LeggingsForYoga ${ }^{\circledR}$

BRAS SIZE GUIDE

| SIZE | US | EU | UK | CUP SIZE inches | Underband Measurement cm / inches |
| :---: | :---: | :---: | :---: | :---: | :---: |
| XS | 4 | 32-34 | 4-6 | 30-32 | $\begin{aligned} & 63-67 \mathrm{~cm} \\ & 25^{\prime \prime}-26^{\prime \prime} \end{aligned}$ |
| S | 6 | 36-38 | 8-10 | 32-34 | $\begin{aligned} & 68-72 \mathrm{~cm} \\ & 27^{\prime \prime}-28^{\prime \prime} \end{aligned}$ |
| M | 8 | 40 | 12 | 34-36 | $\begin{aligned} & 73-77 \mathrm{~cm} \\ & 29 "-30 \prime \prime \end{aligned}$ |
| L | 10 | 42 | 14 | 36-38 | $\begin{aligned} & 78-82 \mathrm{~cm} \\ & 31^{\prime \prime}-32^{\prime \prime} \end{aligned}$ |
| XL | 12 | 44 | 16 | 38-40 | $\begin{gathered} 83-87 \mathrm{~cm} \\ 33^{\prime \prime}-34 \prime \prime \end{gathered}$ |

## Bras Sizing Help

## TAKING YOUR BRA SIZE MEASURMENTS:

1. Measure around the fullest part of your bust. Make sure the tape measure is taut and straight. This determines your cup size.
2. Around your rib cage, directly underneath your breasts. The tape measure should be horizontal around your body and not drop in the back. This is your band size.
