

## TRUST IN GOD

Trust in God. A main point of belief with any known religion. As Christians we are to Trust in God wholeheartedly. We are to rely upon him for wisdom, faithfulness, and guidance in our lives. We are to trust in God in our moments of need, worry, decisions, and fear, using prayer as our gateway to God's ear.

Key scriptures to help us understand and trust in God are:

In the time of needing guidance, **Proverbs 3:5-6** states *"Trust in the Lord with all your heart and do not lean on your own understanding. In all your ways acknowledge Him, And He will make your paths straight"* and from **Psalms 37:5**, *"Commit your way to the Lord, trust also in Him, and He will do it"*.

In the time of needing peace and stability, **Isaiah 26:3-4** states *"The steadfast of mind You will keep in perfect peace, because he trusts in You. Trust in the Lord forever, For in God the Lord, we have an everlasting Rock"* and **Jeremiah 17:7**, *"Blessed is the man who trusts in the Lord, and whose trust is the Lord"*.

In the time of overcoming fear and anxiety, **Psalms 56:3-4** states *"When I am afraid, I will put my trust in You. In God, whose word I praise, In God I have put my trust; I shall not be afraid. What can mere mortals do to me?"* and **Philippians 4:6-7**, *"Do not be anxious about anything, but in everything by prayer and pleading with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and minds in Christ Jesus"*.

In the time of needing rest and comfort, **Matthew 11:28** states *"Come to me, all you who are weary and burdened, and I will give you rest"* and **Jeremiah 29:11**, *"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you a future and a hope"*.

So, reflect these verses to help understand that to have Trust in God, you will have hope, guidance, strength, courage, and confidence in your faith to overcome all challenges you may face each day.

Amen.