



Natural Sprout Company, LLC

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Technical Specifications

Spelt Sprout Powder

Certified Organic; Certified Kosher

- » Produced in the Heart of the Ozarks
- » Hydroponically grown
- » Environmentally controlled growth
- » Nutrient rich organic growing conditions
- » Timed growth for optimal activity
- » All natural “Live Superfood”
- » Low temperature air-dried
- » Grown fresh to order
- » 60 mesh powder
- » Micro-biological testing included

Potential Benefits:

- » Good source of dietary fiber
- » Ancient whole grain related to wheat
- » High bioavailability due to high water solubility
- » Lubricating, warming and more digestible than most other grains

Live Nutritional Profile: Spelt contains abundant phytochemicals, enzymes, and mucopolysaccharides in addition to abundant proteins, fats and crude fibers.

Amino Acids

typtophan
cystine
lysone
leucine
threonine
methionine
valine
phenylalanine
isoleucine

Minerals

calcium
iron
potassium
magnesium
manganese
zinc
copper

Vitamins

vitamin A
vitamin C
vitamin E
thiamine (B1)
riboflavin (B2)

Essential Fatty Acids

caprylic acid
caprinic acid
laurinic acid
myristinic acid
myristoleinic acid
palmitic acid
palmitoleinic acid
stearic acid
oleic acid
linoleic acid
linolenic acid
arachinic acid
behenic acid
erucainic acid
nervonic acid
linocerinic acid
eicosadienic
arachidonic

* Spelt is rich in polyunsaturated fats and contains no cholesterol.