

# Mueller State Park Programs



**November 2020**

**Always hike with a map, water, and weather protection!**

Mueller State Park is open every day for hiking, camping and enjoying the outdoors! The Visitor Center is open 9:00 am until 4:00 pm during the winter months. The Visitor Center will be closed Thanksgiving Day and Christmas Day. It will be open New Year's Day for our First Day Hikes! Start out 2021 on the right foot with a hike in a state park!

**Weather:** Weather in the mountains this time of year is variable. The trails may be dry or have snow. Snowshoes are recommended with deep snow. Check the website or call for conditions. **719-687-2366**  
[cpw.state.co.us/placestogo/parks/Mueller](http://cpw.state.co.us/placestogo/parks/Mueller)

**All hikes and programs limited to 15 people. Sign up at the Visitor Center 719-687-2366  
Masks required.**

**Saturday, November 7th**

**Hike: School Pond and Stoner Mill**

**9:15 a.m.** Meet at School Pond Trailhead  
Enjoy nature in winter on a moderate 3-mile hike through the woods and meadows with Naturalist Nancy. Bring water, snacks and dress for winter hiking!

**Mueller in Art**

**11 a.m. – 1 p.m.** Meet at the Visitor Center  
Create greeting cards of Mueller outdoor scenes! Join Volunteer Jim to make a craft project to take home. Ages 5 and up. All supplies provided.

**Hug a Tree to Survive - for Kids**

**2:00 p.m.** Meet at the Visitor Center  
Wilderness survival practices and techniques for kids to succeed in the great outdoors, hands-on instruction from Volunteer Rusty.

**Saturday, November 14th**

**Walk: Nature Walk**

**11:00 a.m.** Meet at the Visitor Center  
Learn fun facts about the ecology of our mountain environment with Volunteer Jim. Dress for cold mountain air! Easy 1 1/2-mile walk.

**Fall Scavenger Hunt**

**2:00 p.m.** Meet at the Visitor Center  
Use your great observation skills to complete this hunt! Fun and engaging for kids ages 5 to 85! Led by Volunteer Rusty.

**Saturday, November 21st**

**Hike: Elk Meadow and Peak View Pond**

**9:15 a.m.** Meet at Elk Meadow Trailhead  
Enjoy the fall weather on before winter sets in! Hike a 4-mile loop through forests, meadows and by the pond with Volunteer Nancy. Dress in layers, bring water and snack.

**Forest Bathing Walk**

**10:00-1:00 p.m.** Meet on the Visitor Center Patio  
Deepen your relationship with the natural world through the calm and wonder of a guided Forest Bathing ("Shinrin-Yoku") walk, a wellness practice gaining popularity worldwide. Join Nature & Forest Therapy Guide Jane for this slow wander with simple invitations to quiet the mind, open the senses & play with creating nature art with elements we find (& leave). We'll close with a "no contact" tea ceremony brewed from local plants. Bring a sit pad if you have one, water, snacks or lunch & small backpack. Ages 12 and up. Limited to 8 people, sign up at the Visitor Center (719)687-2366 X 0.

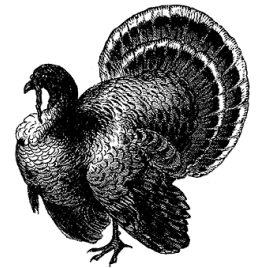
**Walk: The Un-Nature Trail**

**2:00 p.m.** Meet at the Visitor Center  
Use your observation skills and learn about camouflage in nature! Harder than you think! Led by Volunteer Rusty.

**Thursday, November 26th**

**THANKSGIVING DAY**

The Visitor Center will be closed today, but the park is open for hiking and camping.  
Happy Thanksgiving!



**Friday, November 27th**

**FRESH AIR FRIDAY**

**Hike: Elk Meadow and Murphy's Cut**

**9:30 a.m.** Meet at Elk Meadow Trailhead  
Where would you rather be today – in a crowded mall or in a tranquil forest? Join us for Fresh Air Friday! A 4-mile hike through the meadows and forest to the site of a historic railroad, the Midland Terminal railroad site that came through the park carrying gold ore! Led by Volunteer Cindi. Dress in layers and bring water.

**Saturday, November 28th**

**Hike: Homestead and Black Bear Trails**

**9:15 a.m.** Meet at Black Bear Trailhead  
Join Volunteer Naturalist Nancy on this 4-mile hike to include Black Bear, Geer Pond and Homestead trails. See interesting rock formations, beautiful views of Pikes Peak foothills and a hike through dense conifer forest. The hike is rated moderate due to steep hills and high elevation. Be prepared for winter hiking and bring plenty of water.

**Walk: Fall Sensory Scavenger Hunt**

**2:00 p.m.** Meet at the Visitor Center  
Look, feel and smell lots of wonderful things in the woods! Ages 3 and up welcome. Led by Volunteer Rusty.

**Monday, November 30th**

**Hike: Full Moon Hike**

**5:30 p.m.** Meet at Outlook Ridge TH  
Watch the full moon rising over Pikes Peak! Learn some fun facts and myths about our only natural satellite. Dress for cool, mountain air and bring a flashlight. Moderate 2-mile walk with Volunteer Jim.