

**D. Review passages of scripture to encourage your heart.**

**Acts 12:7** “Suddenly an angel of the Lord appeared and a light shone in the cell. He struck Peter on the side and woke him up. “Quick, get up!” he said, and the chains fell off Peter’s wrists.”

**Acts 12:10** “They passed the first and second guards and came to the iron gate leading to the city. It opened for them by itself, and they went through it. When they had walked the length of one street, suddenly the angel left him.”

**E. Rest in the peace God gives you.**

**Philippians 4:7** “And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

**Your Heavenly Father Cares!  
Matthew 6:25-34  
Father’s Day  
6/16/24**

**I. Worry demonstrates unbelief.**

**A. Jesus commanded us not to worry.**

**\*\*Matthew 6:25a** “Therefore I tell you, do not worry about your life,

**B. Jesus cited some areas that lead to worry.**

**\*\*Matthew 6:25a** “... what you will eat or drink; or about your body, what you will wear. Is not life more important than food and the body more important than clothes?”

**Genesis 22:13** “Abraham looked up and there in a thicket he saw a ram caught by its horns. He went over and took the ram and sacrificed it as a burnt offering instead of his son. <sup>[14]</sup> “So Abraham called that place the LORD Will Provide. And to this day it is said, “On the mountain of the LORD it will be provided.”

**Philippians 4:19** “And my God will meet all your needs according to His glorious riches in Christ Jesus.”

**1. Jesus provided food for a multitude.**

(Matthew 14:13-21 & Matthew 15:29-38)

**2. Jesus provided money for Peter.**

(Matthew 17:26-27)

**3. Jesus provided for health needs. (Luke 8:43-48)**

**4. Jesus provided protection for his disciples.**

(Mark 4:35-41)

**\*\*Matthew 6:25** “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food and the body more important than clothes?”

**Jeremiah 32:15** ... houses, fields and vineyards will again be bought in this land.”

**Jeremiah 32:17** “Ah, Sovereign LORD, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.”

**Luke 1:37** “For nothing is impossible with God.”

**Matthew 19:26** “Jesus looked at them and said, “With men this is impossible, but with God all things are possible.”

## II. Worry is unnecessary.

### A. God cares for the birds and feeds them.

**\*\*Matthew 6:26a** “Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”

**Psalms 147:9** “He provides food for the cattle and for the young ravens when they call.”

### B. God controls the length of your life.

**\*\*Matthew 6:27** “Who of you by worrying can add a single hour to his life?”

**Psalms 139:16** “Your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.”

### C. God clothes the lilies of the field.

**\*\*Matthew 6:28** “And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin.”

**\*\*Matthew 6:29** “Yet I tell you that not even Solomon in all his splendor was dressed like one of these.”

**\*\*Matthew 6:30** “If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe you, O you of little faith?”

**Matthew 8:26** “He replied, “You of little faith, why are you so afraid?” Then he got up and rebuked the winds and the waves, and it was completely calm.”

**Matthew 14:31** “Immediately Jesus reached out his hand and caught him. “You of little faith,” he said, “why did you doubt?”

**Matthew 16:8** “Aware of their discussion, Jesus asked, “You of little faith, why are you talking among yourselves about having no bread?”

## III. Worry is unreasonable.

### A. God is aware of all our needs!

**Matthew 6:31** “So do not worry, saying, ‘What shall we eat?’ Or ‘What shall we drink?’ or ‘What shall we wear?’”

**Matthew 6:32** “For the pagans run after all these things, and your heavenly Father knows that you need them.”

**Matthew 6:8b** “... for your Father know what you need before you ask Him.”

### B. God wants our allegiance!

**Matthew 6:33** “But seek first His kingdom and His righteousness, and all these things will be given to you as well.”

**Matthew 6:34** “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

## How can we avoid the path of worry?

### A. Refuse to worry about the needs in your life.

**Philippians 4:6a** “Do not be anxious about anything ....”

### B. Remember to pray about everything!

**Philippians 4:6b** “... But in everything, by prayer and petition, with thanksgiving, present your requests to God.”

**I Thessalonians 5:18** “Give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”

**I Peter 5:7** “Cast all your anxiety on Him because He cares for you.”

### C. Recall those times in the past when God provided your needs.

**Psalms 77:11** “I will remember the deeds of the LORD; yes, I will remember your miracles of long ago.<sup>[12]</sup> I will meditate on all your works and consider all your mighty deeds.”