

Practical Edge Training

Leadership Reflection Guide

Use this guide to reflect on your leadership journey, celebrate your progress, and identify practical next steps for continued growth.

Leadership Wins

1. What leadership accomplishment am I most proud of?

2. What positive impact have I had on my team?

Lessons Learned

1. What leadership challenge taught me the most?

2. What would I do differently next time?

Feedback Reflection

- ☐ I regularly ask for feedback.
- ☐ I listen without becoming defensive.
- ☐ I act on constructive feedback.

What feedback has helped me grow?

Leadership Self-Assessment

Rate yourself (1 = Needs Improvement, 5 = Strong)

Communication: ____

Delegation: ____

Coaching: ____

Accountability: ____

Decision-Making: ____

Team Culture: ____

Time Management: ____

Leading Under Pressure: ____

Looking Ahead

My top three leadership goals for the next 90 days:

1. _____

2. _____

3. _____

The first action I will take this week:

Reflection Questions

- What leadership habit has improved the most?
- Which Manager Monday lesson has had the greatest impact?
- How will I continue growing after this season?

Notes:

Practical Edge Reminder

Leadership isn't about being perfect.

It's about getting a little better every day.