
WELCOME TO OUR HOPE PROJECT'S

Tuesday Newsletter

We're so glad you're here!

What we are about.....

HOPE

This weekly newsletter aims to bring hope and joy to your daily life by sharing my family's journey through unexpected challenges. We firmly believe that a positive outlook, faith, and the right circle of friends will help you tackle any obstacle with resilience and a smile. In the next edition, I will candidly share my recent experiences dealing with a diagnosis of Parkinson's Disease.



Meet the Parker Family

From left to right- my wife, hero, and best friend, Trina. My oldest daughter and copywriter, Grace. My youngest daughter and social media coordinator, Anna. I (Nick), the owner, content creator, and editor.

#5 August 6, 2024

Facing Parkinson's Disease Diagnosis with Hope Part 5



If God is good then why pain, death, sickness, etc.? Yes, I, asked that question. Even as a person of faith, I asked it. I suppose as I hurl through time I'll have opportunity to ask it again of my creator. I ask this question out of a desire to understand a way through, not to argue with God.

Recalling my conversation (prayer, lamenting) on “that” night in 2014, I began to understand and see God’s goodness and provision in a different way. It dawned on me that the substance of me as a spiritual man would be linked to the way I responded to the things outside my control, the “interruptions” of life, and the way I responded to others. I had a great choice to make, get bitter or get better. I made this chart in my journal sometime after the night of my diagnosis in 2014.

Bitter or Better?

Bitter	Better
Critic	Credulous
God is mad at me therefore...	God loves me therefore...
I’m cursed	I’m blessed
Quick tempered	Patient
Coarse	Gentle
Worried/Fearful	Trust/Faith
Hopeless	Peace

Like I said in previous editions, Parkinson’s took me by surprise, but it did not catch God off guard. I still have a lot of the “Bitter” to work on (grace needed). Now on most mornings when I wake, I recall the verse my Bible fell open to “by-chance”, “that night”;

**“The Lord your God in your midst,
The Mighty One, will save;
He will rejoice over you with gladness,**

He will quiet *you* with His love.”

Zephaniah 3:17

My reminder that God is willing to meet me whenever and wherever, and is excited for our day together!

(....to be continued)

Coming Next Week

Facing Parkinson's Disease Diagnosis with Hope (Part 6)

Subscribe



Nick Parker | 216 Wahoo Court | Seymour, TN 37865 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!