

## **Skin** Almanac

A Guide to Bright, Beautiful Skin

Select a **Skin Almanac Card** matching your targeted skin condition and goals. Our helpful guide includes a list of products with instructions on how, when, and how long to use them to ensure you achieve your skin goals.



Each icon represents a targeted skin condition.



## **About Featured Products**

These Lira Clinical products are carefully curated for age prevention. A daily home care program of a cleanser, serum, crème/oil, and SPF are your skin's tools for success. Remove dirt, debris, and makeup twice daily, while always finishing your morning routine with an application of SPF protection to maintain skin health and prevent future damage.

## **Featured Products**

- BIO Enzyme Cleanser
- BIO Hydra C Serum
- SPF Solar Shield 30 Oil Free
- BIO Hydra Infusion
- MYSTIQ iLuminating Polisher



- 1. Massage BIO Enzyme Cleanser into skin for one-minute, removing with tepid water.
- 2. Apply BIO Hydra C Serum to face and neck allowing to completely absorb.
- 3. Apply SPF Solar Shield 30 Oil Free liberally for sun protection 15 minutes before sun exposure.

Additional Instructions:		
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1.	Massage BIO Enzyme Cleanser into skin for one-minute,	
	removing with tepid water. Not intended for eye makeup removal	
2.	Apply BIO Hydra C Serum to face and neck allowing to	
	completely absorb.	
3.	Apply BIO Hydra Infusion to face and neck allowing to	
	completely absorb.	
	*DETOX: 2-3 times weekly: Massage MYSTIQ iLuminating	
	Polisher to skin until the mastiha resin dissolves; about	
	1 minute. Allow to sit on skin for up to 15 minutes then	
	remove with tepid water.	
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Ac	Iditional Instructions:	
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Use Continuously For: \_\_\_\_ Weeks/\_\_\_ Days a Week
Noticeable Results In: \_\_\_ Weeks/\_\_\_ Days



## When to Use Accelerator Products

Depending on your skin condition(s) and correction needed, accelerator products can also be incorporated into your daily home care program to fast-track your skin health goals.

AC	celerator Products			
	PRO Lite Serum	MYSTIQ Perfecting Eye Crème, BIO Hydrating Mineral Mist, and BIO Lip Factor benefit all skin types and conditions regardless of age.		
	ICE Refining Masque			
	BIO Lift Crème			
	PRO Anti-Aging Pads			
	MYSTIQ iLuminating Beauty Oil			
Additional Instructions:				
Esthetician Contact Information				



Be Bright. Be Beautiful.