Spiritual Fusions

Psychic & Holistic Extravaganza www.SpiritualFusions.com
August 6 & 7 2022
Columbia, SC

SATURDAY LECTURES

12:00 - 12:45 pm: PARDIS FATOLAHZADEH "THE TWIN FLAME JOURNEY + RELATIONSHIP"

What Twin Flames Are; What the Twin Flame Relationship is Truly About; How to Heal Your Twin Flame Connection; How to Practice Self-Love + Awareness; and How to Create the Twin Flame Relationship You Truly Want. Pardis is a former corporate attorney turned life coach. She has had her intuitive gifts all her life. She was guided to leave her corporate career in 2018 to step into coaching Twin Flames since this relationship is unique and not like other relationships you may have experienced in the past. Pardis is a Twin Flame healer, teacher, and guide. www.twinflameacademy.com

1:00 - 1:45 am: MICHAEL BRAZELL "HEART TENDING: RITUALS OF JOY & SORROW

Moments of joy and sorrow are powerful catalysts in our lives. Rituals help us tend to these potent moments as an invitation to live a deeper soul inspired life. In this experiential lecture you will learn the art of crafting rituals to manifest joy, and to bring tender healing to life's sorrows. Includes learning: elements of ritual, rituals for personal tending, and crafting rituals for beloved community. Michael, an Intuitive Consultant, focuses on the lessons and blessings we have to work through in order to create a more positive and spiritually focused life. www.MichaelBrazell.com

2:00 - 2:45 pm: KRISTINE BARNES "KARMA-B-GONE"

Join Kristine as she communicates with the Ascended Masters to continue their series on educating the public of how to release themselves from the bonds and illusional traps of self-imposed karma. Come and prepare to relax, laugh, and get the "Good Word". The audience will have a chance to speak with the Ascended Masters directly through Kristine for a Q & A session. The Masters will also give the audience tools to free themselves from their own limited thinking, all supported in science. Kristine is a Starseed, Healer, Medical Intuitive, and Psychic Medium who hears and sees Angels and Guides. She works with the Ascended Masters, Ancestors, and Galactic realms. She invites these entities of Highest Love and Light to share their gifts and guidance through her, while she sees and clears blockages. www.dancingfeatherhealing.com

3:00 - 3:45 pm: CANDACE CHELLEW "AWAKEN: THE 6-FOLD PATH TO ENLIGHTENMENT"

Feeling stuck on the spiritual path? Candace Chellew, the Spiritual Director at Jubilee! Circle has a map to get you back on track. The AWAKEN method offers six steps to enlightenment,

helping you find the permission, willingness, awareness, and knowledge you need to begin to embody your higher Divine Self in the world in every moment. Through interactive exercises, we'll identify your current spiritual blocks and pain points and put them through the six steps. We'll also learn how we've already been intuitively walking this AWAKEN path, and how to consciously put its power to use in our lives. Candace Chellew is the founder of Jubilee! Circle, an interfaith, metaphysically based spiritual community in Columbia, SC. She is also the author of "Bulletproof Faith: A Spiritual Survival Guide for Gay and Lesbian Christians." https://jubileecircle.com/

4:00 - 4:45 pm: HEATHER COLE "WHY WE TRAP NEGATIVE EMOTIONS"

Join Heather as she outlines and describes negative energies that our mind, body, and souls can hold on to, and how those negative energies can affect us physically, emotionally, and spiritually. She outlines why we trap these energies, and what we can do to help let go of them and promote healing. Heather is a nationally board-certified holistic nutritionist and health/life coach. She has been working as a functional medicine practitioner and health coach at a local family practice medical clinic for the past five years. In her day-to-day, she helps clients identify health and lifestyle concerns that inhibit them from reaching their overall health and wellness goals. www.therenewmethod.com

* SPECIAL EVENT * 5:00 - 5:45 pm: SOK HWEE TAY "CHAKRA JOURNEYING WITH SOUND BOWLS"

Please welcome Sok Hwee Tay to lead us on an amazing Chakra Journeying. With her Crystal Sound Bowls, you will be taken through each of the chakras to clear away any stagnant energies and to refill it with positive affirmations. In this experience, you will be guided through the 7 main chakras with crystal sound bowls and affirmations to empower you and to help identify your blockages and realize the power you hold within themself. Sok Hwee is a Masters Level Board Certified Music Therapist, Reiki and Sound Healing Practitioner. Throughout her career, she has worked with a wide spectrum of clients ranging from children to the adult population. This diverse experience has allowed her to develop a unique and multi-faceted approach in her work offering individual sessions, corporate wellness programs and sound meditation events. www.songtreemusicandwellness.com

SUNDAY LECTURES

12:00 - 12:45 pm: GRACE MOSGELLER "6 TIPS TO DEEPEN YOUR PERSONAL ASCENSION JOURNEY"

Discover how simple it can be to deepen your spiritual ascension journey, become more self-aware and heal unconscious thoughts, behaviors and emotions that hurt yourself and others. Using these 6 tips will help heal personal & business conflicts, challenges, betrayals, and unforgivable mistakes. You'll also experience first-hand how quickly & easy it can be to shift from stress to peace, warmth, and joy in your heart. Grace is a Starseed Goddess, Soul Reader and Master Energy Healer. She has been trained and certified in 2 life coaching programs, 3 life mastery programs, a 3-year energy healing school and many mind-body-spirit transformation techniques. She uses her deep intuitive skills to help strong women make soul deep transformational shifts to change the realities of their life.

www.GraceMosgeller.com

Spiritual Fusions

All Session Sign-Up's at the Front Table

\$20 per 15-minute session

Max 2 Sessions (30 minutes) back-to-back 2 Sessions (30 minutes) recommended for Healing/Energy work for a greater experience

READERS AND HEALERS

Please Note: Aura Photo Readings are made directly at the Aura Photo Booth.

1. DONNA CLIFFORD: "Intuitive Guidance Practitioner"

(Travelers Rest, SC) Donna is an intuitive, dedicated to serving as a multidimensional healer. Using an array of oracle decks, including archangels, fairies, mermaids, and ancestors for complete guidance. You will leave with clarity of your current situation and the potential and actions needed for future desires. Guides and angels may even show up! Clients often say their questions were answered before they even asked. divineinhalehealing.com

- 2. TRISH HURLEY: "Elemental Divinations" (Mills River, NC) Trish will ask you to stir stones, bones, shells and coins spread on a cloth with the five elements design. Her teacher was West African Medicine practitioner Malidoma Some. From the spread, Trish will give you answers to your questions, life paths and more. It is a wonderfully empowering experience. www.Patricia9hawk.com
- 3. REBECCA POULTER: "Intuitive Animal Communicator & Channel" (Asheville, NC) Connect with animal companions about their feelings, behaviors, choices, and more! Reconnect with dear ones who have crossed the rainbow bridge. Or explore the spirit realm and make connections with your animal spirit guides from Essence animal and/or otherwise. Learn what messages they have to assist at this time on your life path. The animal does not need to be present, simply a photo if possible. www.animaloracle.net

4. ALICE: "Medium, Tarot/Oracle Reader, Lightworker"

(Gaston, SC) Alice is a medium, tarot and oracle reader, lightworker, single mom, and substitute teacher. She loves using her gifts to help other people solve problems, find their path, and help them through a spiritual transformation. alicekoivu9@gmail.com

- 5. ANGE: "Psychic Medium & Reader" (Arden, NC)
 Ange is an 5th Generation Psychic Medium, naturally since the age of
 two. Choose 1 per session: 1) General reading: past, present, future. 2)
 Connect and receive messages from the Angels and your Spirit guides
 3) Animal Spirit Guides/ Totem Pole discovery. 4) Mediumship: Who will
 show up? a.n.g.e.031307@gmail.com
- **6. KATHRYN BRAHANEY: "Psychic Medium, Intuitive Tarot Reader"** (Asheville, NC) Kathryn, the woman, "Behind Third Eyes," uses her natural abilities as a spiritual medium to connect with spirit guides, past lives and lost loved ones. Her specialties include channeling spirit guides, past life regressions and intuitive tarot. She has communicated with

spirits since she was a child and now reads professionally. She is incredibly grateful to read for you! www.BehindThirdEyes.com

7. "AUNTIE" DENISE: "Empath"

(Greer, SC)

Since childhood, Denise has had the ability of intuitively reading a person's emotions. The state of your body is an excellent indicator reflecting its need to be consciously aware of what is going on in your life. Denise will help you uncover those emotions within you to raise your vibrational frequency allowing you to live your best life. toheal@aol.com

8. PAULINE: "Intuitive Medium"

(Mauldin, SC)

Clients may ask one question and select from an array of Oracle and Tarot cards. Pauline will do an intuitive reading. If their loved ones choose to come through, I will also connect them with their messages. www.InklingsOfHope.com

9. MANDI J. SMITH: "Tarot Reader & Psychic" (Waynesville, NC) Whether you're looking for clarity on relationships, career, life purpose, etc., Mandi will take a deep dive into your current energy and get you the specific guidance you need. Booking a session with Mandi is like talking with a trusted friend. Nurturing with a dose of tough love, Mandi's goal is to always leave you feeling empowered and ready to take action. facebook.com/carnelianspiritualityandtarot

10. SUNFLOWER TARA: "Psychic Medium, Intuitive Mentor"

(Candler, NC) - Sunflower, with over 30 years' experience, can easily tap into the other side to see and hear loved ones, giving you comfort with their messages. Love, finance, past lives, cutting cords, and soul purpose are her specialties. Sunflower can help you unblock, remove obstacles, and receive messages from Spirit to help guide you along your path. Aim for Bliss! www.PsychicActivations.com

11. BEATRICE NIEMANN: "Diviner" (Hendersonville, NC) Cowry Shell Divination learned through training and studying with Malidoma Patrice Some, who has brought this ancient form of divining to the West. This form of divination gives the receiver access to messages and guidance from the invisible world, showing ways to bring balance and harmony into the divinee's life path. bea3nie@gmail.com

12. ALI: "Psychic Medium, Tarot Reader"

(Columbia, SC)

Ali brings to each reading Divine Guidance to guide you with positive energy. Whether it is questions on career, finances, love, dream interpretations, or your life path, Ali will uplift you and provide clarity and encouragement. Ali's readings are honest and enlightening. No matter where you are on your journey, let us all ascend to new heights! www.alidivineguidance.com

- 13. ZAN DEAN: "Akashic Records Psychic Reader" (Asheville, NC) Akashic Records Soul Activism readings offer soul nourishment, soul healing, and divine action plan. Dive into what the etheric truth of the records and learn about your core energy, your souls unique gifts and abilities, your purpose, and your souls inherent challenges. Seekers will walk away with a clear action plan that supports them in deeper alignment with their souls truth. www.ShaktiVisions.com
- **14.** SHERRY WILLIAMS: "Psychic & Intuitive Guide" (Chapin, SC) Do you feel unfulfilled, unhappy, depressed, angry, or weighed down? Are you struggling with issues around love, relationships, or health? Sherry uses her powerful psychic abilities to get to the source of these issues with razor-sharp accuracy to release trapped wounds and help you stand in our own power. <code>sherryw662004@yahoo.com</code>

LECTURE: Sun. 3 pm "Importance of the Energy of How We Speak"

15. PARDIS FATOLAHZADEH: "Intuitive Love + Life Coach"

(Greenville, SC) Intuitive Readings + Coaching; Intuitive Twin Flame Love + Life Coaching; Reiki Healings + Intuitive Readings. Pardis is an Intuitive Twin Flame Teacher, Mentor & Guide. She is a former corporate attorney turned certified life coach and reiki healer. She has had her unique intuitive gifts all her life and has been helping others transform their lives for over 20 years. www.twinflameacademy.com

LECTURE: Saturday 12:00 pm - "The Twin Flame Journey + Relationship"

- **16.** SILAS MIMIR: "Tarot Reader, Reiki Master" (Medellin, Colombia) (Bilingual English/Spanish) Silas is a Tarot Reader, Psychic and Reiki Master. He is a vetted member of the Seattle Psychics Association. Do you have some questions that you need answered? Let's work together with the tarot to find some answers. http://www.silasmimir.guru
- 17. SANDRA DENISE MOLINA: "International Angel Messenger" (Asheville, NC) (Bilingual English/Spanish) Your Archangels are calling and have a Special Message for You! Experience the unconditional love and guidance from your Angels through the Divine connection of an Archangel Reading. Embrace Peace, Healing and Empowerment by experiencing Sandra's gifts of guidance. Sandra is a Certified International Angel Messenger Practitioner. With unwavering faith and passion to help people heal, Sandra touches and transforms lives.
- **18. EWANNA:** "Multidimensional Readings, Light & Sound Alchemy" (Matthews, NC) Ewanna is a Psychic Empath, Healer, Awakened Shaman, Sound & Light Alchemist, Cosmic Channeler. She combines Source knowledge and lifetimes remembrances with years of practice in scientific and healing arts. A session may bring in channeled information and guidance, shamanic medicine, activations, sound alchemy, light language etc. 30 minutes strongly encouraged. www.Facebook.com/HealwithEwanna.

19. GRACE MOSGELLER: "Spiritual Healing & Transformation Intuitive" (Evergreen, CO) (30 minute minimum i.e. 2 tickets) SOUL PURPOSE INTUITIVE READING + MINI HEALING. Grace's soul purpose reading will uncover unique gifts of your soul you can use to deepen your spiritual journey of enlightenment and transformation and give clarity aligning with your Life Purpose. Connect with deep feelings of joy, peace and happiness with a mini healing so you can wake up happier, more confident and abundant. .www.GraceMosgeller.com LECTURE: Sunday 12:00 pm - "6 Tips to Deepen Your Ascension Journey"

20. REV. MICHAEL BRAZELL: "Intuitive Grief Guide & Ritualist"

(W. Columbia, SC) During a Heart Tending Session, we will navigate your personal Grief Landscape. Together we will craft a personal healing ritual to help you connect more deeply to your breath and body. We will use a blend of Blue Fire Reiki, Guided Meditation, and simple ritual. Michael is a Death Doula, Grief guide and Master Intuitive healer based in Columbia SC. www.MichaelBrazell.com

LECTURE: Saturday 1 pm - "Heart Tending: Rituals of Joy and Sorrow"

21. LETHEA GERBERS: "Healing, Chakra Balance, Pain Removal" (Hendersonville, NC) - (30 minute minimum i.e. 2 tickets) - Lethea Gerbers aka 'Hot Hands.' Lethea has training with Circle of the Heart, Kabbalah Tree of Life healing, Access Consciousness and Bars Certification, Reiki Master and Teacher certifications, several chelation systems, training in Remote Viewing and Mediumship, and holistic healing such as with essential oils and herbs. tiggertwo01@gmail.com

22. ATHENA JONES: "Reiki Master" (Hendersonville, NC) (30 minute minimum i.e. 2 tickets) Using the combined healing powers of music, reiki energy and our guides I will identify and remove any blocks copy that are blocking your

Using the combined healing powers of music, reiki energy and our guides I will identify and remove any blocks cons that are blocking you from stepping into your purpose. Allowing you to release any stories that no longer serve you and step into a new book where you are the writer, editor, and main character. athenajones.biz

- 23. ODDESSEY QUEEN: "Therapeutic Reiki Massage & Reflexology" (Columbia, SC) (15 or 30 minute sessions available) Bringing you offerings of Therapeutic Reiki Massage and Reflexology. Our vital energy flows throughout our body and when there is an imbalance in the body it can lead to illness, stress, pain, anxiety and depression. Massage aims to keep your vital energy flowing creating balance and improve your general well-being. A Fresh Restart to Your Body is Well Worth the Experience! www.facebook.com/TheOddessey
- **24. JASON HUNT:** "Intuitive Energy Worker" (Arden, NC) (30 minute minimum i.e. 2 tickets) With the harmonized healing modalities of Reiki, crystals and lithotherapy, Jason creates a healing envelope, helping you release old repeating patterns, to facilitate the emergence of your true self! He can help you to reduce the pain and suffering we often have in our daily lives, and thus improve the quality of your life, both inner and outer lives. His focus is centered on Ascension, Merkaba Activation, Conscious Embodiment and Co-Creation for over 30 years. www.waterprana.net
- 25. KRISTINE BARNES: "Psychic Channel Shaman" (Greer, SC) (30 minute minimum i.e. 2 tickets) Kristine is a Starseed, Healer, Medical Intuitive, and Psychic Medium who hears and sees Angels and Guides. She works with the Ascended Masters, Ancestors, and Galactic realms. She invites these entities of Highest Love and Light to share their gifts and guidance through her, while she sees and clears blockages. You will receive self-care tools for your healing. DancingFeatherHealing.com LECTURE: Saturday 2:00 pm "Karma-B-Gone!"
- **26. ARIANA ZARIAH:** "Childhood Trauma Release" (Greenville, SC) (15 or 30 minute sessions available) Ariana has been gifted with the ability to find deeply hidden blocks, traumas, entities and curses from childhood, your Ancestral lineage and past lives. If your life is challenged by bullies, blocks and disappointments, the profound energetic clearings by Ariana can change your life experience for more ease, Grace, and lightness of being. Healings also available for kids & pets. NamasteHealingArts.com

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UPCOMING SHOWS

August 20 & 21, 2022 - Asheville, NC
November 5 & 6, 2022 - Asheville, NC
January 14 & 15, 2023 - Columbia, SC
March 10-12, 2023 - Asheville, NC
March 2023 - Greer, SC
June 9-11, 2023 - Asheville, NC
July 2023 - Columbia, SC
August 18-20, 2023 - Asheville, NC
September 2023 - Greer, SC
November 3-5, 2023 - Asheville, NC

Other Cities on the Horizon: Charlotte & Johnson City

SUNDAY LECTURES CONT'D

1:00 - 1:45 pm: DWIGHT DALE MILLER "INNER CHILD HEALING MEDITATION"

Dwight Dale Miller is all about helping people become self-empowered so they can live happy, joyful lives fulfilling their calling. Dwight is a healing guide, teacher, author, speaker, coach, numerologist, and abstract painter. He is certified in using guided meditation, a mind-body-nutrition technique, and other modalities to help clients release negative experiences, emotions, traumas, limiting beliefs, self-judgments, and other programming from the conscious and subconscious mind. It is said that the subconscious is 95% compared to 5% for the conscious mind. Check out his 2022 book release, "The Formula for Lasting Happiness: For Teens, Kids Parents, and Everyone Else." He is also the author of "A Soul's Perspective: How to Finally Heal and Transform Your Life," and "One Hour to Amazing, a book on natural health and fitness." Also learn his highenergy paintings and empowering classes. www.DwightDaleMiller.com

2:00 - 2:45 pm: SUNFLOWER TARA "ANGEL & SPIRIT GUIDE ACTIVATION"

This class is great for those looking to deepen their connection with spirit through archangel led mediumship. During this channeled activation, we will build a bridge to the astral to meet your guardians and guides. Ancestors, Ascended Masters and Angels are encouraging and supporting you in your quest to find success, balance, and harmony. We will meet them in the "reading" room (Akashic Library). It is a message from your Guardians that you can call on them to stay spiritually connected and centered. Faith creates miracles to happen in your life. Stay optimistic about your future and destiny, and give any concerns, fears, and worries to the angels for healing and transmutation. Using positive affirmations, maintaining a positive attitude, and focusing on a successful and fulfilling future will manifest your wishes, wants, and desires. You may also hear personal channeled messages from spirit council. Sunflower is a Psychic Medium and Intuitive Mentor with over 30 years' experience. www.PsychicActivations.com

3:00 - 3:45 pm: SHERRY WILLIAMS "THE IMPORTANCE OF THE ENERGY OF HOW WE SPEAK TO OTHERS"

At a young age, Sherry was constantly told by her father that "Children are meant to be seen and not heard." As she grew up, she had a hard time expressing herself in fear being wrong and those she was in a close relationship with would leave her. Imagine if every child was talked to with loving energy - rearranging how words are spoken - even if it needs to be stern. Imagine children becoming adults and expressing themselves in a positive way with outsiders and the ones they eventually have a close relationship with. Imagine a world where we as adults all know how to communicate with positive energy. Sherry is an Intuitive Therapist and Energy Healer with a Master's in nutrition, herbs and vitamins and holds a life coaching certification. Sherry uses her skilled set of intuition and clairvoyance to find the source of your repetitive cycles/patterns with sharp accuracy and offers effective strategies to resolve your challenges. www.facebook.com/sherrythemessenger

VENDORS

AURA PHOTO READINGS WITH PSYCHIC ATENA

See what your aura looks like and receive a personal reading with about what the colors mean to you. Atena will help you understand what your aura is telling you about you and your life. *PsychicAtena.com*

COSMIC ARTILLERY

Handmade healing jewelry, gemstones, and crystals including Moldavite and meteorites. *Cosmicartilleryco@gmail.com*

PURE RITUAL WITH ARTIST NINA KAWAR

Handcrafted meditation & metaphysical products to support one's spiritual practice & personal well-being. A unique collection of porcelain & wood tools, sculptures and jewelry inspired by sacred geometry, nature, ancient symbols, the chakras and the human body. *Pure-Ritual.com*

HEAVENLY TREASURES WITH JENNIFER MALDONADO

Jennifer brings fabulous wire wrapped jewelry. Often digging her own crystals straight from the earth for her wonderful works of art. She very lovingly cuts, shapes, and names each piece. Facebook.com/Heavenlytreasurejewels/

MEDICINE WIND MUSIC WITH GEORGE TORTORELLI

Handmade bamboo flutes, whistles and bird whistles made from homegrown Florida bamboo since 1980. Plus, original flute music recordings for you to enjoy! www.medicinewind.com

HENNA BY RAMONA

Exotic Hand Painting from India. From simple motifs to detailed mandalas, henna can adorn your hands and feet the way you want and it's generally used today to express luck and happiness and is an essential part of a bride's makeup or perfect for any occasion. www.pramonaspiritual.com

SOUL LOVE WITH LINDSEY GRIFFIN

Soul Love is a Mind, Body, Spirit product collection serving to raise intentional awareness. Offering Reiki + Crystal infused Intention candles, bath soaks, body butter, and bath bombs, each product is crafted around 7 intentions expressing the truth of our Love within. www.soulloveconnections.com

THE SAPPHIRE PATH WITH SHARON HOWARD

Beautiful hand-crafted smudging and cleansing feather wands embellished with spirit animals and crystals. Plus, saging and clearing products, including white sage, palo santo, etc. *TheSapphirePath.com*

CRYSTAL KING DESIGNS by Carl Coleman

Carl's signature design "Ascension" alchemically combines precious minerals with his unique design to harness the crystal's energy. As a Reiki Master, he aspires to help to nurture, heal and align the spiritual, physical & mental bodies, while creating distinctive jewelry that is at singular, functional & beautiful. CrystalKinqDesigns.com

CAROLINA CRYSTALS & MORE

Crystals from all over the world from common to the uncommon. Crystal & chakra jewelry, laser engraved décor, carvings, incense, dream catchers & more! Facebook.com/carolinacrystalsandmore

MYSTIC ARTS AND CRAFTS WITH SANKOFA GORDON

Offering healing arts, crafts and jewelry handcrafted and designed by the Shamanic Mystic Artist Sankofa Gordon. Copper/gemstone wears, tribal inspired décor/jewelry, dream catchers, bone breast plates, amulets, chokers, etc. Facebook.com/Mystic-Arts-and-Crafts-105233627704030

HEAR PUBLISHING WITH HELEN AND STEVE

High vibing original books and music to help you push through spiritual obstacles and connect with the infinite heart-centered energy with Helen Greenfield, Soul Journey Initiator, Ancient Wisdom educator and author, along with Steve Green, composer, musician and sound frequency facilitator. *HearPublishing.com*

JOURNEY THERE WANDS

Handmade one of a kind healing wands, rattles, fans and traveling wands (pendants); with crystals, feathers, animal medicine and infused with Reiki and Councils of Light energies. Channeled to heal, empower, awaken, and evolve. Working with you on your Journey There. www.journeytherewands.etsy.com

DWIGHT DALE MILLER

A healer, numerologist, author, painter, and creator of the Wildlight Healing System that anyone, even children, can use to send positive energy & remove negative energy from themselves, others, animals, even plants. Live the life you came for! Visit *DwighDaleMiller.com*: classes, paintings & recent book "Formula for Lasting Happiness. Lecture: Sun. 1:00 pm "Inner Child Healing Meditation"

NATIVE AMERICAN CEREMONIAL MEDICINE WOMAN - BRENDA BISHOP

Providing a native American alternative to healing, spirituality, ceremony, and life path experiences. Plus, medicine wheels, dreamcatchers books and paintings that are intuitive to help with life situations. *Facebook.com/brenda.bishop.186*

VOLCANIC ORIGINS AND AROMATHERAPY

Volcanic ash face & body detox products - under eye masques - essential oils - Mary Jane's hemp oil - diffusers. www.volcanicorigins.com

THE WELLNESS GARDEN

Helping you acquire overall wellness through a holistic approach to diet and lifestyle modification and the use of medicinal herbs. We offer consultation, nutrition plans, sea moss, sea moss gel & holistic herbs. We give you an alternative to health! www.wellnessgardens.com