportation, buffet luncheon and the play. Server tip is not included. *This trip is full, if you would like to be added to the waitlist, give us a call today!*

Snooty Fox | Multiple upscale thrift store shopping experience in Cincinnati, OH – Friday, September 25th. Trip fee is \$40.00. Due by September, 1st. The trip will be leaving at 8:30 a.m. These tickets are non refundable after September 11th. Lunch on your own during our second stop! We will be passing an envelope for driver tip. *This trip is full, if you would like to be added to the waitlist, give us a call today!*

October 88 Club – Lock Tour on the Valley Gem Sternwheeler in Marietta and Cracker Barrel for lunch— Tuesday, October 6th. Trip fee will be \$75. Trip will be leaving at 8:30 a.m. Cracker Barrel lunch (on your own) about 10:30 a.m. Boarding boat at 1:00 p.m. Money is due by 9/1/26 . These are non refundable tickets after September, 8th. We will be passing an envelope for driver tip. *This trip is full, if you would like to be added to the waitlist, give us a call today!*

October Mystery Lunch— Tuesday, October 20th. Trip fee is \$5. We will be leaving the center at 10:30 a.m.

RESCHEDULED 88 CLUB - Copper Kettle Tour with Lulu's Kitchen for lunch —Thursday, October 29th. We will be leaving the senior center at 8:30 a.m. We will be arriving at our destination around 10:15 a.m. *This trip is full, if you would like to be added to the waitlist, give us a call today!*

Delightful Dining

Don't forget to call the Center and let us know if you plan to come, so we can give the restaurant an accurate count. Sometimes late reservations cannot be accommodated at the restaurants.

Monday, August 3rd — Beer Barrel, 7482 State Route 161, Plain City, OH 43064 Van fee is \$5. We will be leaving the center at 4:00 p.m. and arriving at the Beer Barrel 4:30p.m. Let us know if you plan to drive your self.

Tuesday, September 1st — Ding Ho, 120 Phillipi Rd, Columbus, OH 43228 Van fee is \$5. We will be leaving the center at 4:00 p.m. and arriving at Ding Ho's at 4:30p.m. Let us know if you plan to drive your self.

Monday, October 5th — Hofbrauhaus, 800 Goodale Blvd, Columbus, OH 43212 Van fee is \$5. We will be leaving the center at 4:00 p.m. and arriving at Hofbrauhaus at 4:45p.m. Let us know if you plan to drive your self.

When you sign up for a day trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If we are taking a motorcoach, the cost of the coach is not refundable within 30 days of the trip. If you have questions please contact Janisse/Jessica at 740-852-3001 ****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!****

Overnight Trips: Reminder —You do not have to be a member to go!

Trip: Northern Ireland & Scotland

Date: September 8-18th, 2026

There will be a pre departure meeting Thursday, August 20th at 10:00 a.m.

Please let us know if you are not able to make it to the meeting.

Trip: Christmas at the Biltmore

Date: November 30th—December 3rd, 2026

This trip is full but, if we get enough people on our wait list, we may be able to add another motorcoach!

Trip includes: Biltmore house & gardens, Biltmore Estate Winery, Blue Ridge Parkway, Candlelight Christmas Evening, Folk Art Center, Grove Arcade, National Gingerbread House display, Biltmore Village, Asheville City Tour.

Tour includes: Motorcoach transportation, 3 nights lodging, 3 breakfasts, 1 lunch and 2 dinners, all shows and admissions, baggage handling, tips for local guides & porters, professional tour manager.

Tour Fare is Double \$1,199.00 per person, Triple \$1,149 per person, Single \$1,499 per person. A deposit of \$100 will hold your reservation.

Final payment is due by — September 15th, 2026.

Trip: New Orleans & Deep South

Date: April 3rd – 9th, 2027 | 7 days

Highlights Include: Historic French Quarter, National World War II Museum, Southern Plantation, Bourbon Street, Royal Street, St. Louis Cathedral, Jackson Square, New Orleans School of Cooking, Mississippi River Sternwheeler Cruise Nashville Nightlife Dinner Theater, & New Orleans Guided City Tour.

Journey Includes: Motorcoach transportation, 6 nights lodging, 4 breakfasts, 4 dinners, all sight seeing and admissions, baggage handling, tips for local guides & porters, professional tour manager.

Tour Fare: Single \$2,749 per person - Double \$2,199 per person - Triple \$2,129 per person

A deposit of \$200 will hold your reservation.

The final payment is due by:

January 5, 2027

Trip: Mackinac Island & the Marvels of Michigan

Date: June 14th– 17th 2027 | 4 days

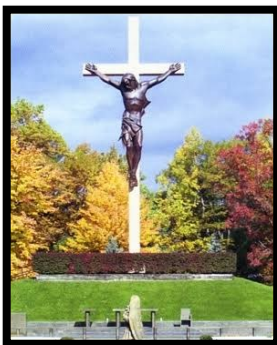
A deposit of \$200 will hold your reservation.

The final payment is due by: April 10th, 2027

Highlights Include: Grand Hotel, Fort Mackinac, Carriage Tour, Governors Mansion, Surry Hill, Glockenspiel Tower, Bronner's Christmas Store, Bavarian Inn, and Cross in the Woods.

Journey Includes: Motorcoach transportation, 3 night lodging, 4 meals, all sightseeing & admissions, baggage handling, tips for local guides & porters, and a Professional Tour Manager.

Tour Fare: Single \$1,999 per person - Double \$1,399 per person - Triple \$1,369 per person



Please consider getting travel insurance! You can get it from USI Affinity, listed below or you can look at other options such as AAA or other companies of your choosing. Most want you to get it within a couple weeks of your first deposit on a trip. Optional travel insurance is available through: USI Affinity Travel Insurance Services. Please call : 1-855-874-0156 and provide the customer service representative with the account number: 50096.

Thank you to Bonnie for sharing your creativity and crafting talents with us. We appreciate the time you spent making our day so special! A special thank-you to Kate Sparks for donating bingo prizes, and to Chris Webb, Marilyn Henry, and everyone who continues to support our center. We are always grateful for donations of bingo prizes!

We would also like to recognize Marilyn Henry for her dedication and service. As she leaves us on July 31, she will be greatly missed. We wish her all the best and hope she will visit often.

We're Hiring! We are currently seeking a part-time aide. If you know someone who would be a great fit, please encourage them to stop by the front office to complete an application.

Thank you for helping us spread the word!

Have a great August! —Beth, Patsy, Gina, and Debbie

Free Friday Movies with Popcorn at 1:00 p.m.

August Movies

August 7 – We Bought a Zoo – Matt Damon – Scarlett Johansson – PG - 2011 – Heartwarming

August 14 – The Rip – Matt Damon – Ben Affleck – **R** – 2026 – Action

August 21 – The Breadwinner - Nate Bargatze – Mandy Moore – PG – 2026 - Comedy

August 28 – Lilly – Patricia Clarkson – Deirdre Lovejoy – PG13 – 2024 - Drama

Bold Movie = R Rated Movie!

Members Only!



B O W L I N G	Bowling at Madison Lanes, Tuesdays at 10:00 a.m.—12:00 p.m.						\$10.00	
	Binns, Mary	101	Hawkins, Don	170	Ridolfo, Linda	170		
	Bluhm, Fred	185	Kearney, Phil	90	Rowley, Jack	166		
	Burdett, Diane	152	Kidd, Roy	132	Rowley, Nancy	126		
	Conn, John	155	King, Carl	163	Stout, David	172		
	Eseman, Brenda	127	Krivicich, Dave	98	Weisman, Debbie	106		
	Glass, Denise	105	Miller, Charles	167				
	Glass, Duane	206	Noble, Gene	133				
	Goff, Terry	172	Pickens, Ann	132				

Shepherd's Pie Recipe:



Ingredients:

Meat Filling:

- 1 lb ground beef (traditional shepherd's pie uses lamb, but beef is a great, easy substitute)
- 1 medium yellow onion, diced
- 2 cloves garlic, minced
- 2 tbsp all-purpose flour
- 2 tbsp tomato paste
- 2 tbsp Worcestershire sauce
- 1 cup beef broth
- 1 cup frozen mixed vegetables (peas, carrots, and corn)

Mashed Potato Topping:

- 3 large russet potatoes, peeled and quartered
- 4 tbsp butter
- 1 ½ cup of milk (or heavy cream)
- Salt and black pepper (to taste)
- 1 ½ cups shredded cheddar cheese

Instructions:

- **Boil the potatoes:** Place the quartered potatoes in a pot and cover with cold water and 1 tsp of salt. Bring to a boil, then reduce to a simmer for about 20 minutes until fork-tender. Drain, mash with butter and milk, and season with salt and pepper.
- **Brown the meat:** While the potatoes cook, brown the ground beef and diced onion in a large skillet over medium-high heat. Drain any excess fat, add the minced garlic, and cook for 1 minute.
- **Make the gravy:** Sprinkle the flour over the meat and stir to coat. Stir in the tomato paste, Worcestershire sauce, and beef broth. Let the mixture simmer for 5 minutes until it thickens.
- **Add vegetables:** Fold in the frozen mixed vegetables and let them warm through.
- **Assemble and bake:** **Preheat your oven to 400°F.** Pour the meat filling into a 9×13-inch casserole dish. Spread the mashed potatoes evenly on top and sprinkle with cheddar cheese if desired.
- **Bake for 25 to 30 minutes** until bubbling. For a crispy, golden top, turn on the broiler for the final 3 minutes.



PROTECT YOUR SELF FROM GOVERNMENT IMPERSONATION SCAMS!



WHAT IS A GOVERNMENT IMPERSONATION SCAM?

SCAMMERS PRETEND TO BE FROM GOVERNMENT AGENCIES SUCH AS:

- SOCIAL SECURITY ADMINISTRATION
- INTERNAL REVENUE SERVICE
- MEDICARE
- FEDERAL TRADE COMMISSION
- LOCAL POLICE DEPARTMENTS
- STATE OR FEDERAL AGENCIES

THEIR GOAL IS TO SCARE PEOPLE INTO SENDING MONEY OR SHARING PERSONAL INFORMATION.

HOW TO PROTECT YOURSELF:

STOP:

IF YOU RECEIVE AN UNEXPECTED CALL, TEXT, EMAIL, OR LETTER CLAIMING TO BE FROM A GOVERNMENT AGENCY, DO NOT ACT IMMEDIATELY.

VERIFY:

HANG UP AND CONTACT THE AGENCY DIRECTLY USING A PHONE NUMBER FROM AN OFFICIAL WEBSITE OR A TRUSTED DOCUMENT.

NEVER SHARE / DO NOT GIVE OUT:

SOCIAL SECURITY NUMBERS
MEDICARE NUMBERS
BANK ACCOUNT INFORMATION
CREDIT CARD NUMBERS
ONLINE PASSWORDS

IF YOU THINK YOU'VE BEEN SCAMMED:

STOP COMMUNICATING WITH THE SCAMMER AND CONTACT YOUR BANK OR CREDIT CARD COMPANY IMMEDIATELY!

REPORT THE SCAM TO:

FEDERAL TRADE COMMISSION SOCIAL SECURITY ADMINISTRATION OFFICE OF THE INSPECTOR GENERAL YOUR LOCAL LAW ENFORCEMENT AGENCY

WARNING SIGNS A SCAMMER MAY SAY:

- ✗ "YOUR SOCIAL SECURITY NUMBER HAS BEEN SUSPENDED."
- ✗ "YOU OWE TAXES AND MUST PAY IMMEDIATELY."
- ✗ "A WARRANT HAS BEEN ISSUED FOR YOUR ARREST."
- ✗ "YOUR MEDICARE BENEFITS WILL BE CANCELED."
- ✗ "PAY NOW USING GIFT CARDS, CRYPTOCURRENCY, WIRE TRANSFERS, OR PREPAID DEBIT CARDS."

REMEMBER:

REAL GOVERNMENT AGENCIES DO NOT DEMAND IMMEDIATE PAYMENT, THREATEN ARREST OVER THE PHONE, OR ASK FOR PAYMENT WITH GIFT CARDS OR CRYPTOCURRENCY.

GOLDEN RULE

**"IF SOMEONE
CLAIMING TO BE FROM
THE GOVERNMENT
DEMANDS IMMEDIATE
PAYMENT OR
THREATENS YOU, IT'S
PROBABLY A SCAM!"**

- STAY ALERT
- VERIFY BEFORE YOU TRUST
- PROTECT YOUR PERSONAL INFORMATION!



❖ **The Café** ❖

Open Monday thru Thursday ♦ 11:30 AM to 1:00 PM

August 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 HOT DOGS W/CHILI/CHEESE & ONIONS PASTA SALAD POTATO CHIPS DESSERT	4 CHICKEN & DUMPLINGS VEGETABLE SIDE & DESSERT BREAD & BUTTER	5 CALZONE TOSSED SALAD DESSERT GARLIC BREAD STICKS	6 BEEF & NOODLES MASHED POTATOES VEGETABLE DESSERT BREAD & BUTTER	7 <u>CAFÉ CLOSED</u>
10 SAUSAGE GRAVY OVER BISCUITS FRIED POTATOES SIDE & DESSERT	11 TUNA NOODLE CASSEROLE VEGETABLE DESSERT BREAD & BUTTER	12 RUEBENS FRENCH FRIES SIDE & DESSERT	13 FRIED CHICKEN AU GRATIN POTATOES VEGETABLE DESSERT BREAD & BUTTER	14 <u>CAFÉ CLOSED</u>
17 EGG SALAD SANDWICH SOUP POTATO CHIPS SIDE & DESSERT	18 SMOKED SAUSAGE & SAUERKRAUT PARSLEY POTATOES DESSERT CORNBREAD	19 HOT SUB SANDWICH WAFFLE FRIES COLE SLAW DESSERT	20 SALISBURY STEAK MASHED POTATOES VEGETABLE DESSERT BREAD & BUTTER	21 <u>CAFÉ CLOSED</u>
24 <u>BIRTHDAY MONDAY</u> SPAGHETTI W/MEAT SAUCE TOSSED SALAD DESSERT GARLIC BREAD	25 CHICKEN TORTILLA SOUP GRILLED CHEESE SANDWICH DESSERT	26 SALMON PATTIES MACARONI & CHEESE BUTTERED PEAS DESSERT BREAD & BUTTER	27 CHICKEN STROGANOFF VEGETABLE SIDE & DESSERT BREAD & BUTTER	28 <u>CAFÉ CLOSED</u>
31 CHEESEBURGER STEAK FRIES BAKED BEANS DESSERT				

PLEASE NOTE THAT ALL MENUS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCT

SOUP DAILY BOWL \$2.00 OR CUP \$1.50

ENTRÉE SALAD FOR MONTH

WEEK OF 08/03/26

GRILLED CHICKEN SALAD

WEEK OF 08/10/26

COBB SALAD

WEEK OF 08/17/26

TACO SALAD

WEEK OF 08/24/26

CHEF SALAD

Blue Collar Trades WORD SEARCH

E	T	M	E	C	H	A	N	I	C	L	C
L	P	U	I	M	T	Y	L	R	R	A	A
E	A	L	W	J	K	C	A	F	B	N	R
C	I	K	U	N	A	P	B	B	S	D	P
T	N	L	Q	M	C	V	O	O	W	S	E
R	T	H	Z	A	B	B	R	R	I	C	N
I	E	V	V	S	G	E	E	E	K	A	T
C	R	A	Y	O	H	R	R	F	O	P	E
I	G	C	P	N	N	B	M	O	L	E	R
A	R	O	T	A	R	E	P	O	X	R	X
N	Y	W	E	L	D	E	R	R	K	T	U

Welder
Carpenter
Plumber
Electrician

HVAC
Mason
Mechanic
Laborer

Painter
Landscaper
Roofer
Operator

FUN BINGO GAME!

Play hard! • Win prizes! • Have fun!

August 6th, 2026

MADISON COUNTY SENIOR CITIZENS CENTER
STARTING AT - 1:30 P.M.

Your game. Your victory. Members only!



SUDOKU

2				3			4	
	3	.	6					7
		9			7	1		8
		4		7	2			
	2	5		8	1	9		
1		3			6			5
				2		4		
4		6	8				7	
5			9			3		

✧ Why do we love ✧
August corn so much?
Because it's all EARS!



**MADISON COUNTY SENIOR
CITIZENS CENTER
PRESENTS:**

**50TH ANNIVERSARY
★ FREE PUBLIC CAR SHOW! ★**

**Address: 280 West High Street
London, OH. 43140**

**LUNCH AVAILABLE FOR
★ PURCHASE AT THE
SENIOR CAFE! ★**

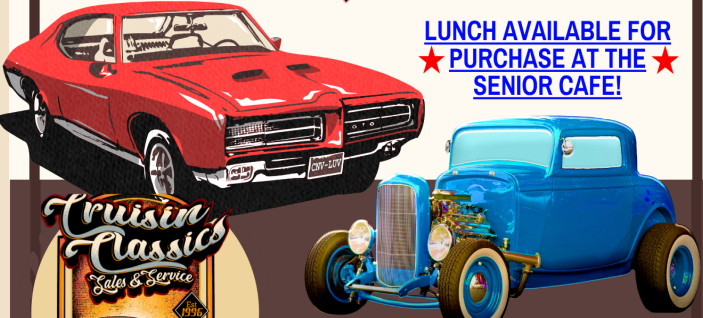
**★ Event sponsored by:
Cruisin Classics Auto Sales! ★**

★ Date: Saturday, September 19th
★ Time: 11:00 a.m. till 3:00 p.m.

★ Door Prizes Rain Date: Saturday, September 26th
★ 50/50 Drawing Time: 12:00 p.m. - 4:00 p.m.

**QUESTIONS?
CALL THE
SENIOR
CENTER
TODAY!
740-852-3001**

ALL PROCEEDS BENEFIT THE MADISON COUNTY SENIOR CITIZENS CENTER!
NOT RESPONSIBLE FOR ACCIDENTS OR VEHICLE DAMAGES






ANSWER									
2	5	7	1	3	8	6	4	9	
8	3	1	6	4	9	2	5	7	
6	4	9	2	5	7	1	3	8	
9	6	4	5	7	2	8	1	3	
7	2	5	3	8	1	9	6	4	
1	8	3	4	9	6	7	2	5	
3	1	8	7	2	5	4	9	6	
4	9	6	8	1	3	5	7	2	
5	7	2	9	6	4	3	8	1	

**Please Come for a Sneak Peek of the
2027 Trips on:**

Thursday, August 20th at 11:00 a.m.

Wendt Touring will be here with brochures and information about all the exciting trips for next year!

- Mackinac Island and the Marvels of Michigan
- The Ark Encounter in Kentucky • New Orleans
- Iceland • Nashville Country Christmas

August Birthdays!

~ *Cancer and Leo Zodiac Signs* ~

<i>Patron</i>	<i>Birthday</i>	<i>Patron</i>	<i>Birthday</i>	<i>Patron</i>	<i>Birthday</i>
Kanniard, Denise	08-01	Yoakum, Diane L.	08-12	Binns, Mary	08-26
Bard, Sondra	08-02	Lowery, Diane	08-12	Lindsey, Jackie	08-26
Chuha, Bonnie	08-02	Sullivan, Debra	08-12	Breading, Patty	08-27
Dwyer, Sally	08-02	Wall, Nancy	08-13	Feyh, Grace	08-27
Popovich, Steve	08-02	Archey, Cindy	08-14	Yost, Steve	08-28
Bloomfield, Wayne	08-02	Londergan, Beverly	08-14	Xenikis, Toula	08-28
Walker, Susan	08-02	LaVange, Kolin Scott	08-14	Hawkins, Alene	08-28
Penwell, Bennie	08-03	Roberts, Carl	08-15	Hastings, Judy	08-3
Hackett, Robert	08-03	Flanagan, Teresa	08-15	Mark, Linda	08-31
Fairbanks, Raymond	08-03	Rowley, Nancy	08-15	Boerger, Mike	08-31
Chambers, Mary Ann	08-04	Robinson, William	08-16		
Godden, Jean	08-04	Stephenson, Ronald	08-16		
Pickens, Maxine	08-04	Homeier, Cheryl	08-16		
Cobb, Ron	08-04	Isaacs, Janisse	08-16		
Ailes, Aleita	08-04	Darlington, Sandy	08-17		
Hart, Christina	08-04	Bates, James R.	08-17		
Hilsheimer, Bertha	08-04	Cordell, Steve	08-17		
Lynch, Mike	08-04	Thompson, Betty	08-18		
Stewart, Shirley	08-05	Neff, Linda K.	08-18		
Cowan, Karen	08-05	Miller, Ed	08-19		
Holley, Barbara	08-05	Dyer, Terry	08-19		
Streit, Richard	08-05	Feyh, Glenn	08-19		
Clarridge, Brenda	08-05	Evans, Panda	08-20		
Amling, Martha Tolley	08-06	Schickedantz, John	08-21		
Bigham, Jo Ann	08-07	Clarridge, John	08-21		
Maynard, Howard	08-07	Denen, Gladys	08-22		
McFarland, Theresa	08-07	Dyson, Susan	08-22		
Wilson, Gail	08-07	Furbee, Diane	08-23		
Damron, Angela	08-07	Tindle, Debby	08-23		
Goff, Cathy	08-08	Hall, Deborah	08-23		
Jaycox, Connie	08-09	McKenzie, Melinda	08-24		
Pham, Carolyn	08-09	Isaacs, Sylvia A.	08-24		
Serafinas, Marie	08-10	Weaver, John	08-24		
Maxwell, Debbie	08-10	Mitchell, Donnie	08-25		
Lloyd, Joyce	08-10	Laird, Terry	08-25		
Johnson, Ruthanne	08-11	Isaacs, Phil	08-25		
Conrad, Dwight	08-11	Blake, Joyce	08-26		



National Immunization Awareness Month

National Immunization Awareness Month, observed each August, highlights the importance of vaccination for people of all ages. Staying up to date on recommended vaccines helps protect individuals and communities by preventing the spread of disease. The observance encourages everyone to speak with a trusted healthcare provider about their vaccination needs.

Vaccines play a vital role in protecting the health of older adults. As we age, our immune systems naturally weaken, increasing the risk of serious illnesses such as influenza, pneumonia, and shingles, as well as complications that can result in hospitalization or long-term health concerns. Vaccination is especially important for individuals with chronic conditions, including diabetes and heart disease.

For information about vaccines recommended for adults age 65 and older, visit the [Centers for Disease Control and Prevention \(CDC\)](https://www.cdc.gov). Many recommended vaccines are covered by Medicare; however, coverage may vary by plan, so it is important to review your benefits for specific details.

Vaccines for Adults:

<https://www.cdc.gov/vaccines-adults/index.html>

Learn more about the Immune System:

<https://www.immunologyexplained.aai.org>



Happy August!! - Sue R.N.

Madison County Senior Center Vital Sign Clinic

A free vital sign clinic will be offered the second Tuesday of each month at the Madison County Senior Center. Our Clinic will be on August 11th at 11:00 a.m. till 12:00 p.m. by the café! Your blood pressure, heart rate, respiratory rate, temperature, and oxygen level will be taken and a card with your vital signs will be given to you to take home. The clinic will be will not be open if the Senior Center is closed.

Thank you! - Sue R.N.



Christine Walters will be
at the Center on:
Wednesday, Aug. 12th

**For a free hearing
assessment, please
call 614-991-5948 to
make an appointment
with Christine!**

MEDICARE HELP

Andy Haggard of
Central Ohio Area
Agency on Aging will
be coming to the
Center on August 7th
to help anyone with
Medicare questions!

Call for an appointment:
740-852-3001

Easy ways to support the Center!

Kroger—We have joined the Kroger Community Rewards Program. Please add us to your Kroger rewards card, we receive a donation every time you shop, easy-peasy. (It doesn't add to your bill, I promise) You can find us under our name Madison Co Sr Citizens Center Inc. What an easy way to support the Madison County Senior Center! If you need help signing up for this, come in to the Center and we will try to help you.

Planned Giving—What is it about? It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important.

If you would like more information, please contact Misty Bradley, Executive Director, at 740-852-3001. Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.

Required Minimum Distribution from your IRA—If you have an IRA and are required to take a mandatory distribution, did you know that you can make a transfer directly from your IRA to a charity of your choice and the contribution is not taxed? You can give up to \$100,000 from your IRA to a charity and it will be counted towards your RMD but isn't included in your adjusted gross income. If you want further information on how you can make a gift to the Senior Center from your IRA, please contact your financial advisor.



Friends of Madison County Parks & Trails

Supporting our community & the
Madison County Park District
since 1999

fmcpt.com
info@fmcpt.com



CHANEY & THOMAS
Insurance



Deeann Blake

104 Lafayette Street
London, Oh 43140
(740) 852-2323



VETERANS!!

WE WANT YOU...

TO KNOW WHAT YOUR BENEFITS ARE!!

We also provide transportation to and from VA medical appt.'s **and**
provide veterans ID Cards!!

Call our office for more information 740-852-0676



VETERANS SERVING VETERANS...

MNB Merchants National Bank



A REAL COMMUNITY BANK

279 Lafayette Street, London

(740) 852-4900

www.merchantsnat.com

Member
FDIC

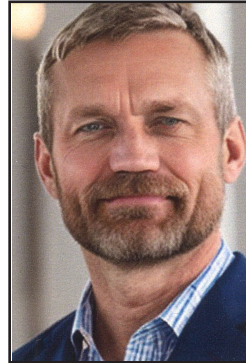
WILSON PRINTING & GRAPHICS, INC.



Tim Wilson

158 South Main Street
London, Ohio 43140
tim@wilson-printing.com

(740) 852-5934
Watts: 1-800-783-5934
Fax (740) 852-5906



JIM TUNNELL
REALTOR®

C: 740.506.0648

O: 614.871.0808

Jim.Tunnell@cbrealty.com

4011 Broadway
Grove City, OH 43123

COLDWELL BANKER | REALTY

Owned by a subsidiary of Anywhere Advisors LLC.

Whether you're looking for Independent Living or Assisted Living we have you covered!
Tours are welcome...to set up a visit please call the number below:

Bluebird 740-564-8698



Sovereign Village 740-564-6436

Sovereign Village

WHERE FREEDOM RINGS



Part-time Adult Care Aide Position

Hours: Monday – Friday 12:00 pm - 3:30 pm

Must be patient and kind

Experience is a plus, but not required; will train.

Part-time Café Cook

Hours: Monday – Thursday 8:00-1:30

(Will need to work special senior center events)

Candidate must have cooking experience, be able to operate commercial kitchen equipment, properly clean and sanitize the kitchen area, and some lifting required. Most importantly, the candidate must enjoy working with the public.

MADISON COUNTY SENIOR CITIZENS CENTER

Newsletter: August 2026

Senior Centers Address:

*P.O. Box 389
280 West High Street
London, OH 43140*

Phone Number:
740-852-3001

We're on the Web!



Website:
***mcsenior.org or on
Facebook at
Madison County Senior
Citizens Center!!***

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.

Misty Bradley, Executive Director
Ramalingam Selvarajah, M.D., Medical Director
Jessica Decker, Activity Coordinator/Marketing
Janisse Isaacs, Front Office
Marilyn Lowery, Front Office/ Substitute Driver
Susan Whipp-Schwarz, Staff Nurse
Beth Dillion, Adult Day Center Coordinator
Patsy Bricker, Adult Day Center Aide
Regina Conley, Adult Day Center Aide
Sandy Darlington, Adult Day Center Aide/Substitute
Deb Weisman, Adult Day Center Aide/Substitute
Deb Reed, Cook
Sheila Evans, Cook
Brenda Castle, Transportation Coordinator
Wayne Bricker, Driver
Mark Bires, Substitute Driver
Steven McClaskie, Substitute Driver
Mike Koesters, Substitute Driver
Richard Houser, Substitute Driver
Douglas Saunders, Substitute Driver
Luther Dolby, Maintenance