



REQUIREMENTS 2022-2023

We are so proud of our Competition Team. We began this program 11 years ago as a positive step for the dancers who want more dance and be part of a fabulous team.

WHAT IS THE COMMITMENT?

- ATTENDANCE IS STRICTLY ENFORCED
- *(After 3 missed classes you will be required to do a private to make up class time missed)
 - BALLET IS NOT MANDATORY, BUT ENCOURAGED
- 2 LOCAL COMPETITIONS ARE MANDATORY. SCHEDULES COME ABOUT 2 WEEKS PRIOR TO EVENT, DATES WILL BE GIVEN OUT NOVEMBER/DECEMBER.
 - COMPETITION FEES ARE BETWEEN \$50-60 PER DANCE, PER COMPETITION
 - COMPETITION COSTUMES RANGE FROM \$80-120
- THERE WILL BE A **MANDATORY** PREVIEW SHOW IN MARCH/APRIL AS WELL AS A YEAR END SHOW
 - A TEAM JACKET OR ARTICLE OF CLOTHING WILL BE REQUIRED FOR COMPETITIONS.
- SUMMER TECH IS MANDATORY TO ATTEND AT LEAST 3 ARE ATTENDED FROM JULY -AUGUST

WHAT IS REQUIRED?

JAZZ, CONTEMPORARY, LYRICAL AND STAGE=
JAZZ TECH IS REQUIRED, BALLET IS HIGHLY RECOMMENDED
ACRO = ACRO TECH REQUIRED, JAZZ TECH IS HIGHLY RECOMMENDED
HIP HOP = HIP HOP TECH REQUIRED
TAP = ANOTHER STYLE OF DANCE MUST BE TAKEN

LEVELS OF COMPETITION TEAM:

GLITTER
GLOW
SPARK
SHIMMER
VELOCITY

LEVELS OF COMPETITION TEAM ACRO:

FUEL
ENERGY
POWER

SUMMER TECH 2022

TUESDAYS JULY 12, 19, 26TH AUGUST 2, 9, 16TH
WEDNESDAYS JULY 13, 20, 27TH AUGUST 3, 10, 17TH

COST:

\$12.00 45 MINUTES

\$15.00 1 HOUR

COMPANY CORE: JAZZ/TAP/ACRO & STRETCH/STRENGTH MINIMUM 4 CLASSES EACH

COMPETITION TEAM: MINIMUM 3 CLASSES

TUESDAYS

COMPANY JAZZ TECH

3-4PM AGES 6-7 YEARS (CRYSTAL)

4-5PM AGES 9-10 YEARS (DIAMOND/RUBY)

5-6PM AGES 10-13 YEARS (AMBER)

6-7PM AGES 13+

COMPETITION JAZZ TECH

3-4PM AGES 5-6 YEARS (CORAL/GLITTER)

4-5PM AGES 8-12 YEARS (GLOW/SPARK)

5-6PM 11-up YEARS (SHIMMER/VELOCITY)

ACRO TECH

3-4PM AGES 8+ COMPANY ACRO TECH & STRETCH/STRENGTH

4-5PM COMPANY 12-UP ACRO TECH & STRETCH/STRENGTH

5-6PM 10-UNDER ACRO TECH

6-7PM COMPANY 12- UNDER (POWER/COMPANY)

WEDNESDAYS

COMPANY/COMPETITION TEAM TAP TECH

3-4PM CRYSTAL TAP TECH

4-5PM DIAMOND/RUBY TAP TECH

5-6PM COMPANY TAP TECH 12+

6-7PM COMP TEAM/BEGINNER TAP

COMPANY COMBO CLASS

3-4PM 10-13 YEARS

4-5PM 12-UP

5-5:45 8-11 YEARS



DRESS CODE

Jazz Technique and Choreography classes: Jazz, Lyrical, and Stage.

Hair up and in a secure bun

Tight clothing, *NEW BLACK ONLY especially for choreography classes

Pirouettes

Contemporary and Acro

Hair up and in a secure bun

No T-shirt's (they flip over the head) BLACK bodysuits and shorts or leggings only

Bare feet

Tap

Hair up and in a secure bun

Tight clothing, BLACK only!

Black Oxford tap shoes with laces

Hip Hop

Hair up and off face

Loose fitting clothing, no ballet tights

Clean Runners

Ballet

Required colour ballet bodysuit for certain RAD grade

BALLET TECH OR REC BALLETT DARK PURPLE

Convertible Ballet tights

Canvas Ballet shoes

Hair up in a bun with a hairnet

Boys Ballet

White bodysuit or tank top

Black leggings

White socks

White ballet shoes

The dress code must be taken seriously!