



# Normal / Combination

PROTECT, PREVENT, BRIGHTEN

These Lira Clinical products are carefully curated for age prevention. A daily home care program of a cleanser, serum, crème/oil, and SPF are your skin's tools for success. Remove dirt, debris, and makeup twice daily, while always finishing your morning routine with an application of SPF protection to maintain skin health and prevent future damage.



AM



PM

1 STEP

Massage BIO Enzyme Cleanser into skin for one-minute, removing with tepid water.



BIO Enzyme Cleanser

1 STEP

Massage BIO Enzyme Cleanser into skin for one-minute, removing with tepid water. Not intended for eye makeup removal.\*



BIO Enzyme Cleanser

2 STEP

Apply BIO Hydra C Serum to face and neck allowing to completely absorb.



BIO Hydra C Serum

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BIO Hydra C Serum

3 STEP

Apply SPF Solar Shield 30 Oil Free liberally for sun protection 15 minutes before sun exposure.



SPF Solar Shield 30 Oil Free

3 STEP

Apply BIO Hydra Infusion to face and neck allowing to completely absorb.



BIO Hydra Infusion

## Additional Instructions

\*DETOX: 2-3 times weekly: Massage MYSTIQ iLuminating Polisher to skin until the mastiha resin dissolves; about 1 minute. Allow sitting on the skin for up to 15 minutes then remove with tepid water.

