

# Mueller State Park Programs



## December Programs 2025 & First day Hikes 2026

Programs happen rain, snow, or shine unless posted otherwise.

### Sun, Dec. 7: Junior Rangers-Upgraded!

**11 a.m.-12 p.m. Meet in front of the Visitor Center**

We recently revamped our Jr.Ranger booklet that includes favorite activities from the original and new ones. All of the pictures and art in the book were done by our intern, Jo Gebelt. Explore the park's wilderness and wildlife, and become a Junior Ranger. Children and their grown ups should attend together.

### Fri, Dec. 12: Basic Survival for Kids

**2-3 p.m. Meet at Visitor Center**

How do you prepare for a hike? What should you pack? What do you do if you get lost? Learn survival skills everyone can use. This program is geared towards kids and their guardians, but all are welcome. Ages 5 and up.

### Sat, Dec. 13: Guided Nature Hike

**9:15 a.m.-11:15 a.m. Meet at Preacher's Hollow Trailhead**

Discover what plants and animals you can see this time of year along the trail on this 3.5 mile loop. Bring layers, water, sturdy footwear and a snack.

### Sat, Dec. 20: Nature Ornaments

**10 a.m.-12 p.m. Meet at the Visitor Center**

Use natural items to create ornaments for the holidays or all year. There will be pictures and examples for inspiration. Natural items could include sticks, pinecones and leaves.

### Sat, Dec. 20: Animal Tracks Hike

**1-2:30 p.m. Meet at Outlook Ridge Trailhead**

Hike to an overlook with a great view while searching for animal tracks along the way. This is a 1.5 mile hike. Bring layers, water and sturdy footwear.

### Thu, Dec. 25: Christmas Day

The Visitor Center will be closed today.

### Thu, Jan. 1: First Day Hikes!

**9 a.m.-3 p.m. Mueller State Park**

We are starting 2026 off with fresh air and movement! Whether you are a morning or afternoon person or prefer hiking with friends or your kids there is a perfect hike for you. Come prepared with water, layers, a snack and sturdy footwear. Spikes may be helpful this time of year.

**See First Day Hike options below:**



### Annual Elk Meadow First Day Hike

**9:15-11:15 a.m. Elk Meadow Trailhead**

Enjoy this little over 2 mile trail passing by meadow views and the popular Peak View Pond guided by experienced Mueller naturalists. This trail was revamped this summer by Mueller's trail crew!

### For families...

**11 a.m.-12:30 p.m. Outlook Ridge Trailhead**

Have you ever wanted to learn more about the forest and hiking at Mueller State Park? Hike to the first outlook, learn about hiking safety and become a Junior Ranger. Best for ages 6-12, but all are welcome. Children and their grown ups should attend together.

### For those who like to go slow...

**7th Annual First Day Forest Bathing**

**12-2:30 p.m. Outlook Ridge Trailhead**

Certified Forest Therapy Guide, Jane, is back! Slow down and connect to nature with this reflective practice. Bring a sit pad, water, snacks & layers (snow boots and waterproof pants suggested). End with forest tea made from local plants. Register in advance online at [cpw.state.co.us/events](http://cpw.state.co.us/events).

### For those who like to sleep in...

**1-2 p.m. Wapiti Trailhead**

This is a 1 mile hike with some great views. The route includes areas of flat trail mixed with mild and moderate hills. Great for those new to hiking at Mueller who want to get a feel for our trails. There will be an option to extend the hike for those who want to go farther.

COLORADO PARKS & WILDLIFE

# Mueller State Park

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