

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

March 15, 2026
4th Sunday of Lent
John 9:1-41

If you are like me, it's easy to fixate on our shadows: failures, guilt, shame. Especially when we suffer, it is easy to want to blame ourselves or others. In this week's Gospel, Jesus' disciples ask about the blind man, "**Rabbi, who sinned, this man or his parents?**" (John 9:2) They, like us, focus on blame. But Jesus sees the entire situation differently: "**Neither he nor his parents sinned; it is so that the works of God might be made visible through him.**" He does not deny sin, but he sees deeper — through the light of mercy, not the lens of judgment. The scene hinges on Jesus' strange claim: "**I am the light of the world**" (John 9:5). He sees things differently than everyone. They see shadows and light. He is the light.

Thought experiment: imagine you are the sun looking at everything on the earth. What do you see? Everything. What do you *not* see? Shadows. Everything is illuminated. If you see it, it is illuminated. For the light, nothing is dark.

Because he is the light, Jesus sees us in the glow of his redemptive love. Even our sin becomes a place where his glory can shine. The man's healing is not just about sight — it is about seeing as Christ sees. Lent is not a season of staring into darkness. It is a time to step into the light — to let Christ's gaze reframe how we see ourselves and one another.

Lenten challenge: Spend 10 quiet minutes this week asking Jesus to show you how he sees you. Not through shame or fear, but through the light of his mercy.

— *Father John Muir*

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