



Healing with Mama Clark

A Spiritual 12 step Journey to Healing the Hearts of Mothers who have experienced the loss of a child

Healing Begins With You.

Healing with Mama Clark is a 12-week guided program created for mothers and caregivers who have experienced the loss of a child by any means—miscarriage, accident, suicide, homicide, or police. It is designed to heal the mother so the rest of the family can witness how healing starts.

**HEAL THE MOM. HEAL THE FAMILY.
HEAL THE COMMUNITY. THE CITY. THE STATE.
THE NATION. THE WORLD.**

OUR PROGRAM STRUCTURE



12-WEEK CURRICULUM

A faith-based, step-by-step journey focused on healing, growth, self-love, and purpose.



SAFE SPACE

A judgment-free, supportive environment where you can be real, be heard, and be you.



VIRTUAL & ACCESSIBLE

All sessions are held online so you can join from the comfort of your home, wherever you are.




ONGOING COMMUNITY

You're not just in the program for 12 weeks—you're part of a community for life. Continued support, events, and check-ins keep you connected and encouraged.

BENEFITS OF THE PROGRAM

- ✔ Process and heal from grief and emotional pain
- ✔ Find hope, peace, and renewed purpose
- ✔ Build confidence and self-worth
- ✔ Learn coping skills and emotional tools
- ✔ Strengthen your faith and mindset
- ✔ Connect with other mothers who understand
- ✔ Create a healthier future for you and your family
- ✔ Be the healing your family, community, and the world needs

You don't have to do this alone.
When the mother heals, the family heals.
When the family heals, the community heals.
When the community heals, the world is changed. 

WHAT TO EXPECT EACH WEEK



Live Virtual Sessions



Guided Lessons & Workbook Activities




Group Sharing & Support




Mindset & Wellness Tools



Encouragement, Prayers & Positive Vibes

Your healing is the beginning of something bigger than you can imagine. 

Take the first step toward healing today. 

 **SIGN UP NOW:** www.stephonclarklegacy.org

 **CALL US:** (502)STEPHON | (502)783-7466



Scan to Sign Up! 

HEAL THE MOM. HEAL THE FAMILY. HEAL THE COMMUNITY.
Together, we can heal the city, the state, the nation, the world. 