

MONTHLY RESET

Monthly Reflection

What did I learn about myself and things to improve?

Highlights of the Month

A memory I want to keep

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**Mindset
Reset**

**Next Month
Focus**

Cleanup Checklist

- **Digital cleanup**
Clear emails, delete unnecessary files
- **Workspace reset**
Tidy space, reset corners, organize essentials
- **Home reset**
Clear thoughts, journal, declutter mental load
- **Finance check**
Review spending, update savings, plan next month

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Note for Myself

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What Didn't Work

Habits or mindsets that need adjusting