

ONE BEHAVIORAL HEALTH

As the Fire Chief of the North County Fire Authority, San Mateo County and Bay Area, It is my pleasure to highly recommend the One Behavioral Health team led by Dr. Yehuda Gertel, Psy.D.

In my experience it is markedly difficult to access professionals who have the experience and technical skill to help first responders and other injured workers dealing with a mental health crises or injuries sustained on the job.

The clinical team at One BH are a highly skilled group of clinicians who understand the insider difficulties and challenges of first responders and the acute mental stresses and/or traumatic events that they are regularly exposed to. The team has a proven track record for enhancing the lives of FRs who have been struggling to find help.

One BH is a practice that prioritizes return to work but while correctly gauging the time and treatment necessary for injured workers to heal from their injury.

I have personal experience with injured FRs suffering with severe PTSD who were referred to One BH and following the provision of CBT, STEP, EMDR, clinical support and guidance, these individuals successfully overcame their PTS and returned to work.

Again, I cannot recommend One Behavioral Health highly enough.



CHIEF RON MYERS
NORTH COUNTY FIRE AUTHORITY

One Behavioral Health is Accepting New Referrals

One Behavioral Health is accepting new referrals for psychological evaluation and treatment of industrial injuries

With offices in **Northern, Central Coast, Central Valley and Southern CA** and with a **primary focus on excellent patient care, symptoms stabilization, and RTW**, we strive to raise the bar in providing accessible, quality, individualized psychological care for injured workers across CA.

17 YEARS OF CLINICAL EXCELLENCE

MAIN: (805) 220.4330
FAX: (310) 300.0491
EMAIL: PTCARE@ONEBH.ORG
WEBSITE: [HTTPS://ONEBH.ORG](https://ONEBH.ORG)