**Erica D. Prince, PhD, LLC**

**Licensed Psychologist**

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**TELETHERAPY CONSENT FORM**

**Definition of Services:**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, hereby consent to engage in teletherapy with Dr. Erica Prince. Teletherapy is a form of psychological service provided via internet technology, which can include consultation, treatment, transfer of medical data, emails, telephone conversations and/or education using interactive audio, video, or data communications. I also understand that teletherapy involves the communication of my medical/mental health information, both orally and/or visually.

Teletherapy has the same purpose or intention as psychotherapy or psychological treatment sessions that are conducted in person. However, due to the nature of the technology used, I understand that teletherapy may be experienced somewhat differently than face-to-face treatment sessions.

I understand that I have the following rights with respect to teletherapy:

**Client’s Rights, Risks and Responsibilities:**

1. I, the client, have the right to withhold or withdraw consent at any time without affecting my right to future care or treatment.
2. The laws that protect the confidentiality of my medical information also apply to teletherapy. As such, I understand that the information disclosed by me during

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**TELETHERAPY CONSENT FORM (continued)**

the course of my therapy or consultation is generally confidential. However, there are both mandatory and permissive exceptions to confidentiality, which are described in the general Consent Form I received and signed at the start of my treatment with Dr. Prince.

1. I understand that there are risks and consequences of participating in teletherapy, including, but not limited to, the possibility, despite best efforts to ensure high encryption and secure technology on the part of Dr. Prince, that: the transmission of my information could be disrupted or distorted by technical failures; the transmission of my information could be interrupted by unauthorized persons; and/or the electronic storage of my personal information could be accessed by unauthorized persons.
2. There is a risk that services could be disrupted or distorted by unforeseen technical problems.
3. In addition, I understand that teletherapy based services and care may not be as complete as face-to-face services. I also understand that if Dr. Prince believes I would be better served by another form of therapeutic services (e.g. face-to-face services) Dr. Prince and I will assess whether we can meet face-to-face or whether my needs are best served by a referral to a professional who can provide such services in my area.
4. I understand that I may benefit from teletherapy, but that results cannot be guaranteed or assured. I understand that there are potential risks and benefits associated with any form of psychotherapy, and that despite my efforts and the efforts of Dr. Prince, my condition may not improve, and in some cases may even get worse.
5. I accept that teletherapy does not provide emergency services. If I am experiencing an emergency situation, I understand that I can call 911 or proceed to the nearest hospital emergency room for help. If I am having suicidal thoughts or making plans to harm myself, I can call the National Suicide Prevention lifeline at 1.800.273.TALK (8255) for free 24 hour hotline support. If I am actively at risk of

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**TELETHERAPY CONSENT FORM (continued)**

harm to self or others, I understand I am not suitable for teletherapy services, and I understand I will be referred to more appropriate services by Dr. Prince.

1. I understand that there is a risk of being overheard by anyone near me if I am not in a private room while participating in teletherapy. I am responsible for (1) providing the necessary computer, telecommunications equipment and internet access for my teletherapy sessions, and (2) arranging a location with sufficient lighting and privacy that is free from distractions or intrusions for my teletherapy session. It is the responsibility of Dr. Prince to do the same on her end.
2. I understand that dissemination of any personally identifiable images or information from the teletherapy interaction shall not occur without my written consent.
3. I understand that recordings will not be made of my teletherapy sessions with Dr. Prince unless I give written informed consent and permission. I also understand that I am not permitted to make recordings of my teletherapy sessions with Dr. Prince.

I have read, understand and agree to the information provided above regarding telehealth:

Client’s signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Therapist’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_