



Active Acne

CONTROL, CORRECT, HEAL

These Lira Clinical products are carefully curated to address Active Acne. It is essential to maintain body balance, both internally and topically when combating acne. Skin issues such as breakouts, redness, inflammation, and sensitivity can accompany an acne condition. Used daily, Lira Clinical's proven acne home care formulas promote a clear, clarified complexion.



AM



PM

1
STEP

Massage ICE Sal Cleanser into the skin for one minute, removing with tepid water.



ICE Sal Cleanser

1
STEP

Massage ICE Sal Cleanser into skin for one minute, removing with tepid water. Not intended for eye makeup removal.*



ICE Sal Cleanser

2
STEP

Apply PRO Lite Serum to face and neck allowing to completely absorb.



PRO Lite Serum

2
STEP

Apply PRO Lite Serum to face and neck allowing to completely absorb.



PRO Lite Serum

3
STEP

Apply ICE Clarifying Treatment to face as directed. (Contains benzoyl peroxide that can bleach linens and clothing.)



ICE Clarifying Treatment

3
STEP

Apply ICE Clarifying Treatment to face. (Contains benzoyl peroxide that can bleach linens and clothing.)



ICE Clarifying Treatment

4
STEP

Apply SPF Solar Shield 30 Oil Free liberally for sun protection 15 minutes before sun exposure.



SPF Solar Shield 30 Oil Free

4
STEP

Apply ICE Balancing Lotion to face and neck and allow to absorb.



ICE Balancing Lotion

Additional Instructions

* DETOX: 2-3 times weekly: Apply a thin layer of ICE Refining Masque to face and neck. Allow skin to rest for 10 minutes. With wet fingers massage masque then removing with tepid water. ICE Refining Masque can also be used as an overnight spot treatment for acne lesions.

