

## **IT'S A GREAT TIME TO BE A SENIOR.**

The Madison County Senior Citizen's Center has a wide range of services and activities which are aimed at keeping seniors living independently for as long as possible, as well as providing socialization opportunities.

To become a member of the center you need to be 55 years old, annual dues are \$15.00 single, \$25.00 couple. As a member you will receive a monthly newsletter to inform you of events and programs that have been planned for the month and any future events/programs. You will also receive the monthly menu for the Senior Café.

### **SOCIAL ACTIVITIES & TRIPS**

All scheduled trips are to exciting places, dinner theaters, delightful dining, historical locations, museums, ball games, gambling trips, mystery lunches and shopping trips. We also offer multi-day trips to many locations in the United States and Europe. There really is something for everyone!

All trips are offered at low costs to seniors and are escorted by staff from the center.

### **SERVICES**

- Transportation
- Adult Day Center
- Wellness Clinic
- Diabetic/Weight Loss Support Group
- Alzheimer's Support Group
- Supportive Services
- Foot Care Services
- Exercise Room
- Senior Café
- Emergency Utility Assistance

### **WEEKLY ACTIVITIES**

- Aerobics/sitting exercise
- Friday Afternoon Movie
- Yoga (Chair)
- Quilting
- Crocheting/Knitting
- Cards (Bridge-Euchre-Hand & Foot)
- Billiards
- Chair Volleyball
- Bowling (Madison Lanes)
- Chimes (Alternating Friday's)

## SERVICES & ACTIVITIES



For information about our services and activities:

Please call 740-852-3001 or stop by the center and we will be happy to answer any questions and provide a tour of our center.

## FUNDING FOR THE CENTER IS PROVIDED BY:

- Madison County Tax Levy
- Title III Grants
- National Caregiver Program
- Alzheimer's Respite Program
- Much Appreciated Donations, Service Billing and Center Fundraisers.

## MISSION STATEMENT

The purpose of the Madison County Senior Citizens Center is to encourage, foster and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, adult care services and assistance in independent living.



280 West High Street  
London, Ohio 43140

740-852-3001  
Facsimile: 740-852-3052  
mcsenior.org

### CENTER HOURS

Monday – Friday 8:00-4:00  
Tuesday – 8:00 – 7:00

## MADISON COUNTY SENIOR CITIZENS CENTER



**SERVING ALL OF  
MADISON COUNTY  
SINCE 1976**