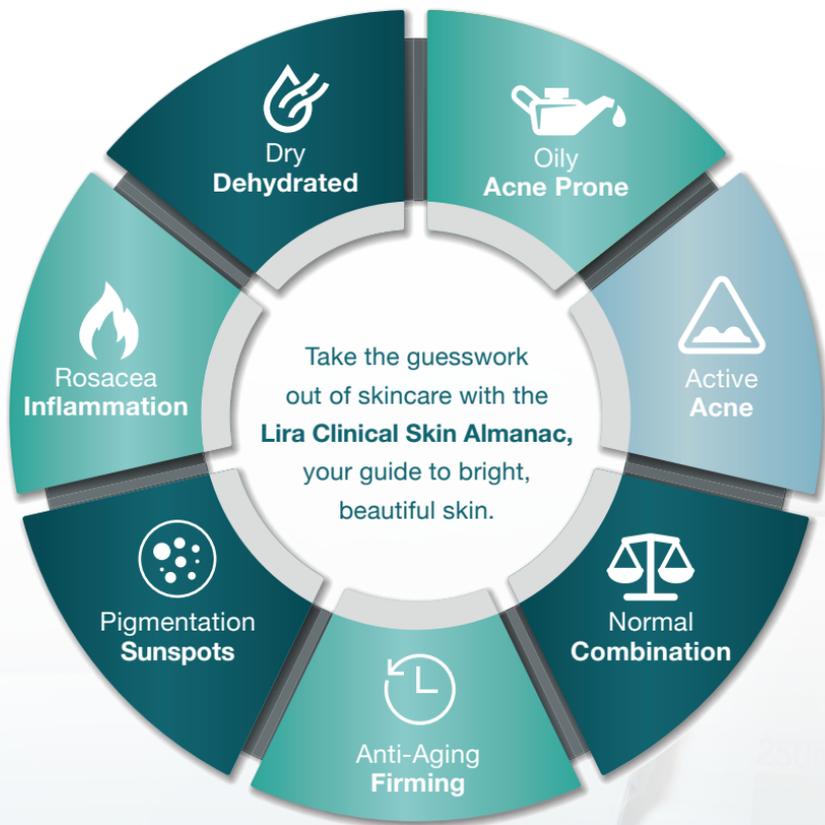


Select a **Skin Almanac Card** matching your targeted skin condition and goals. Our helpful guide includes a list of products with instructions on how, when, and how long to use them to ensure you achieve your skin goals.



Each icon represents a targeted skin condition.



Active/Acne

GOALS: Control, Correct, Heal

About Featured Products

These Lira Clinical products are carefully curated to address Active Acne. It is essential to maintain body balance, both internally and topically when combating acne. Skin issues such as breakouts, redness, inflammation, and sensitivity can accompany an acne condition. Used daily, Lira Clinical's proven acne home care formulas promote a clear, clarified complexion.

Featured Products

- ICE Sal Cleanser
- PRO Lite Serum
- ICE Clarifying Treatment
- SPF Solar Shield 30 Oil Free
- ICE Balancing Lotion
- ICE Refining Masque



1. Massage ICE Sal Cleanser into skin for one-minute, removing with tepid water.
2. Apply PRO Lite Serum to face and neck allowing to completely absorb.
3. Apply ICE Clarifying Treatment to face as directed. (*Contains benzoyl peroxide that can bleach linens and clothing.*)
4. Apply SPF Solar Shield 30 Oil Free liberally for sun protection 15 minutes before sun exposure.

Additional Instructions: _____



1. Massage ICE Sal Cleanser into skin for one-minute, removing with tepid water. Not intended for eye makeup removal.*
2. Apply PRO Lite Serum to face and neck allowing to completely absorb.
3. Apply ICE Clarifying Treatment to face. (*Contains benzoyl peroxide that can bleach linens and clothing.*)
4. Apply ICE Balancing Lotion to face and neck and allow to absorb.

**DETOX: 2-3 times weekly: Apply a thin layer of ICE Refining Masque to face and neck. Allow skin to rest for 10 minutes. With wet fingers massage masque then removing with tepid water.*

ICE Refining Masque can also be used as an overnight spot treatment for acne lesions.

Additional Instructions: _____

Use Continuously For: ____ Weeks/ ____ Days a Week

Noticeable Results In: ____ Weeks/ ____ Days



When to Use Accelerator Products

Depending on your skin condition(s) and correction needed, accelerator products can also be incorporated into your daily home care program to fast-track your skin health goals.

Accelerator Products

- ICE Clarifying Scrub
- PRO Anti-Aging Pads
- ICE Clear Stick
- BIO Hydra Infusion
- MYSTIQ iLuminating Beauty Oil
- PRO C4 Retinol Serum/PRO Retinol Crème (age dependent)

MYSTIQ Perfecting Eye Crème, BIO Hydrating Mineral Mist, and BIO Lip Factor benefit all skin types and conditions regardless of age.

Additional Instructions: _____

Esthetician Contact Information



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