

Manifest-Staff Medical LLC

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COVID-19 Guidance for Nursing Home and Long-Term Care Facility Workers

This protocol was adapted from the OSHA COVID-19 Guidance and is designed to keep both workers and facility residents safe. The following steps can help reduce exposure to the coronavirus for workers and residents in nursing homes and long-term care facilities:

- Sick workers must stay home.
- Workers must screen self and residents regularly for signs and symptoms consistent with COVID-19.
- Workers must self-quarantine if they have been exposed to an individual with COVID-19.
- Ask visitors visiting the facility during your shift to inform the facility if they develop a fever or symptoms consistent with COVID-19 within 14 days of their visit.
- Implement physical distancing practices to maintain at least six feet between workers/residents/visitors, including while workers perform their duties and during breaks.
- Stagger break periods to avoid crowding in breakrooms.
- Avoid large in-person gatherings whenever possible (e.g., staff meetings, resident activities).
- Practice handwashing frequently; use alcohol-based hand sanitizer with at least 60 percent ethanol or 70% isopropanol.
- Regularly clean and disinfect frequently touched surfaces in resident rooms, staff workstations, and common areas.
- Use hospital-grade cleaning chemicals.
- Use personal protective equipment (PPE) and inform/request facility to provide such PPE if they are missing.
- Continually monitor the facility's stock of PPE, and report to facility representative before PPE run out.
- Follow facility's COVID-19 policies and procedures.
- Report any safety and health concerns.