

Mueller State Park Programs



December 2020

Always hike with a map, water, and weather protection!

Mueller State Park is open every day for hiking, camping and enjoying the outdoors! The Visitor Center is open 9:00 am until 4:00 pm during the winter months. The Visitor Center will be closed Christmas Day. It will be open New Year's Day for our First Day Hikes! Start out 2021 on the right foot with a hike in a state park!

Weather: Weather in the mountains this time of year is variable. The trails may be dry or have snow. Snowshoes are recommended with deep snow. Check the website or call for conditions. **719-687-2366** cpw.state.co.us/placestogo/parks/Mueller

**All hikes and programs limited to 10 people. Sign up at the Visitor Center 719-687-2366
Masks required.**

Sunday, December 6th
Forest Bathing Walk

11:00-1:30 p.m. Meet on the Visitor Center Patio Step out of the noise and swirl and give yourself the gift of a healing morning in the wonders of nature. Join Nature and Forest Therapy Guide Jane on a relaxing Forest Bathing walk (*Shinrin Yoku*) in a secluded "peninsula" in our beautiful park. Connect closely with nature and others through a wellness practice that is gaining popularity worldwide, closing with a "no contact" tea ceremony using native plants. We will wear masks until we are safely distanced on the trail. Bring a sit pad or stool, water, snacks or lunch & dress for winter. Ages 12 and up. Limited to six people, sign up at the Visitor Center. (719) 687-2366 X 0.



Hike: School Pond

1:30 p.m. Meet at Preacher's Hollow Trailhead Enjoy nature in winter on a moderate 3-mile hike through the woods and meadows with Volunteer Penny. Bring water and dress for winter hiking!

Friday, December 11th

Hike: Black Bear Trail

9:15 a.m. Meet at Black Bear Trailhead We will hike through the campground to Grouse Mountain Trailhead then continue on trail #12 to Black Bear #13 then back to the trail head. Be prepared for winter hiking and bring spikes or other type of traction. If there is snow, it will be a snowshoe hike. Approx. 3.5 miles led by Volunteer Nancy.

Sunday, December 13th

Hike: Osborn Homestead

1:30 p.m. Meet at Black Bear Trailhead Imagine what it was like to homestead here; making a living off the land like the Osborn family. 2.5-mile hike led by Volunteer Penny. Dress in layers, bring water and snack.

Friday, December 18th

Hike: Revenuer's Ridge Trail

9:15 a.m. Meet at the Visitor Center parking area Explore Revenuer's Ridge and the new Equestrian trail with Volunteer Nancy. Follow trails #1, 11, 20, 4, 1. Be prepared for winter hiking and bring spikes or other type of traction. If there is snow, it will be a snowshoe hike. Approx. 2.5 – 3.0 miles.

Sunday, December 20th

Hike: Elk Meadow

1:30 p.m. Meet at Elk Meadow Trailhead Enjoy the snowcapped views of Pikes Peak on this 2-mile trail through meadows and forest. Led by Volunteer Penny. Dress in layers, bring water and snack.

Friday, December 25th

CHRISTMAS DAY

The Visitor Center will be closed today, but the park is open for hiking and camping. Merry Christmas and Happy Holidays!

Saturday, December 26th

Hike: Homestead Trail

9:15 a.m. Meet at Outlook Ridge Trailhead Join Volunteer Nancy on this 3-mile loop including Homestead Trail, Geer Pond, and Outlook Ridge. Follow trails #1, 12, 26, 25, 7. Be prepared for winter hiking and bring spikes or other type of traction. If there is snow, it will be a snowshoe hike.

Friday, January 1st, 2021

FIRST DAY HIKES

Start out your new year surrounded in the beauty of nature on a guided hike! A Colorado State Park tradition – First Day Hikes!

Hike: Elk Meadow

9:00 a.m. Meet at Elk Meadow Trailhead A 2-mile hike through the meadows and forest with great views of the snow-frosted Pikes Peak! Led by Volunteer Rose. Dress in layers and bring water.

Hike: Preacher's Hollow

9:30 a.m. Meet at Preacher's Hollow Trailhead Watch for winter wildlife and tracks on this 2-mile hike with Volunteer Penny. Be prepared for winter hiking and bring plenty of water.

Forest Bathing Walk

11:00-1:30 p.m. Meet on the Visitor Center Patio Let nature welcome you into the New Year! Enjoy a fresh start to 2021 by immersing yourself in the wonders of nature. Join Nature and Forest Therapy Guide Jane on a relaxing Forest Bathing walk (*Shinrin Yoku*) in a secluded "peninsula" in our beautiful park. Connect closely with nature and others through a wellness practice that is gaining popularity worldwide, closing with a "no contact" tea ceremony using native plants. We will wear masks until we are safely distanced on the trail. Bring a sit pad or stool, water, snacks or lunch & dress for winter. Ages 12 and up. Limited to six people, sign up at the Visitor Center. (719) 687-2366 X 0.