



POLICY NAME: Coach Code of Behaviour
DATE OF ISSUE: 29.07.2025

CONTROLLING BODY: Board of Obstacles Australia Ltd

COACH CODE OF BEHAVIOUR

In addition to Obstacle Australia General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by Obstacle Australia, Ninja Leagues, Partners or an affiliated club and in your role as a coach appointed by Obstacle Australia:

1. Abide by the rules, policies and procedures of Obstacle Australia
2. Coach to the best of your ability at all times
3. Be a part of the team, remember that all coaches are of equal importance
4. Be mindful, respectful and considerate of all members requirements
5. Behave and perform in a positive and motivating way
6. Lead by example and be a positive role model
7. Work and coach toward fair and reasonable results for each individual
8. Do not tolerate acts of aggression
9. Be familiar with all documentation pertaining to your particular area of coaching
10. Actively seek further knowledge and skills
11. Provide feedback to participants in a manner sensitive to their needs. Avoid overly negative feedback.
12. Recognise participants' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
13. Treat all participants fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
14. Encourage and facilitate participants' independence and responsibility for their own behaviour, performance, decisions and actions.
15. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the participants.
16. Ensure any physical contact with participants is appropriate to the situation and necessary for the participant's skill development.
17. Be acutely aware of the power that you as a coach develop with your participants in the coaching relationship and avoid any sexual intimacy with them that could develop as a result.
18. Avoid situations with your participants that could be construed as compromising.
19. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances
20. Remember you're a representative of Obstacle Australia at all times
21. Be happy and proud that you are a part of a great team
22. Report any breaches of any codes or policies