



### **PEMF/Crystal Therapy Bed**

PEMF (Pulsed Electromagnetic Field) enhances cell function, improves energy levels, calms anxiety, improves sleep and reduces inflammation. This along with the negative ions from the crystals and benefits of far infrared heat helps the body heal naturally.

**30 minutes - \$35**

**One hour session - \$50**

**Add 30 minute facial red light - \$25**



### **Sound Healing Bed**

The SoundBed uses vibroacoustic technology to deliver low frequency vibrations throughout your body that quickly releases you out of stress response and into a deep state of relaxation and receptivity.

**45 minute session - \$40**

HALO WELLNESS CENTER

*elevate your health*

### About Us

Halo Wellness Center is a holistic based wellness facility that offers unique services that are customized to each client's needs. We focus on your overall well-being by providing treatments that help you achieve a higher level of health.

Day	Hours
Monday	Closed
Tuesday	10:00am - 3:00pm
Wednesday	10:00am - 7:00pm
Thursday	10:00am - 7:00pm
Friday	10:00am - 5:00pm
Saturday	10:00am - 4:00pm
Sunday	Closed

*Hours subject to change without notice. Please check website for updates. Halo Wellness Center offers many unique opportunities to educate, empower and inspire you through our events and workshops! Please check the website for information and to register.*

Follow us on all the socials for updates and info

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# Better Health Begins Here

[elevateyourhealth.com](http://elevateyourhealth.com)

### **Now Offering Choice Membership - Only \$108**

10 sessions per month. Choose from the following:

- 20 minute red light therapy • 30 minute PEMF
- 30 minute infrared sauna • 45 minute sound bed
- 45 minute salt room session • 30 minute facial red light

\*3 month minimum-sessions do not rollover

Halo Wellness Center  
 968 Route 73 South  
 (Kresson Rd. and Route 73)  
 Marlton, NJ 08053  
 856-574-4433  
[elevateyourhealth.com](http://elevateyourhealth.com)

Holistic ~ Personalized ~ Unique



### Himalayan Salt Room

Salt Room therapy can help alleviate allergies, asthma,eczema and psoriasis as well as help calm inflammation and relax the nervous system. All sessions are private.

**45 minute session - \$35**



### Full Spectrum Infrared Sauna

The absolute best way to detox your body! Also lowers blood pressure,boosts immune function and burns calories!

**30 minute session - \$40**

### Red Light Therapy

Red Light Therapy is helpful for psoriasis, acne, scarring and sun damage. May also improve the appearance of fine lines,wrinkles and cellulite by stimulating collagen production.Useful for joint pain and arthritis as well as pain caused by cancer treatments.

**20 minute session - \$30**

## Massage Therapy

	<u>60 Minutes</u>	<u>90 Minutes</u>
Aromatherapy*	\$115	\$145
Organic Coconut Oil	120	150
Deep Tissue	125	155
Synergy Stone	125	155
Integrative	130	160
Lymphatic Drainage	125	-
PreNatal	120	150
Oncology*	115	145
Combo Lymph & Aroma	-	160
Reflexology*	100	-
Indian Foot and Scalp*	115	-
Reiki*	100	-
<b>Add Ons (to any service above)</b>	<b><u>15 Minutes</u></b>	<b><u>30 Minutes</u></b>
Reflexology	-	45
Indian Foot or Scalp	-	50
Facial Lymph Drainage	25	-
Red light Therapy	20	-
Buccal Facial Massage	35	60

### Membership Programs

<b>First Step Member</b>	<b>Elevation Club</b>
1 60min massage*	2 60min massages*
2 sessions (Choice of salt room, sauna, sound bed or red light)	4 sessions (Choice of salt room, sauna, sound bed or red light)
<b>\$145/month**</b>	<b>\$270/month**</b>
**3 month minimum	**3 month minimum

*All treatments reflect the full amount of hands on time. We use certified therapeutic grade essential oils and products which are blended to address your needs. All massage beds are equipped with a heated crystal infrared mat which calms anxiety and increases circulation.*

## Zyto Bioscan



A ZytoBioscan is a non-invasive tool that evaluates your bodies response through bio-feedback to help identify imbalances and root causes. A detailed report and recommendations by a certified holistic health counselor are included with each reading.

**30 minute initial reading \$60**  
**Follow up scans \$35**



### Partner Programs

#### Energy Healing by Lisa

Lisa is a gifted energy intuitive, yoga instructor, and hypnotherapist who specializes in clearing energetic blockages, releasing stored programs, and transforming patterns to support deep healing and alignment. To schedule an appointment visit [blissbodylight.com](http://blissbodylight.com)

#### Wildfire Wellness by Kat N.P.

Kat is a functional Nurse Practitioner specializing in hormone balance, fertility, autoimmune conditions, and gut health. She combines advanced testing, BHRT, and personalized nutrition to create sustainable health outcomes. To schedule an appointment visit [wildfirewellness.com](http://wildfirewellness.com)

We offer a great selection of supplements, natural remedies and essential oils!



Please check our website for online gift cards,specials,updates and information!

[www.elevateyourhealth.com](http://www.elevateyourhealth.com)