WELCOME TO OUR HOPE PROJECT'S

Newsletter

We're so glad you're here!

What we are about.....

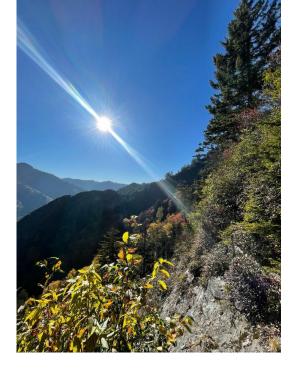
HOPE!

This newsletter aims to bring hope and joy to your daily life by sharing my family's journey through unexpected challenges. We firmly believe that a positive outlook, faith, and the right circle of friends will help you tackle any obstacle with resilience and a smile. In the upcoming editions, we will candidly share our recent experiences dealing with Parkinson's Disease and Esophageal Cancer.



Meet the Parker Family

From left to right- my wife, hero, and best friend, Trina. My oldest daughter, Grace. My youngest daughter, Anna. I (Nick), the content creator, and editor.



Sunrise Alum Cave Trl, GSMNP

(Lessons learned continued...)

Crazy enough to believe?

Are you at a breaking point in your circumstance, your health, finances, career, marriage, or a wayward child? Or maybe you have resigned yourself to the idea, "well I'll never... or I'll always..."? The "I've always struggled with this", or "this runs in our family", or "there is no cure for this."

I believe almost every situation's outcome in life rests on our thoughts toward our circumstances and ultimately, whom we believe to be in charge of a given situation. Recalling the definition of "Hope":

"the joyful anticipation of a good outcome"

I also believe that misplaced hope, such as hope in your ability to change yourself alone, without divine intervention, will only get you so far. It is my belief, that our hope and joyful anticipation, coupled with the hope found in a relationship with Christ and His ability, is limitless and boundless. This kind of hope is good for everyone, inspires those around us and shines light into dark places.

We were given this hope when we were saved. (If we already have something, we don't need to hope for it. ²⁵ But if we look forward to something we don't yet have, we must wait patiently and confidently.)"



Grace and I on Alum Cave Trail, GSMNP

Are you crazy enough to believe?

- 1. <u>Believe that God is good...</u> "The Lord is good to all, and his mercy is over all that he has made" Psalm 145:9
- 2. Believe His good plan applies to you... "For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope. ¹² In those days when you pray, I will listen. ¹³ If you look for me wholeheartedly, you will find me. ¹⁴ I will be found by you," says the Lord. "I will end your captivity and restore your fortunes. I will gather you out of the nations where I sent you and will bring you home again to your own land." Jeremiah 29:11-14
- 3. Believe in His process, always remaining hope filled... "So we're not giving up. How could we! Even though on the outside it often looks like things are falling apart on us, on the inside, where God is making new life, not a day goes by without his unfolding grace. These hard times are small potatoes compared to the coming good times, the lavish celebration prepared for us. There's far more here than meets the eye. The things we see now are here today, gone tomorrow. But the things we can't see now will last forever." 2 Cor 4:17-18 MSG



It is way too easy to be depressed, negative, and filled with fear and anxiety. Thinking, "woe is me", I'll just live with it! It is your choice to believe or not to believe God for change. Let's face it, how hard do we have to look to find someone who is negative? Not very hard. Why not be different and choose Hope? What is the worst that could happen? You laugh more, smile more, appreciate more, spread more joy, and have a better life starting now, and with hope in Christ, forever.

(picture left, Nick on trail to Mt. LeConte, GSMNP)

Thought of the day

"Let your hopes, not your hurts, shape your future!"

Robert H. Schuller

Coming Next Week

Lessons learned (continued)

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Nick Parker | 216 Wahoo Court | Seymour, TN 37865 US

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