

All Day Breakfast

Toast White or Multi Seed Sourdough	\$7
with butter, jam, vegemite, peanut butter or honey	
Granola	\$9.9
with rhubarb compote and natural yoghurt	
Free Range Eggs Your Way	\$11.5
Temporarily not available on sourdough toast (white or multi seed)	
<u>+ADD</u> grilled tomato	\$2
<u> </u> sautéed spinach	\$3
<u> </u> sautéed thyme mushrooms	\$3.5
<u> </u> bacon	\$3
<u> </u> chorizo	\$4
Mushroom-Omelette	\$10.9
with spring onions, Sriracha-mayo on sourdough	
<u>+ADD</u> bacon	\$3
<u> </u> tomato	80c
Zucchini-Omelette Croissant	\$11.9
<u>+ADD</u> feta	\$2
Ham & Cheese Croissant	\$ 9
<u>+ADD</u> tomato	80c
Breakfast Burrito	\$12.9
Scrambled eggs, chorizo, spinach, avocado, tomato salsa, jalapeño sauce	
Avocado	\$15.9
Temporarily not available with hommus-beetroot purée, snow pea tendrils and dukkah on multi seed sourdough	
<u>+ADD</u> poached egg	\$2
<u> </u> feta	\$2
Buttermilk Pancakes	\$16.9
Temporarily not available with ricotta-pistachio mousse, fresh fruit, Canadian Maple Syrup	



Lunch

SOUP of the WEEK

Quinoa & Roasted Vegetable Salad \$14.9

Temporarily not available

Quinoa, thyme roasted zucchini and eggplant, baby cos, rocket, hommus, pomegranate

+ADD feta or goats cheese \$2

Garden Salad \$ 9

Rocket, baby cos, cherry tomatoes with house dressing

+ADD chicken \$4, chargrilled pumpkin \$3

 avocado \$3

 olives \$2

 feta \$2

 walnuts \$2

 egg \$2,

 capers \$2

 goats cheese \$2

 dukkah \$1

Sicilian Style Bruschetta \$10.9

Temporarily not available

Eggplant, capsicum, zucchini, black olives, capers, basil on crispy bread

Grilled Haloumi \$14.9

Temporarily not available

with broccolini, toasted almonds, raspberry-hazelnut

dressing on toasted sourdough

+ADD poached egg \$2

Pasta **Temporarily not available**

CHOOSE **Gnocchi** — OR — **Fettucine**

Carbonara \$15.9

Broccoli & Walnut  \$14.9

Sautéed Cherry Tomatoes, Spinach, Lemon (Parmesan) \$14.9

Sandwiches & Toasties

Ham & Cheese Toastie \$8

+ADD tomato + 80c

Bacon & Egg Roll \$7.5

Egg, Cheese, Tomato & Spinach Roll \$7.5

Breakkie Burger \$9.5

Bacon, egg, tomato, cheese, spinach in a Milk Roll

Pumpkin Chèvre Toastie  \$11.9

Chargrilled pumpkin, fresh goats cheese, tomato, walnuts, rocket in multi seed sourdough

Grilled Haloumi Ciabatta \$12.9

Grilled Haloumi, avocado, beetroot-hommus, rocket, sumac

Chicken Caesar Ciabatta \$13.9

Chicken, bacon, cos lettuce, Caesar dressing

Roast Beef Ciabatta \$13.9

Roast beef, lettuce, tomato, caramelised onion, Dijon mustard, horseradish-mayo

 VEGAN

 VEGAN VERSION AVAILABLE

Selection of house-made pastries

Drinks

HOT

SIZE	REG	LAR
Specialty Coffee	\$4	\$4.5
Hot Chocolate	\$4	\$4.5
Chai Latte (spice, vanilla, vegan)	\$4	\$4.5
Brewed Chai		\$5.5
Turmeric Latte	\$4	\$4.5
Matcha Latte	\$4	\$4.5
<u>+ADD</u> Extra Shot	50c	
Almond	50c	
Soy	50c	
Oat	50c	
Coconut	50c	
Lactose Free	50c	

Take Away Teas

\$4

- ~ English Breakfast
- ~ Lemongrass & Ginger
- ~ Peppermint
- ~ Earl Grey
- ~ Camomile
- ~ Darjeeling Green

Loose Leaf Tea ~ High Tea with Harriet **\$4.5**

- ~ English Breakfast
- ~ Earl Grey
- ~ China Chun Mee Green
- ~ Moroccan Mint
(Peppermint & spearmint)
- ~ Monsoon Moon
(Lemongrass & ginger, liquorice root, lemon peel, mixed pepper)

COLD

Juices

\$4

(no added sugar, no preservatives)

- ~ Apple
- ~ Orange

Capi

\$4.5

Blood Orange, Pink Grapefruit, Spiced Ginger Beer

Naked Life (sugar free)

\$4.7

Cola, Ginger & Pomegranate, Raspberry & Lime

San Pellegrino

250ml

\$4

500ml

\$6.5

San Pellegrino Clementina

\$4.5

San Pellegrino Chinotto

\$4

Still Water NU

\$2.5

Coca Cola can

\$3.5

FRESH BAKED

Goods

— DISPLAY —

Selection of croissants & cakes

OR

House-made Babka

~ Cinnamon **\$5**

~ Chocolate **\$5**

Selection of house-made pastries