

Main Street Interventions Inc

100 N Main St. – Dickson TN 37055

Office (615) 740-7100 - Fax (615) 740-6959

Establish 2001

web www.mainstreetinterventions.org 

email staff@mainstreetinterventions.org 

24 hour crisis line (615) 740-8329

Program Menu

State Licensed & Certified A&D outpatient, Domestic Violence, DUI School & Mental Health Facility

- () **INTAKE / ASSESSMENTS:** Anger, Domestic Violence, Drug & Alcohol, Parenting, Clinical or Mental Health Evaluation
- () **COUNSELING BY MASTER'S LEVEL THERAPIST:** Working with Adults, Children, Couples, Families, Juvenile, Dual Diagnosis, Premarital, Divorcing Parents, Non Offending Parents, Trauma, Grief, Rape/Sexual Abuse, Addictions, PTSD etc.

State Certified BIP Programs - All deal with power, control, and the dynamics of healthy relationships.

- () **24 STEP MALE DOMESTIC VIOLENCE** "Bringing Peace to Relationships" for male perpetrators of domestic violence.
- () **20 STEP FEMALE DOMESTIC VIOLENCE "VISTA"** This program is designed for female perpetrators of domestic violence
- () **7 WEEK DYNAMICS OF DOMESTIC VIOLENCE "C.A.R.E.S"** for victims of domestic violence.

State Licensed A&D Services - All vary in intensity levels & deal with all stages of addiction & recovery.

- () **12 HOUR DUI SCHOOL** "Prime for Life", The mandated program to be used for State Licensed DUI schools
- () **12 HOUR A&D PROGRAM** "Prime for Life" not just for DUI - Research based educational program covering phases of addiction to drugs or alcohol, including marijuana.
- () **12 OR 24 STEP A&D PROGRAMS** "How to Escape Your Prison", can be tailored to meet client needs such as cooccurring or dual diagnoses. We focus on accountability and accepting responsibility for one's choices as well as rebuilding a healthy life. For current use or as a relapse prevention.
- () **12 OR 24 STEP DIAD / IOP PROGRAM** "Daily Intervention Alcohol & Drug" This combine programs such as "Prime for Life", & "How to Escape Your Prison", This requires daily participation and includes one on one counseling, AA, NA or Celebrate Recovery meetings, daily journaling, and daily check-in. Tailored to each client's needs.

Parenting

- () **3 HOUR PARENTING CLASS & EVALUATION** "Responsible Parenting" One day class that requires pre-registration for instructions and book that's completed prior to class. After class a post test is given and a report can be generated with recommendations or referrals if needed. This program can also be used as a weekly 6 step program as well.
- () **4 HOUR DIVORCING OR CO-PARENTING CLASS** One day class that requires pre-registration for instructions and book that's completed prior to class. For Divorcing Parents clients receive a certificate. For Co-Parenting a post test can be given and a report can be generated with recommendations or referrals if needed.
- () **10 to 12 STEP PARENTING CLASSES** "Parenting & Family Values". as well as individual session for specific issues.

Accountability

- () **FIRST OFFENDER'S "U-Turn"** A 3-hour class on honesty, acceptance, & accountability. For theft, shoplifting or bad checks
- () **TARGETED PROGRAMS** to address most topics including, but not restricted to "**Just Marijuana**", **Peer Pressure**, **Social Media**, **Respect**, **Sexting**, **Smoking**, **Rebellion**, **Run Away**, or **Communication**. A post test can be given and a report can be generated with recommendations or referrals if needed.
- () **8 STEP FINANCIAL RESPONSIBILITY** "Responsible Living" For people with bad checks or money management issues
- () **8 & 16 STEP CHARACTER DEVELOPMENT** Builds willpower & self discipline. Most intensive program for first offender
- () **8 STEP ANGER MANAGEMENT** "Coping With Anger" for persons with obvious difficulty dealing with anger (**non-domestic**)
- () **12 step REPEAT OFFENDERS** "How to Escape Your Prison", also known as the Standard MRT program. For anyone with chronic misdemeanors, particularly those who have been resistant and unsuccessful in various other programs.

When services are provided via telecommunication there will be an additional \$5 to \$10.

Workbooks: 8 Step - \$15 12 & 24 Step - \$30 **Registration/Orientation, or Classes** - \$20 each

Therapeutic Counseling: Individual or Family \$70 **Communication Facilitation:** \$35 - \$45 **Life Skills/Coaching** \$80

DUI / Prime for Life \$150 w/book - Personalized up to \$400 **DIAD** (Daily Intervention Alcohol & Drug) \$60 per week

Responsible Parenting - \$85 **Divorcing Parents, Co-Parenting & U-Turn** \$65 **Targeted Programs** - \$65 to \$85

Assessments: - Drug & Alcohol, Anger, Domestic Violence, Clinical/Mental Health Evaluation, & Parenting – 65.00 ea.

Average program cost: 8 Step programs - \$195 12 Step programs \$290 24 Step program: \$530

Arrangements can be made with the director to work off classes as a volunteer for a \$10 reduction in debt per hour.

All classes may be paid on a class by class basis.- (Discount if paid in advance)

Prices, locations and services are subject to change

Services available in Dickson, Cheatham, and surrounding Counties and via telecommunication