

DIMITRA PAPADOPOULOU

Larnaca, 7080, Cyprus
Athens, 16343, Greece
Mobile: +306987307531, +35799084397
E-mail: info@dpforensic-psychology.com
LinkedIn: www.linkedin.com/in/dpappsy
Website: www.dpforensic-psychology.com

FIELDS OF INTEREST

PSYCHOLOGY, FORENSICS, CRIMINAL JUSTICE, FAMILY MEDIATION

EDUCATION

10/2025 – Currently	Cognitive Behavioral Therapy CBT Therapist in Training Greek Association for Cognitive Behavioral Psychotherapies (GACBP - EABCT)
10/2022 – 08/2024	MSc in Forensic Psychology University of Central Lancashire (UCLan) Cyprus, UK Award and Masters Degree with Merit.
02/2018 – 06/2021	International Honors Programme
09/2016 – 06/2021	BA (Hons) in Psychology Open University Validated (UK) Deree – The American College of Greece Specialization in Psychology; 3.54/4.00, Second Class Honours (1 st Division), Magna Cum Laude
09/2013 – 06/2016	Apolyterion, 19.5/20 Public General Highschool of Vouliagmeni

OTHER COURSES

Courses 12/2021 – 02/2022 Forensic Psychiatry & Psychology (Online Course) | National and Kapodistrian University of Athens | Supplementary Distance Education Programme (E-Learning) of the Center of Continuing Education and Lifelong Learning.

Projects 2026 - Author, Οι Ιστορίες της Δρ. Ψυχής (The Stories of Dr. Psyche) | A children's book integrating Cognitive Behavioral Therapy (CBT) principles to promote emotional regulation and psychological resilience in early childhood.

The Deterring and Reinforcing Effect of Child Sex Robots and Dolls on Paedophilic Individuals

Evaluating the Safe Touches: A Child Sexual Abuse Prevention Interventions for Greek Students

Parental Corporal Punishment and Punitive Legal Attitudes

Recommendations to Increase Funds in ACG - Improving Financial Strategy for Fundraising in Non-profit Academic Institutions

WORK EXPERIENCE

11/2025 – Currently	Christos Th. Theodoulou LLC, Office Administrator/Legal Assistant - Cyprus <ul style="list-style-type: none">Managed communication with clients, courts and other legal professionals.Provide support in cases requiring forensic psychological insightCoordinated court deadlines, maintained confidential digital and physical filing systems, and managed office scheduling.Communicated with government authorities and various organizations, managing formal correspondence.Facilitated company registrations and managed legal documentation.
04/2025 – Currently	DP – Forensic Psychology Ltd, Founder/ Independent Forensic Psychologist – Cyprus <ul style="list-style-type: none">Conducted forensic psychological assessment and evaluations for private clients, legal professionals and judicial bodies, providing expert insights to inform legal proceedings.

- Administered and interpreted a comprehensive battery of psychometric instruments (including MMPI-3, MCMI, PCL-R, SAVRY and HCR-20) to report on clinical pathology and recidivism risk.
- Liaised with government authorities ensuring case management and adherence to legal timelines.
- Produced detailed forensic reports summarizing diagnostic findings for judicial and clinical review.
- Delivered evidence-based CBT interventions tailored to forensic and clinical populations.
- Provided expert witness testimony in court proceedings.

02/2025 – Currently

EPIDRASI ZOIS, Program Facilitator/Psychologist - Cyprus

- Facilitated Acceptance and Commitment Therapy (ACT)-based group interventions in school settings
- Provided individual psychological sessions to children and adolescents.
- Delivered psychoeducational content
- Collaborated effectively with school staff to integrate interventions within the educational environment

03/2025 – 08/2025

MESOGIOS Foundation - Prevention & Health, Prevention Officer – Cyprus

- Facilitated self-help group therapy sessions focused on health promotion and addiction prevention/recovery.
- Managed the planning and execution of events.
- Delivered tailored psychological interventions based on CBT and psychological support services to individuals on their addiction recovery journey.

08/2024 – 08/2025

VERESIES MEDICAL CENTER, Assistant Psychologist – Cyprus

- Provided individualized psychological support and counseling to patients addressing various forms of addiction.
- Administered and interpreted a range of psychological tests and assessments to aid in diagnosis and treatment planning.
- Delivered immediate Psychological First Aid (PFA) to individuals experiencing acute distress or crisis.
- Facilitated therapeutic group sessions, fostering a supportive environment for recovery.
- Prepared comprehensive psychological reports for court proceedings and legal documentation.
- Managed clinic administration, including scheduling appointments, maintaining confidential patient records, and coordinating referrals.

03/2024 – 08/2024

SOVEREIGN BASE AREAS POLICE, Trainee Forensic Psychologist, Internship – Cyprus

- Applied Cognitive Behavioral Therapy (CBT) principles and techniques under supervision in a forensic setting.
- Provided individual psychological counseling and support to detainees.
- Collaborated effectively with interpreters to ensure accurate and culturally sensitive communication during client interactions and assessments.

02/2024 -06/2024

CYPRUS RED CROSS SOCIETY, MENNOGIA DETENTION CENTER, Trainee Forensic Psychologist, Internship – Cyprus

- Provided critical psychosocial support and immediate mental health first-aid services to immigrants in a detention environment facing deportation.
- Delivered targeted psychoeducational sessions, empowering individuals with coping strategies and information on mental well-being during stressful transitions.
- Facilitated therapeutic interventions using art, enabling non-verbal expression and emotional processing for individuals in distress.

03/2024 – 08/2024

VERESIES CLINIC, Trainee Forensic Psychologist, Internship – Cyprus

- Administered and interpreted specialized psychological assessments, including EuropASI and Treatment Demand Indicator (NAAC), to evaluate alcohol and substance use, as well as gambling patterns and severity.
- Conducted vulnerability assessments, utilizing tools such as the Mini-Mental State Examination (MMSE), to screen for cognitive impairment and inform client capacity.
- Performed standardized psychological testing to assess and quantify levels of stress and depression in clients.

- 11/2023 – 08/2024 **THE PSYCHOLOGICAL AND WELLBEING COUNSELING CENTER (PWCC), Trainee Forensic Psychologist, Internship – Cyprus**
- Provided individualized psychological counseling and support to clients addressing a range of mental health and well-being concerns.
 - Applied Cognitive Behavioral Therapy (CBT) principles and techniques under supervision.
 - Co-facilitated therapeutic group sessions, fostering a supportive environment for participants to explore shared challenges and build skills.
- 11/2023 – 02/2024 **FORENSIC PSYCHOLOGY PRACTICE Ltd, Trainee Forensic Psychologist, Remote Internship – United Kingdom**
- Assisted in the drafting and preparation of comprehensive forensic psychological reports for various legal proceedings, including family court matters.
 - Conducted remote scoring and interpretation of specialized psychometric instruments, including STI-R, PDS, CSB, and MCMI, contributing to risk and diagnostic assessments.
 - Supported the psychological assessment process by gathering and synthesizing clinical data for forensic evaluations.
 - Contributed to assessments of mental health capacity, evaluating individuals' ability to make specific decisions within legal frameworks.
- 10/2023 – 12/2023 **ΟΜΑΔΑ ΑΜΕΣΗΣ ΠΑΡΕΜΒΑΣΗΣ (ΟΑΠ), Trainee Forensic Psychologist, Internship – Cyprus**
- Provided immediate psychological intervention to manage disruptive conduct and de-escalate crises in the school environment.
 - Delivered individualized mentoring to a student diagnosed with ADHD, fostering positive behavioral development and enhancing coping skills.
 - Offered direct classroom support, implementing behavioral strategies to assist the student with self-regulation.
 - Implemented early behavioral intervention strategies to address emerging challenging behaviors and prevent escalation.
 - Utilized play therapy techniques to facilitate emotional expression and address behavioral difficulties in children.
- 07/2023 – 08/2023 **FOUNDEVER, Customer Service Agent (E-Finance Industry) – Cyprus**
- Communicated complex financial data clearly, ensuring customer understanding and reducing confusion.
 - Resolved customer disputes and provided effective solutions with a focus on empathy and efficiency.
 - Managed a large volume of calls while consistently maintaining high performance standards and call handling times.
 - Demonstrated essential technical expertise in CRM systems and customer support tools.
- 01/2019 – 04/2019 **ALBA, Graduate Business School, Receptionist – Athens, Greece**
- Managed the distribution of attendance lists and ensured classrooms were meticulously prepared for lectures.
 - Handled high-volume incoming calls, efficiently directing inquiries to appropriate departments and personnel.
 - Provided a welcoming first impression by greeting and professionally escorting students, visitors, and professors.
 - Contributed to building security by diligently monitoring visitors' access and adhering to established protocols.
- 05/2019 – 06/2019 **PIERCE COLLEGE, The American College of Greece, Nurses' Assistant – Greece**
- Accurately recorded patient information and clinical data into the edgeMED electronic health record system.
 - Adhered strictly to patient confidentiality protocols and data privacy regulations for all medical records.
 - Provided essential basic care to patients, ensuring their well-being and supporting nursing staff.
 - Managed the inventory and organization of first-aid kit supplies, ensuring full preparedness for the summer camp program.
- 09/2018 – 04/2019 **Private Tutor & Childcare Provider – Athens, Greece**
- Provided private personalized English language instruction to children.
 - Delivered engaging and safe childcare services within the home environment, ensuring a nurturing atmosphere.

SEMINARS

02/2021	Inside your Mind Webinar – G. Lagios (Psychotherapist)
02/2021	NYSPCC- Safe Touches: A Sexual Abuse Prevention Program for Children
01/2021	International Etiquette Coach – Luxury London Academy (Business Etiquette, Diplomacy & Tact, Protocol, Social & Dining Etiquette)
06/2020	Webinar on Relationship Intelligence – G. Lagios
01/2020	Attachment Parenting Hellas – Interpersonal Trauma and Sex Education in Child Protection
11/2019	American Studies Seminar – The Threats to Democracy from the Spreading of Disinformation: The Impact on International Affairs, Politics, and Public Opinion
10/2019	Connecting Loading: Investigating Crime in the Digital Era – Presentation on Cybercrime, Cybersecurity, Cyberpsychology
10/2019	4th Annual International Day Of Action Against Contract Cheating – Interactive Board Game
10/2019	Mind Body Spirit Festival
01/2019	CPR Training
11/2018	Instagram Seminar, Korelko Distance
05/2017	Green Roof Course, European Federation of Green Roofs (EFB)
01/2016	Informative Seminar on Alzheimer’s Disease and Dementia, Alzheimer Athens
01/2024	woRksitE COMMUnIcaTion- RECOMMIT
03/2024	ΕΓΚΛΗΜΑΤΑ ΚΑΙ ΜΜΕ – Conference KEME, CYCFSC, Δικαστικό Ρεπορτάζ, Κέντρο Εγκληματολογίας και Δικανικών Επιστημών (Κύπρου)
06/2024	Administering, Scoring and Interpreting MMPI-II – ISON PSYCHOMETRICA (24 Hours)
09/2024	Certified Family Mediator - ADR - Cyprus Center for Alternative Dispute Resolution (50 Hours)
04/2025	Ethical and Deontological Issues in the Practice of Psychotherapy (10 Hours) – Psyversity

PARTICIPATIONS

06/2025	14η Πανελλήνια Συνάντηση Φορέων Πρόληψης.
02/2025	Mental Health Week Conference – UCLan Cyprus
02/2024	Mental Health Week Conference – UCLan Cyprus
11/2019	Deree – The American College of Greece – Career Days 2019 <ul style="list-style-type: none">Participated in multiple mock and actual interviews with various renowned companies in the field of law, health care, human resources and pharmaceuticals
06/2019 – 06/2021	Deree– The American College of Greece – Ambassador <ul style="list-style-type: none">Represented the college and assisted in formal eventsEncouraged students to get involved in student life and ensured new students settled inAnswered questions of prospective students and their familiesWelcomed prospective students and their families to campus, and conducted campus tours
06/2019 – 02/2020	Government Body, Secretary for the Psychology Society (IHP) - Deree Society <ul style="list-style-type: none">Handled formal internal and external communicationOrganized events and workshops/lectures for studentsUtilized problem-solving techniquesPromoted positive relationships with clubs, societies, the students and their professorsCooperated with the Public Affairs Office for campaigns/eventsKept meeting minutes and updated documents
06/2019 – 02/2020	Government Body, Public Relations Officer for the International Honors Program Society (IHP) - Deree Society <ul style="list-style-type: none">Organized events for studentsPromoted the program to new studentsBuilt positive relationships with clubs, societies and the college community.Cooperated with the Public Affairs Office for campaigns (Smoke Free Campus)
06/2019 – 08/2020	Government Body, Vice President of Better Days for Strays (BD4S) - Deree College Club <ul style="list-style-type: none">Handled formal internal and external communicationDelegated tasks to the governing body, organized events, arranged meetings,Helped organized adoption driveDesigned business cards and logo
10/2018	Deree Invitational Tournament, Adjudicator <ul style="list-style-type: none">Selected from the Deree Debate Club to participate in the Deree Open Debate Tournament as a judge
06/2018	Creative Project in Annual Student Research and Creative Arts Symposium, Exhibitor <ul style="list-style-type: none">Presented a creative project for the ‘Innovation in Action’ course under the International Honours ProgramExhibited the pivotal process, business model, and a physical representation of my project and website.Submitted an international letter correspondence prototype (Homing Snail)

04/2018

- Developed a website for the demonstration of related services

Barcelona Open Debate Tournament, Adjudicator

- Selected from the Deree Debate Club to participate in the Barcelona Open Debate Tournament as a judge

KEY SKILLS

Language	Greek (Native), English (Fluent/C2), Arabic (A1)
Technical	MS Office 365, Social-Media, APA, MLA, Photoshop, SPSS, Qglobal
Professional	Experienced in administering and interpreting psychological assessments, such as MMPI-II, HCR-20, PDS, PCL-R, SAVRY, MCMI, MMSE, to evaluate personality and cognitive functioning. Skilled in conducting structured and semi-structured interviews to gather information about an individual's history, mental state, and behaviour. Experience in writing clear and concise forensic reports that summarize assessment findings and provide expert opinions for legal proceedings. Ability to explain the results of complex psychological evaluations to lawyers, judges, and juries for expert testimonies. Experience in working with individuals with addictions, able to provide support and de-escalation. Meticulous organization, attention to detail, and a commitment to staying current with forensic psychology research.

MEMBERSHIPS

12/2022	SEPS: Member of the Association of Greek Psychologists
12/2022	Member of EFPA: European Federation of Psychologists' Associations
07/2024	APA Membership: American Psychological Association (C2404932641)
02/2025	Συμβούλιο Εγγραφής Ψυχολόγων Κύπρου (ΣΕΨ)
03/2025	Σύνδεσμος Ψυχολόγων Κύπρου
09/2024	Certified Family Mediator - Cyprus Center for Alternative Dispute Resolution

VOLUNTEERING

07/2025 – 08/2025	Cops Cats Center – Educational Center Facilitator – Dhekelia, Cyprus <ul style="list-style-type: none">▪ Educated visitors on the importance and implementation of TNR (Trap-Neuter-Return) programs to improve feline welfare.▪ Coordinated fundraising events▪ Managed inventory and sales for center merchandise▪ Facilitated daily center activities, including front-of-house customer service and the accurate processing of financial donations and registrations.
02/2025 - Currently	«Επίδραση» Προληπτικό Πρόγραμμα Από Το Ερευνητικό Κέντρο Inspire, UCLan – Cyprus και Το Ίδρυμα Μεσόγειος – Προληψη & Υγεια (Program Facilitator, Psychologist).
02/2021 – 05/2021	ACG student-volunteer in ELIZA-Society for the Prevention of Cruelty to Children
06/2019 – 07/2019	ACG Buddies, Student Volunteer for International Students
06/2019	Tedx Athens - The State of X, Volunteer, Spectator Services Volunteer/Ambassador <ul style="list-style-type: none">▪ Helped create an overall positive experience for the guests▪ Welcomed visitors and speakers and guided people to the venue▪ Contributed to the security of the building by helping to monitor visitors' access
06/2018 – 08/2019	Government Body, Social Media Coordinator for Better Days for Strays (BD4S) - Deree College Club <ul style="list-style-type: none">▪ Organized trips to "Save a Greek Stray (SGS)" shelter▪ Engaged and recruited members▪ Monitored clubs' website and social media▪ Planned internal events▪ Sanitized the kennels and cleaned the exterior space, fed the dogs
08/2015 – 08/2016	Assistant for ANIMA - Association and Protection of Wildlife <ul style="list-style-type: none">▪ Fed and cared for injured or sick wild animals▪ Provided them with medicine around the clock▪ Answered phone calls and guided rescuers
07/2015 – 07/2015	Volunteering – Reforestation <ul style="list-style-type: none">▪ Reforestation of the Hymettus Mountain after the wildfires▪ Care for injured animals

INTERESTS

My passion lies at the intersection of psychology and law. I actively explore new research in forensic psychology driven by a desire to apply this knowledge to contribute to a fairer and more just legal system. Beyond my professional interests, I'm committed to personal growth and skill development. My interest in etiquette highlights an appreciation for professional conduct and effective communication. Learning foreign languages showcases my dedication to

continuous learning and cultural understanding. Additionally, participation in debate and Model United Nations (MUN) has significantly honed my public speaking, critical thinking, and negotiation skills.

REFERENCES

References available upon request