

# PROJECT *dance*

## COMPETITION TEAM REQUIREMENTS 2023-2024

We are so proud of our Competition Team. We began this program 10 years ago as a positive step for the dancers who want more dance and be part of a fabulous team. We can't wait to see you all on stage this season.

### WHAT IS THE COMMITMENT?

- ATTENDANCE IS STRICTLY ENFORCED
- BALLET IS NOT MANDATORY FOR GLITTER-UP, BUT ENCOURAGED
- PRE PRIMARY/PRIMARY MANDATORY FOR SPARKLE
- 2 LOCAL COMPETITIONS ARE MANDATORY. SCHEDULES COME ABOUT 2 WEEKS PRIOR TO EVENT, DATES WILL BE GIVEN OUT NOVEMBER/DECEMBER.
- COMPETITION FEES ARE BETWEEN \$45- 55 PER DANCE, PER COMPETITION
- COMPETITION COSTUMES RANGE FROM \$90-120
- THERE WILL BE A PREVIEW SHOW IN APRIL @ MATSQUI CENTENNIAL AUDITORIUM IN ABBOTSFORD
- A TEAM JACKET OR ARTICLE OF CLOTHING WILL BE REQUIRED FOR COMPETITIONS.
- SUMMER TECH IS MANDATORY TO ATTEND AT LEAST 3 ARE ATTENDED FROM JULY --AUGUST

### WHAT IS REQUIRED?

JAZZ, CONTEMPORARY, LYRICAL AND MUSICAL THEATRE=  
JAZZ TECH IS REQUIRED, BALLET IS HIGHLY RECOMMENDED

BALLET GROUP= BALLET CHOREO & BALLET EXAM CLASS

ACRO = ACRO TECH REQUIRED, JAZZ TECH IS RECOMMENDED

HIP HOP = HIP HOP TECH REQUIRED

TAP = ANOTHER STYLE OF DANCE MUST BE TAKEN

LEVELS OF COMPETITION TEAM:

SPARKLE  
GLITTER  
GLOW  
SPARK  
VELOCITY

LEVELS OF COMPETITION ACRO: SPARKLE, FUEL, ENERGY, POWER

TUESDAYS JULY 11, 18, 25<sup>TH</sup> AUGUST 1, 8, 15<sup>TH</sup>

WEDNESDAYS JULY 12, 19, 26<sup>TH</sup> AUGUST 2, 9, 16<sup>TH</sup>

**COST:**  
**\$15.00 + GST 1 HOUR**

COMPANY CORE: JAZZ/TAP/ACRO & STRETCH/STRENGTH MINIMUM 4 CLASSES EACH  
COMPETITION TEAM: MINIMUM 3 CLASSES  
\*\*UPDATED JULY 4th

## **TUESDAYS**

### **COMPANY JAZZ TECH**

3-4PM AGES 7-9 YEARS  
4-5PM AGES 10-12 YEARS  
5-6PM AGES 13+ YEARS

### **COMPETITION/COMPANY JAZZ TECH**

3-4PM AGES 5-6 YEARS (SPARKLE)  
4-5PM AGES 6-8 YEARS (CORAL/GLITTER)  
5-6PM AGES 8-12 YEARS (GLOW/SPARK)  
6-7PM 12-up YEARS (VELOCITY)

### **ACRO TECH**

2-3PM COMPANY ACRO TECH 7-9 YEARS  
3-4PM AGES 10-12 COMPANY ACRO TECH & STRETCH/STRENGTH  
4-5PM COMPANY 12-UP ACRO TECH & STRETCH/STRENGTH  
5-6PM SPARKLE/GLITTER COMPETITION ACRO TECH  
6-7PM COMPETITION ENERGY/POWER

## **WEDNESDAYS**

### **COMPANY/COMPETITION TEAM TAP TECH**

3-4 PM CORAL & SPARKLE TAP TECH (BEGINNER)  
3-4PM CRYSTAL TAP TECH  
4-5PM DIAMOND/RUBY TAP TECH  
5-6PM COMPANY TAP TECH 12+

### **COMPANY COMBO CLASS**

3:15-4PM 7-9 YEARS  
4-5PM 13-UP  
5-6PM 10-12 YEARS



*est. 2008*