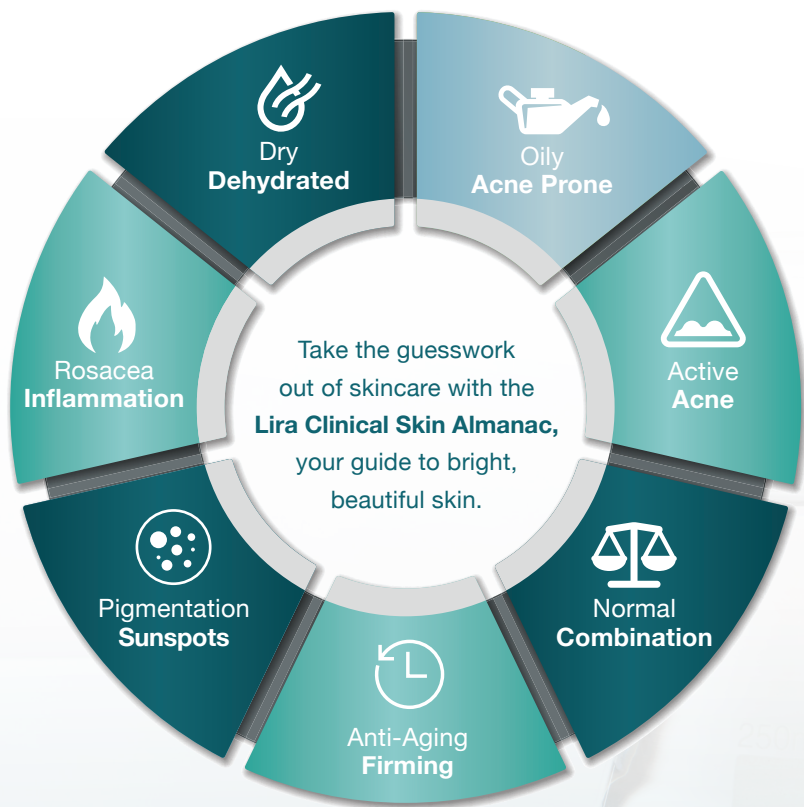


Select a **Skin Almanac Card** matching your targeted skin condition and goals. Our helpful guide includes a list of products with instructions on how, when, and how long to use them to ensure you achieve your skin goals.



Each icon represents a targeted skin condition.



Oily/Acne Prone

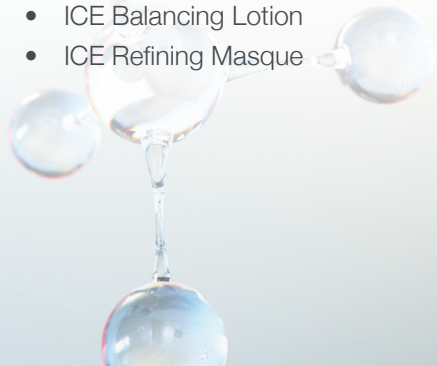
GOALS: Clear, Calm, Correct

About Featured Products

These Lira Clinical products are chosen to promote a clear, clarified complexion. Whether your skin is environmentally-stressed or experiencing regular breakouts, Lira Clinical Oily/Acne Prone home care products complement professional treatments to correct acne and redness, maintain a clear complexion, and prevent future breakouts.

Featured Products

- ICE Sal Cleanser
- BIO Hydra C Serum
- SPF Solar Shield 30 Oil Free
- ICE Balancing Lotion
- ICE Refining Masque





1. Massage ICE Sal Cleanser into skin for one-minute, removing with tepid water.
2. Apply BIO Hydra C Serum to face and neck allowing to completely absorb.
3. Apply SPF Solar Shield 30 Oil Free liberally for sun protection 15 minutes before sun exposure.

Additional Instructions: _____



1. Massage ICE Sal Cleanser into skin for one-minute, removing with tepid water. Not intended for eye makeup removal.*
2. Apply BIO Hydra C Serum to face and neck allowing to completely absorb.
3. Massage ICE Balancing Lotion into face and neck.

**DETOX: 2-3 times weekly: Apply a thin layer of ICE Refining Masque to face and neck. Allow skin to rest for 10 minutes. With wet fingers massage masque then removing with tepid water.*

ICE Refining Masque can also be used as an overnight spot treatment for acne lesions.

Additional Instructions: _____

Use Continuously For: ____ Weeks/ ____ Days a Week

Noticeable Results In: ____ Weeks/ ____ Days



When to Use Accelerator Products

Depending on your skin condition(s) and correction needed, accelerator products can also be incorporated into your daily home care program to fast-track your skin health goals.

Accelerator Products

- PRO Lite Serum
- PRO Anti-Aging Pads
- ICE Clear Stick
- ICE Clarifying Scrub
- PRO C4 Retinol Serum

MYSTIQ Perfecting Eye Crème, BIO Hydrating Mineral Mist, and BIO Lip Factor benefit all skin types and conditions regardless of age.

Additional Instructions: _____

Esthetician Contact Information



Be Bright. Be Beautiful.

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