

## SATURDAY LECTURES

### 11:00-11:45 am: BARRY OSWALD "Awakening To Immortality"

Every living entity has an innate desire to live with Liberty, Unity and Vision - LUV. But much impedes us in our journey. Awakening (AVIVA) to ones moral authority to choose is the beginning of true mortality, immortality and transformational friendship in the endless expansion of boundless potential. In our session, you will be given a detailed explanation of the various Domains and Dimensions of life in both the Visible and Invisible Domains of the 1st Realm. And with this you will begin or continue anew your journey of discovery. Barry has been bringing new and expanded insights to individuals for decades. But this is the first presentation of new discoveries of Reality that will astound you. [barryoswald@gmail.com](mailto:barryoswald@gmail.com)

### 12:00-12:45 pm: CHRISTI JACOBS "Native American Jewelry - Meaning of Stones & Colors"

Christi will show samples of different pieces of Native American jewelry and how they are designed. She will explain why we use certain stones and colors and explain the properties of the stones and why they are used. Christi will show examples of some of the Native American symbols that are used and what they represent. Afterwards, she will open the floor for questions and answers. Christi was trained by an Apache medicine man on the traditional ways to make beadwork and jewelry. While beading, he would offer stories and teachings about his childhood and the ways the old ones taught him as he passed the tradition forward. [StarSpottedHorseCreations.com](http://StarSpottedHorseCreations.com)

### 1:00 - 1:45 pm: SANDRA DENISE MOLINA "Spark Up Your Life with Your Archangels!"

It only takes a spark to jump-start your life with the Divine Love of your Archangels! Your angels are ready to strengthen their connection with you and fill you with peace, love, and inspiration. Your angels are always by your side to help you along your path. During this presentation, you will learn about the magnificent archangels and discover which Archangel is supporting you at this time. Sandra is an International Angel Touch Healer and Certified Angel Messenger Practitioner, passionate about inspiring, empowering, and healing while using her gifts of guidance, healing touch, and prayer. With her purest intention and genuine love to help people heal, Sandra touches and transforms lives. [SandraDeniseMolina.com](http://SandraDeniseMolina.com)

### 2:00 - 2:45 pm: KAY JONES "The Sacred Healing of the Orgasm"

Kay Jones, an Inner Goddess Coach and Orgasm Enthusiast with over 20 years of sexual exploration under her belt. She has fallen deep into the spiritual realm of The Orgasm uncovering its energetic blueprint for transcendent euphoria. By overcoming fear, shame, and self-doubt, you can surrender to the power of this bliss, lifting your spirit and awakening your soul. Join her on this transformative journey to embrace pleasure, confidence, and joy. Ignite your inner goddess and create a sacred space where ecstasy and enlightenment share a sacred dance. Get ready for a life-changing experience! Kay is the creator of the sexual wellness company, SheOrgasms which helps women find harmony within orgasmic transcendence and the sacredness of sensual connection. [www.SheOrgasms.com](http://www.SheOrgasms.com)

### 3:00-3:45 pm: ABBIE MARTIN "Creating Ritual in Your Everyday"

How we choose to honor the divine in our daily spiritual practice is very personal and sacred. Making the decision to treat each day as sacred and creating a sacred ritual can transform your connection and your spiritual practice. In this experiential workshop we will practice calling the quarters and other practical tools you can add to your daily practice to help you create a magical ritual. Abbie is a Master Wiccan, Intuitive and an Energy Healer with more than 20 years of expertise. Her mission in life is to provide her clients with magical tools to help them transform their lives, stand in their power, and strengthen their connection to the Divine. [www.intuitive-resources.com](http://www.intuitive-resources.com)

### 4:00-4:45 pm: MYSTIC SHAMAN SANKOFA "Exploring Meditation for Beginners"

Meditation can be an amazing tool in the process of healing mentally, physically & spiritually. It can be used to heighten our sense of awareness & focus. In this presentation we go into the benefits of meditation. Simple ways to practice and introduce meditation into your daily life. Tools that can be used to help refine our meditation practices. And then an interactive demonstration using deep breathing, creative visualization & sound bath tools. [mysticartsandcrafts.shop](http://mysticartsandcrafts.shop)

## SUNDAY LECTURES

### SPECIAL EVENT (Add-On Fee \$20)

#### 12:00 - 12:45 pm: HEATHER COLE "Group Energetic Clearing"

Clear the Soul / Clear the Mind / Heal the Body

Start the day off right with this special energetic clearing. Energy work goes deeper by addressing the underlying root cause to what prevents us from being our best self. This group session can clear aspects of your past that are blocking you from your best self. In the clearing welcome in soul retrieval, clearing of negative energies (ties, emotions, etc), alignment, healing, realignment, energy refill, and grounding. Heather Cole, C-NTP, NBC-HWC is a functional medicine provider, energy medicine practitioner, and board-certified Life & Health Coach and is the founder of the Renew Method. Join us and find out how amazing you can feel. [www.TheRenewMethod.com](http://www.TheRenewMethod.com)

(Due to limited size, there is an add-on fee of \$20. Tickets can be purchased in advance or at the door if available)

#### 1:00-1:45 pm: SOARING BLUE EAGLE "Native Grandmother's Perspective on The Medicine Wheel"

Speaking with your totem animals, learning about your totem animals, learning what your Life path is in the medicine wheel. Brenda can see and hear your totem animals and provide you with that information. She will walk you around the medicine wheel and let you know what your Life path is from the native American grandmother's perspective. [Projectsmiley2001@gmail.com](mailto:Projectsmiley2001@gmail.com)

### 2:00-2:45 pm: MARK E.T. "Journey Into the Age of Aquarius"

The Age of Aquarius is upon us! Discover more about this opportunity to transform yourself from "me" to "we" and how magical "we" are together in the cosmos. This is your time for a new paradigm for your consciousness in this time of great trials. Pluto has and will move into the sign of Aquarius and the cosmic energies are evolving. Come and listen and you will become a guide to others in developing a better cosmic flow in the Age of Aquarius!

### 3:00-3:45 pm: GEORGE TORTORELLI "Healing Sounds of The Bamboo Flute"

George Tortorelli of Medicine Wind Music is a Master Bamboo Flute Designer and Player. He has been a Multi-Instrumentalist since the age of 12 and has since experienced the beauty and the silence of nature's purest harmonies. His music was so loved by surrounding communities that he became known as "Medicine Wind" for the healing sound qualities of his Meditative, Peaceful, and Magical music. George has appeared with such notables as Ram Dass, Deepak Chopra and many others. [www.medicinewind.com](http://www.medicinewind.com)

### 4:00-4:45 pm: LETHEA GERBERS "Acupressure for Self-Healing"

Make your body happier! Practice 7 easy self-healing acupressure recipes Lethea Gerbers created just for you. Acupressure stimulates the acupuncture points developed through centuries of use in Eastern medicine. Ease headaches, pain, back. Improve digestion. Sleep better. Calm your heart. Lower anxiety. Reduce insomnia. Energize your legs and be stronger. [www.DragonflyHolisticWellness.org](http://www.DragonflyHolisticWellness.org)

## VENDORS

AURA PHOTO READINGS with Psychic Atena [PsychicAtena.com](http://PsychicAtena.com)

HENNA BY RAMONA [PramonaSpiritual.com](http://PramonaSpiritual.com)

CAROLINA CRYSTALS with Kerin [FB: carolinacrystalsandmore](https://www.facebook.com/carolinacrystalsandmore)

INTUITIVE RESOURCES with Abbie Martin [Intuitive-Resources.com](http://Intuitive-Resources.com)  
Magical spiritual tools to help you embody and transform your spiritual life.

SATURDAY LECTURE 3:00 pm "Creating Ritual in Your Everyday"

PURE RITUAL with Artist Nina Kavar [Pure-Ritual.com](http://Pure-Ritual.com)  
Meditation & metaphysical products inspired by sacred geometry & nature.

SHEORGASMS with Kay [SheOrgasms.com](http://SheOrgasms.com)  
Sexual wellness to help women find harmony within orgasmic transcendence.

SATURDAY LECTURE 2:00 pm "The Sacred Healing of the Orgasm"

MYSTIC ARTS & CRAFTS with Sankofa [mysticartsandcrafts.shop](http://mysticartsandcrafts.shop)  
Handcrafted healing copper bracelets, enchanted amulets, and orgone

SATURDAY LECTURE 4:00 pm "Exploring Meditation for Beginners"

ESSENTIAL ELEMENTS with Jen [FB: Jenscustomjewelry](https://www.facebook.com/Jenscustomjewelry)  
Custom designed Chakra balancing crystal and essential oil diffusing jewelry.

HELEN GREENFIELD & STEVE GREEN [HearPublishing.com](http://HearPublishing.com)  
Hear Publishing-High vibe books & music to help you push thru spiritual obstacles

WISE EARTH WAY with Stephanie Hein [WiseEarthWay.com](http://WiseEarthWay.com)  
Small-batch artisan herbal remedies crafted fresh each season from her own land

KRISHNA'S CUPBOARD [Krishnascupboard.com](http://Krishnascupboard.com)  
Handcrafted holistic lifestyle products: natural deodorants, lip balm, colloidal silver

KARMA GARDEN SHOP with Jenny [karmagardenshop@gmail.com](mailto:karmagardenshop@gmail.com)  
Beautiful reiki infused electroformed copper jewelry

CLIFFROSE METAPHYSICS [Cliffrosemetaphysics.com](http://Cliffrosemetaphysics.com)  
Crystals, handmade jewelry, woodcrafts & more.

YASHA LIFESTYLES with Chad [IG: @yashalifestyles 704.953.7687](https://www.instagram.com/yashalifestyles)  
Ancient herbal remedies: fruit-infused sea moss, herbs, detoxes, and Soursop.

ELEVATE MD [Emptechpro.com](http://Emptechpro.com); [Graceperfectskin.com](http://Graceperfectskin.com)  
All natural skincare products & LED Devices Complimentary consultations.

BYRD HOLISTIC XPRESSIONS [byrdsholisticexpressions.bigcartel.com](http://byrdsholisticexpressions.bigcartel.com)  
Handmade spiritual tools including Florida water, crystal bracelets, spiritual oils.

GURUKULA FOUNDATION [gurukula.nc@gmail.com](mailto:gurukula.nc@gmail.com)  
Offering Singing bowls, Bells, Gongs, and Herbal Teas

RAINBOW WATER AIR PURIFIER [pureairgreenlights@gmail.com](mailto:pureairgreenlights@gmail.com)  
Removes harmful air pollutants. Provides negative ions for body & spirit health.

SYMPHONY OF AROMAS with Irene Cervantes [symphonyofaromas.com](http://symphonyofaromas.com)  
All-natural plant-based products for the face & body. Body butter, scrubs etc.

THE AGE OF AQUARIUS IS UPON US!  
Learn about this new paradigm for your consciousness.

SUNDAY LECTURE 2:00 pm "Journey into the Age of Aquarius"

DESIGNS BY KWEEN [Designsbykween.com](http://Designsbykween.com)  
Crystals, crystal jewelry, sage, candles, herbal bitters and other spiritual items.

STAR SPOTTED HORSE CREATIONS [c.m.jacobs5002@gmail.com](mailto:c.m.jacobs5002@gmail.com)  
Christi Jacobs offers sacred tools, handmade Native American jewelry, pottery.

SATURDAY LECTURE 12:00 pm "Native American Jewelry - Stones & Colors"

HIPPIE LOTUS with Jennie & Haas [FB: hippielotus](https://www.facebook.com/hippielotus)  
Crystals, gems, fossils, jewelry, smudging items, herbal teas, dream catchers.

THE BRES KNEES CRYSTAL EMPORIUM [FB: TheBreesKneesCrystalEmporium](https://www.facebook.com/TheBreesKneesCrystalEmporium)  
"If a fairy owned a crystal shop..." Crystals, fairy treasure chests & fantasy items.

KALEX COSMETICS [Kalexcosmetics.com](http://Kalexcosmetics.com)  
Focuses on alternative routes to enhance inner beauty & beauty astrology charts

BOUJEE SPIRIT with Keisha Lane B [Facebook.com/boujeespirit](https://www.facebook.com/boujeespirit)  
30 years experience in spiritual work & products. Get Boujee about your Spirit!

VITAL CHIROPRACTIC with Dr. Sam Messina [Vitalchiropracticsc.com](http://Vitalchiropracticsc.com)  
All natural healthcare, without drugs or surgery, creating optimum body.

MEDICINE WIND MUSIC with George Tortorelli [Medicinewind.com](http://Medicinewind.com)  
Handmade bamboo flutes, whistles & original flute music recordings.

SUNDAY PERFORMANCE 3:00 pm "Healing Sounds of the Bamboo Flute"

MAXLIVING COLUMBIA - Chiropractor [drnicolemarshall@gmail.com](mailto:drnicolemarshall@gmail.com)  
Natural Health & Wellness Clinic. Free posture exams & nervous system testing.

# Spiritual Fusions

## Psychic & Holistic Expo

July 29 & 30, 2023  
Columbia, SC

Session Sign-Up's are made in Front Lobby  
**\$20 per 15-minute session**  
Max 2 Sessions (30 minutes) back-to-back  
2 Sessions (30 minutes) recommended for  
Healing/Energy work for a greater experience

When registering, you understand that any session, reading or message should not be construed as a replacement for medical, legal, or financial advice from a licensed professional.

\*\* Please note: "Mediums" cannot control who comes through in a reading (you may want to hear from mom, but instead your uncle steps in). Trust the Spirit World, as each person has a message for you.

All Sales Are Final. No Refunds. Do Not Lose Ticket.

### READERS / ENERGY WORK

- 1. TRISH HURLEY "Elemental Divinations"** (Mills River, NC)  
Trish will ask you to stir stones, bones, shells, and coins spread on a cloth with the five elements design. Her teacher was a West African Medicine practitioner Malidoma Some. From the spread, Trish will give you answers to your questions, life paths and more. It is a wonderfully empowering experience.  
[www.Patricia9Hawk](http://www.Patricia9Hawk)
- 2. LILIA COLLINS "Psychic Medium"** (Aiken, SC)  
\* SATURDAY ONLY \* Lilia, psychic since childhood, connects with your spirit guides, angels & loved ones to receive guidance, love & support. Your reading can provide an array of information regarding career, finances, relationships, or any issues of concern. Her focus & intent is to provide guidance for your highest good, well-being & to spark your inner light towards self-empowerment and love. [www.Liliacollins.com](http://www.Liliacollins.com)
- 3. "AUNTIE" DENISE "Empath & Psychometry"** (Greer, SC)  
Since childhood, Denise has had the ability of intuitively reading a person's emotions and very personal objects. The state of your body is an excellent indicator reflecting its need to be consciously aware of what is going on in your life. Denise helps you uncover emotions within you to raise your vibrational frequency allowing you to live your best life. [toheal@aol.com](mailto:toheal@aol.com)
- 4. DONNA CLIFFORD "Intuitive Guidance Practitioner"** (Travelers Rest, SC)  
Donna has dedicated her career to serving as a multi-dimensional intuitive healer. She uses an array of oracle decks (archangels, angels, fairies, mermaids, ancestors) for guidance. Leave with clarity of your situation and the potential and actions needed for future desires. Guides and angels may show up in reading. Clients often say their questions were answered before they even asked! [www.divineinhalehealing.com](http://www.divineinhalehealing.com)
- 5. ATHENA "Intuitive Tarot & Oracle Reader"** (Greenville, SC)  
As an Antojai Quantum Reiki Grand Master working with your guides we will reach through the fabric of time and space to shift the energies that may have you feeling stuck in health, emotionally, physically, mentally, financially or spiritually allowing you to take your next steps towards well healthy in mind, body, and soul. [athenajones.biz](http://athenajones.biz)
- 6. SANDRA DENISE MOLINA "International Angel Messenger-Archangel Reader"** (Asheville) (Bilingual - English/Spanish)  
Your Archangels are calling & have a Message for You! Experience the unconditional love & guidance from your Angels through the Divine connection of an Archangel Reading. Embrace peace, healing & empowerment with Sandra's gifts of guidance. Sandra, a Certified International Angel Messenger Practitioner, has an unwavering faith & passion to help people heal & transform. [SandraDeniseMolina.com](mailto:SandraDeniseMolina.com)  
SATURDAY LECTURE 1:00 pm "Spark Up Your Life with Your Archangels"
- 7. ALICE "Medium, Empath, Lightworker, Tarot"** (Gaston, SC)  
Alice is a medium, tarot and oracle reader, lightworker, single mom, and substitute teacher. She loves using her gifts to help other people solve problems, find their path, and help them through a spiritual transformation.  
[alicekoivu9@gmail.com](mailto:alicekoivu9@gmail.com)
- 8. SUNFLOWER "Psychic Medium, Clairvoyant"** (Candler, NC)  
Sunflower, with over 30 years' experience, easily taps into the other side to see & hear loved ones, giving you comfort with their messages. Love, finance, past lives, cutting cords & soul purpose are her specialties. Sunflower helps unblock, remove obstacles & receive messages from Spirit to help guide you along your path. Aim for Bliss! [PsychicActivations.com](http://PsychicActivations.com)
- 9. COURTNEY TYSON "Intuitive Tarot Reader"** (Cornelius, NC)  
Courtney can help you with love & finances questions. She is an empath-intuitive and uses Oracle, Tarot, and Angel cards to help her connect with her Spirit Guides to provide you with honest truth & clarity. Courtney comes from a Country Carolina's Back Woods Background of Native American Lumbee-Cheraw Healers, Hoodoo Rootworkers & Prophets. [Fresharotone@gmail.com](mailto:Fresharotone@gmail.com)
- 10. SOARING BLUE EAGLE "Medicine Woman & Shaman"** (Lugoff, SC)  
Blue Eagle provides enlightening readings from the Native American culture. She can reveal your animal totems and how they can contribute to your daily life. Or Blue Eagle can communicate with your beloved animals both living and passed, simply bring a photo. You can also receive life path readings using the medicine wheel or any question you may have. [Projectsmiley2001@gmail.com](mailto:Projectsmiley2001@gmail.com)  
SUNDAY LECTURE 1 pm "Native Grandmother's Perspective - Medicine Wheel"

- 11. ANGE STARLING "Psychic Medium, Reader"** (Arden, NC)  
Ange is a 5th Generation Psychic Medium, naturally since the age of two. Choose 1 per session: 1) General reading: past, present, future. 2) Connect and receive messages from your Spirit guides & Angels. 3) Animal Spirit Guides/Totem Pole discovery. 4) Mediumship: Who will show up?  
[a.n.g.e.031307@gmail.com](mailto:a.n.g.e.031307@gmail.com)
- 12. BARRY OSWALD "Guide to Immortality"** (Cayce, SC)  
PRIOINO: The Way Beyond. The journey Beyond begins with exercising moral authority and continues as one discovers PRIOINO, within, with, in between, before and beyond. PRIOINO means a "unique unity of love and friendship." Living an immortal life beginning in the endless expansion of boundless potential can start with a visit to me. Barry is honored to help you on your journey. [baryoswald@gmail.com](mailto:baryoswald@gmail.com)  
SATURDAY LECTURE 11:00 am "Awakening to Immortality"
- 13. KATIE BRAHANEY "Spiritual Channel, Medium, Psychic"** (Asheville, NC)  
Katie, the woman, "Behind Third Eyes," uses her natural abilities as a spiritual channel to connect with spirit guides, past lives and lost loved ones. Her specialties include channeling spirit guides, past life readings and intuitive tarot. She has communicated with spirits since she was a child and has read professionally for over eight years. She is incredibly grateful to read for you! [BehindThirdEyes.com](http://BehindThirdEyes.com)
- 14. MARY SHEALY "Angel Channeler, Medium, Reiki Master"** (Batesburg-Leesville, SC)  
Mary is an Angel Channeler whose guidance aids in mind, body and soul healing. You do not have to ask your questions out loud to receive guidance from the heavens. Mary's intuitive connections with the Angelic realm helps you overcome struggles with awakening, spirituality, negative patterns and blockages guiding your soul to a new sense of peace and well-being. [Facebook.com/AngelsMajestic1](http://Facebook.com/AngelsMajestic1)
- 15. SEVEN MOON MYSTIC "Tarot Readings with the Angels"** (Blythewood, SC)  
Seven Moon Mystic provides tarot readings, and angel healings. She helps bring the shattered pieces of yourself back into unity, through counseling and divination. Connect with gods light to hear what your higher self needs to hear, not what you want to hear.  
[SevenMoonMystic@gmail.com](mailto:SevenMoonMystic@gmail.com)
- 16. JACQUI "Psychic Reader & Healer"** (Arden, NC)  
Jacqui is a gifted intuitive healer and uses all of her developed skills to provide you with complete guidance and healing. You will receive accurate guidance on what you need in the moment to create what you desire going forward. Jacqui is grateful to work with your personal Guides, Angels, and Masters who come forth with the highest and greatest insight. [revjacqui@gmail.com](mailto:revjacqui@gmail.com)
- 17. KARLA REEVES "Medium & Intuitive Tarot Reader"** (Columbia, SC)  
As a Holy Fire Reiki Master, Karla taps into your energy to communicate with your Spirit Guides, Spirit Animal, and/or Ancestors to bring you messages of clarity. Karla also uses Oracle cards to dive a bit deeper to discover what next steps you can take to help live a free and balanced life!  
[magicalmomentmanagement@gmail.com](mailto:magicalmomentmanagement@gmail.com)
- 18. MIZTRESS MOON "Tarot & Oracle Reader"** (Joanna, SC)  
Miztress moon is a local artist that specializes in tarot and oracle cards. The cards tell us what we wish to know. She offers a specific three card spread reading and spells that bring forth divining wisdom and guidance. She is also fluent in ASL.  
[Facebook:mystic\\_moon\\_tarot/oracle](http://Facebook:mystic_moon_tarot/oracle)
- 19. MARYBETH DOUCETTE "Chair Massage"** (St. Matthews, SC)  
You DESERVE a massage! Massages make us healthier physically, spiritually & mentally. Massages help you sleep better, alleviates anxiety, boosts immune system, reduces inflammation & helps release muscle tension from negative energies trapped the body or physical activity. [Facebook:clinquedoucette](http://Facebook:clinquedoucette)
- 20. EWANNA "Channeled Alchemical Healing, Cosmic Shamanism"** (Matthews, NC) (30 minute minimum i.e. 2 tickets)  
A session with Ewanna may consist in physical and Soul healing, karmic work, clearing, trauma imprint removal, Soul retrieval, activation, or anything revealed as needed in the moment. The work is channeled, Source guided, often assisted by multidimensional Spirit Beings. Ewanna is an awakened shamanic healer, energy and sound alchemist, with a background in medicine and psychology.  
[Facebook.com/HealwithEwanna](http://Facebook.com/HealwithEwanna)
- 21. HEATHER COLE: "Energy Clearing Practitioner"** (Irmo, SC) (30 minute minimum i.e. 2 tickets)  
Clear aspects of your past that are blocking you from your best self. Remove energetic baggage that's affected the way you think, how you express and feel emotions, and the function of your physical body. Clear metabolic pathways, pathogens, and food allergens to help the body heal. Clear traumas from this life and past lives. Find out how amazing "whole" can feel. [www.therenewmethod.com](http://www.therenewmethod.com)  
SUNDAY SPECIAL EVENT 12:00 PM "Group Energetic Clearing" (\$20 add-on)
- 22. LETHEA GERBERS: "Healing, Chakra Balance, Pain Removal"** (Hendersonville, NC) (30 minute minimum i.e. 2 tickets)  
Lethea, aka 'Hot Hands,' has training with Circle of the Heart, Kabbalah Tree of Life healing, Reiki Master, Access Consciousness and Bars Certification, and Teacher certifications, several chelation systems, training in Remote Viewing and Mediumship, and holistic healing such as with essential oils & herbs. [www.DragonflyHolisticWellness.org](http://www.DragonflyHolisticWellness.org)  
SUNDAY LECTURE 4:00 pm "Acupressure for Self-Healing"
- 23. JASON HUNT: "Intuitive Energy Worker"** (Arden, NC) (30 minute minimum i.e. 2 tickets)  
With the harmonized healing modalities of Reiki, crystals, and sound, Jason creates a healing envelope, helping you release repeating patterns, to facilitate the emergence of your true self! He helps reduce the pain and suffering of our daily lives, improving the quality of life. For over 30 years, his focus centers on Ascension, Merkaba Activation, Conscious Embodiment & Co-creation. [www.waterprana.net](http://www.waterprana.net)
- 24. MALAI "Reiki Master, Vibrational Sound Healer"** (Columbia, SC) (30 minute minimum i.e. 2 tickets)  
Malai, a Reiki Master and Vibrational Sound Healer trained in Usui Shiki Ryoho and Usui/Holy Fire, specializes in energy healing and the chakras. By releasing stress, anxiety, and balancing the energy centers, Malai empowers individuals to cultivate harmonious mind-body-spirit connection, leading to joy & vitality. [www.peacefulpausehealing.com](http://www.peacefulpausehealing.com)