



ALL DAY BRUNCH

BIRCHER MUESLI (VG)

\$13

Yoghurt, apple & honey soaked oats with berries, currants, pumpkin seeds, walnuts, almonds & chia seeds

JUST TOAST

\$7

Sourdough (white or multiseed) by Cobb Lane Bakery served with choice of jam, Vegemite peanut butter or honey

Gluten free bread/ fruit toast

\$8

BREKKY BURGER

\$12

Fried egg, bacon, avocado, halloumi & house made relish on milk bun

PORTOBELLO MUSHROOM OMELETTE (VG / DF)


\$16

Fresh chillies & spring onions, feta, crispy shallots, sriracha on sourdough

AVO ON TOAST (VG / VO / DFO)

\$18

Citrus avocado smash, beetroot hummus, feta, pomegranate, poached egg & dukkah on multiseed sourdough

 **VEGAN VERSION** replace feta and egg with thyme roasted mushrooms or cherry tomato salad

BABA GANOUSH ON TOAST (V)

\$15

Smoky baba ganoush, grilled broccoli, cherry tomato, pickled vegetables on sourdough

poached egg \$2

+ ADD halloumi \$2

THE BENNY

\$19

Poached eggs, spinach, paprika hollandaise with smoked salmon or ham on toasted milk bun

THYMED MUSHROOMS (VG / VO / DFO)

\$14

Thyme roasted Portobello mushrooms, spinach, beetroot hummus, roasted pine nuts & pesto on sourdough

+ ADD poached egg \$2

feta \$2

SUPER SALAD BOWL (V / GF)

\$17

Brown rice & quinoa, spinach, pickled vegetables, grilled broccoli, cherry tomatoes, beetroot hummus, avocado, house made dressing & roasted almonds

+ ADD poached egg \$2

WARM CHICKEN SALAD (GF)

\$20

Marinated chicken (free range), garden greens, onions, cherry tomatoes, pickled cucumber, honey mustard mayonnaise & toasted pine nuts

FREE RANGE EGGS YOUR WAY

\$11

2 poached, scrambled or fried eggs on sourdough (white or multiseed)

SIDES

Hollandaise, baba ganoush, beetroot hummus, house made relish \$2

Grilled tomato, thyme roasted mushrooms, feta, halloumi \$4

Smoked salmon, ham, bacon, avocado \$5

FOR THE LITTLE ONES

KIDS EGG AND SOLDIERS

\$6

1 poached or fried egg with toasted sourdough soldiers

HAM OR TOMATO & CHEESE TOASTIE

\$6

SANDWICHES & BAKED GOODS

See cabinet display

HOT DRINKS

	REG	LAR
FIVE SENSES SPECIALTY COFFEE	\$4	\$4.5
MOCHA FIVE SENSES COFFEE & BOUTIQUE CHOCOLATE	\$4.5	\$5
BOUTIQUE HOT CHOCOLATE	\$4	\$4.5
CHAI LATTE spice, vanilla or vegan	\$4	\$4.5
BREWED CHAI		\$5.5
TURMERIC LATTE WITH COCONUT MILK & HONEY	\$4	\$4.5
MATCHA LATTE	\$4	\$4.5

LOOSE LEAF TEA



\$4.5

Earl Grey

Peppermint

English Breakfast

Chamomile

Jasmine Green Tea

Lemongrass & Ginger

ICED

FIVE SENSES ESPRESSO WITH MILK & ICE	\$5.5
FIVE SENSES LONG BLACK & ICE	\$5
MOCHA FIVE SENSES COFFEE & BOUTIQUE CHOCOLATE	\$6
BOUTIQUE ICED CHOCOLATE	\$5

MILK

Almond Milk Lab

Soy Boy

Bonsoy

Oat Califia

Coconut Milk Lab

Lactose Free

+ 70c

+ 50c

FRESH MARKET JUICES, COLD PRESSED JUICES, SMOOTHIES

See display fridge

SOFT DRINKS

CAPI	\$4.5
Blood Orange, Pink Grapefruit, Spiced Ginger Beer	
NAKED LIFE (SUGAR FREE)	\$4.7
Ginger & Pomegranate, Raspberry & Lime	
SAN PELLEGRINO SPARKLING • 250ml	\$4
SAN PELLEGRINO SPARKLING • 500ml	\$6.5
STILL	\$3
COCA COLA - COCA COLA ZERO	3.5