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During registration, you will just need to register for your “CORE” and we will insert you into the mandatory classes, you may choose the “Optional” ones to save spots in those classes.

What is **CORE**?

It’s the 2021-22 Company Program at Project Dance.

Definition of a CORE: *the central or most important part of something.*

C- commitment

O- originality

R- respect

E- excellence

*A group of dancers with Passion, Dreams and Commitment.*

We are excited for a fresh start after a couple really trying years for our dancers. We are so thankful for those who persevered and are falling in love with dance again or even more.

ATTENDANCE: We have created PD Core for a variety of reasons, one is attendance. I have talked to many studio directors, teachers and mentors. Without commitment, results plummet and the team truly doesn’t feel whole. We are reasonable, things happen and we also need to work on our communication when things do arise so we are aware.

For the 2021-22 season, we are implementing a 6 miss policy. Dancers can only miss 6 classes in the season. If the dancer surpasses this, class time will be made up with the instructor in a private. This doesn’t mean skip to get a private. Our hope is that dance is more of a priority especially in classes like tech, combo and ballet. If you are too sick to dance or are contagious, ZOOM will still be an option for company dancers.

**CRYSTAL CORE**

Ballet:

5 years= Pre Primary (45 minutes)

6 years= Primary (1 hour)

7 + years= Grade One x 2 classes per week (2 hours per week)

Crystal Jazz Choreography (1 hour)

Crystal Jazz Technique (1 hour)

Optional:

Crystal Lyrical Choreography

Crystal Acro Technique

Crystal Tap

**DIAMOND CORE**

Grade Two Ballet (2 classes per week)

Diamond Jazz Choreography (1 hour)

Diamond Lyrical Choreography (1 hour)

Diamond Jazz Technique (1 hour)

Diamond Acro Technique/ Stretch & Strength (1 hour)

Optional:

Diamond Tap Choreography & Diamond Tap Technique (30 minutes) \*Mandatory to be in tap group.

Hip Hop Choreography

**RUBY/AMBER**

2 RAD Ballet classes a week (2 hours)

Beginner Pointe (30 minutes)

PBT 12- under

Combo Class

Jazz Choreography

Lyrical Choreography

Contemporary Choreography

Jazz Technique

Acro Tech/Stretch & Strength (1 hour)

Optional:

Hip Hop Technique \*\*Jr. Lady Venom highly recommended.

Tap & Tap Technique \* Mandatory to be in group

**PEARL**

1.5 Hour Ballet class (Intermediate)

Combo Class

Jazz Choreography

Lyrical Choreography

Contemporary Choreography

Jazz Technique

Turns & Jumps Technique

Acro tech/stretch & Strength

Optional:

Hip Hop Technique \*\*Group highly recommended.

Hip Hop Group

Stage

**EMERALD/ONYX/QUARTZ\***\*QUARTZ I will speak to you individually after registration. Sign up for QUARTZ Core for now.

2 RAD Ballet classes a week (2 hours)

Intermediate or Advanced Pointe (30-45 minutes)

PBT 12+

Combo Class

Jazz Choreography

Lyrical Choreography

Contemporary Choreography

Jazz Technique

Turns & Jumps Technique

Acro Tech/Stretch & Strength (1 hour)

Optional:

Hip Hop Technique \*\*Group highly recommended. (Tech mandatory to be in Diva Dynasty, Kool Kidz or Lady Venom- NO exceptions)

Ballet Group- Contemporary Ballet

Tap

Hip Hop Group

Large Group Jazz

Stage

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**PROJECT DANCE CORE DRESS CODE**

**Jazz Technique and Choreography classes: Jazz, Lyrical, and Stage**.

Hair up and in a secure bun

All black tight clothing

Pirouettes

**Contemporary and Acro**

Hair up and in a secure bun

All black tight clothing

Bare feet

**Tap**

Hair up and in a secure bun

All black tight clothing

Black Oxford tap shoes, Amber and up Split sole recommended

**Hip Hop**

Hair up and off face

Loose fitting clothing, no ballet tights

Clean Runners

**Combo Class**

Hair up and off face

Anything you feel comfortable to move in (No baggy sweatshirts)

Pirouettes or bare feet

**Ballet**

Required colour ballet bodysuit for certain RAD grade

(Grade 1-5 will be getting new colours/styles please wait to purchase)

Convertible Ballet tights

Canvas Ballet shoes

Hair up in a bun with a hairnet

**Pre Pointe**: Canvas ballet shoes, tennis ball and Theraband

Beginner Pointe: Wait to buy pointes shoes with the ballet teachers.

Intermediate and Advanced: Pointe Shoes

**Boys Ballet**

White bodysuit or tank top

Black leggings

White socks

White ballet shoes

**PBT (Progressive Ballet Technique)**

Hair up in a secure bun

Ballet bodysuit any colour

Ballet tights or black leggings