

Is your baby unsettled at bedtime?

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Have you every wished that your white noise machine would turn itself on when your baby is unsettled in the middle of the night? There is one that will do just that.....Don the Donkey reacts to sound and will come back on for 10 minutes with a baby's cries.

I was sent Don the Donkey to review for ZAZU Kids. At first, I was sceptical as I don't advocate for toys in the cot especially for children under 1 year. But after using Don for a month in an infant sleep room I have decided that Don is definitely worth it. We just sit Don on the floor or the windowsill and let the sounds sooth the children.

Don is a very cute soft toy donkey with a Velcro opening on his tummy. Inside there is a battery pack with an on/off button, volume dial, four buttons that play classical music, a button that plays a heart beat and a button that plays white noise. Once you press one of the buttons, Don will play the chosen sound for 10 minutes before switching off. If Don senses crying he will come back on with the last setting that was used.

With soft cries it takes Don 3 minutes to come back on (which can be a long time when you are waiting for it) With loud cries, or a door banging Don will come back on straight away. Don continues to play if baby is still crying, then turns off once they have been quiet for 10 minutes.

I have found that different children seem to settle with different sounds. Younger babies seem to settle with the heart beat sound, some children like the white noise and others like the music. The other day the sleep room was full, some children were calm and quiet, and others weren't. I was waiting for Don to come back on and once he did one of the children who had been standing up and chatting, suddenly lay down turned over and was asleep in about 30 seconds. I was amazed that the music had had such a massive effect on her. It shows that because we have been using Don consistently, she has built up a sleep association to the music.

If you would like to buy Don, or one of his friends.....Dex the Dog or Liz the Lamb head over to the ZAZU kids page [here](#)

