AFRC-CPR-HRCP

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Policy Memorandum Suicide Prevention

1. References:

a. AR 600-92 Army Suicide Prevention Program, 8 September 2023.

b. AR 600-63, Army Health Promotion, 14 April 2015.

c. DoDI 6490.16, Defense Suicide Prevention Program, 2 February 2023.

d. DoDI 6400.09, DOD Policy on Integrated Primary Prevention of Self-Directed Harm and Prohibited Abuse or Harm, 11 September 2020.

2. Purpose: To establish the suicide prevention plan limits within the 1st MSC concerning the focuses on integration of a variety of strategies and activities to mitigate self-directed and other harmful behaviors.

3. Applicability: This policy applies to all personnel assigned to the 1st Mission Support Command.

4. General: Suicide prevention is essential in preserving mission effectiveness through individual readiness and resilience for Soldiers, Army Civilians, and their families. The success of a suicide prevention/intervention program is dependent on concentrated focus from leadership on activities that incorporate the physical, behavioral, spiritual, social, and cultural dimensions in their respective commands and communities.

5. Policy: Suicide prevention is a Commander's program to build and support a help seeking environment for Soldiers, identify an imminent danger, and take prompt

action to save lives. Leaders and Soldiers are trained, know how to help, demonstrate initiative, and use every resource available to save lives and reduce suicide risk.

6. Commanders must:

1. Create and support a Suicide Prevention Program
2. Appoint an additional duty Suicide Prevention Liaison to implement the

program. Utilize behavioral health professionals Militar Family Life Counselors (MFLC), and religious support professionals to provide training, assessment, intervention, and networking services.

 b. Refine Policies.

 (1) Eliminate policies that inadvertently discriminate, punish, or discourage.

Soldiers or employees from receiving professional counseling and support.

 (2) Provide annual suicide prevention training to all unit members. Ensure all training is recorded in the Digital Training Management System (DTMS).

(3) Implement policies that secure at-risk individuals' safety and ensure those

experiencing a major life crisis or significant loss have an appropriate level of

supervision and assistance.

7. Soldiers must:

 a. Live the Army Values and follow the Soldier Creed. Build trust with team members, model the Army Values, and treat each other with dignity, respect, and

compassion. Sustain physical, mental, and spiritual fitness.

 b. Participate and internalize suicide prevention training. Use available life coping skills and resiliency programs.

1. All personnel are responsible for decreasing the stigma surrounding mental health by eliminating policies, procedures, and actions that inadvertently discriminate, punish, or discourage Soldiers from seeking professional counseling.

9. Point of contact for this action is Mr. Jose Gonzalez at (787)- 707- 4160 or email at jose.a.gonzalezmarcial.civ@army.mil.

 CARLOS E. GORBEA

 COL, CA

 Commanding

DISTRIBUTION:

1st MSC Staff and Directorates

1st MSC HHD

166th RSG

210th RSG