

# SPIRITUAL FUSIONS PSYCHIC & HOLISTIC

## Holiday Expo

NOVEMBER 4 & 5, 2023

Flat Rock, NC

Blue Ridge Community College

### SATURDAY LECTURES

10:00-10:45 AM

#### "CRYSTAL MEDITATION - NATIVE AMERICAN JEWELRY SYMBOLISM"

Christi Jacobs

Kick off your weekend with a guided meditation that incorporates the healing power of crystals to help you reach your sacred place. Christi will showcase a few Native American pieces of jewelry. She will show some examples of different stones and the reason they are used. Afterwards, she will open the floor for questions and answers. Christi was trained by an Apache medicine man on the traditional ways of beadwork and jewelry. While beading, he would offer stories and teachings about his childhood and the ways the old ones taught him as he passed the tradition forward.

[StarSpottedHorseCreations.com](http://StarSpottedHorseCreations.com)

11:00-11:45 AM

#### "HUMAN DESIGN SIMPLIFIED"

Krystle

Human Design is today's new buzz word, but so many don't know what it is and how to use it in everyday life. Human Design may feel like a complex concept to understand but to put it simply, Human Design is a system and tool to show you your greatest potential. It is the permission slip to self that you have been waiting for! Krystle, a Human Design guide and intuitive, will share her knowledge on how this system works and how it is here to empower you to be you! To be able to stop surviving and begin to thrive on this material plane. Join Krystle for a captivating lecture as she gives a simplified explanation of what Human Design is, its basic functions and how you can use it to better your life in every possible way!

[humandesignastro.com](http://humandesignastro.com)

12:00-12:45 PM

#### "ENERGETIC PROTECTION FOR HIGHLY SENSITIVE PEOPLE"

Jen Pearson

Do you know how to stay open while remaining protected? If you are a highly sensitive person, you may find it quite difficult or assume you need to completely shut down. As a quirky spiritual life coach, Jen has the gift to empower you through life's transformative moments. Jen will teach you various techniques for keeping your energy open, expanded, sovereign, AND protected. A "must" for anyone with sensitive or psychic tendencies.

[LightenYourSpace.com](http://LightenYourSpace.com)

1:00-1:45 PM

#### "ANIMAL COMMUNICATION"

Randi "O" Sands

Come join Randi Sands, internationally known Psychic Medium & Animal Communicator to the world's top dog groomers as she discusses the importance of animal communication. Randi welcomes open dialogue on how it works and who is able to communicate with animals and will demonstrate exercises designed for beginners to allow them to begin exploring animal communication. Randi is extremely dedicated to

helping others hone their abilities as animal communicators are very much in demand to help animals keep forever homes as well as to help assist owners in finding lost pets.

[thespiritualcoffeehouse.com](http://thespiritualcoffeehouse.com)

2:00-2:45 PM

#### "UFOS & THEIR SPIRITUAL MISSION"

Share International SE

The Gathering of the Forces of Light - UFOs & Their Spiritual Mission

This is an extraordinary time in human history and the depth of concern has prompted our friends from other planets, plus humanity's great spiritual teachers, to come and help humanity through one of its most difficult transitions. Elaborate crop circles appear overnight. Unprecedented numbers of UFO sightings are reported around the world. The forces of light are gathering. Hear about these extraordinary happenings, how these events are related and the great changes ahead for us all.

[www.share-international.us](http://www.share-international.us)

3:00-3:45 PM

#### "EMPATHS: EMPOWER YOURSELF & HEAL YOUR LIFE"

Shelley Lieber

Do you often feel drained in social situations? Overwhelmed with other people's energy? Are you highly sensitive to typical outside noise, activity, and things that don't seem to bother other people? If so, you may be noticing it's getting worse instead of better. Time to turn things around and learn how to empower yourself! Shelley guides you through three simple, short exercises to strengthen your sense of self-embodiment. Learn how to use your sensitivity to your benefit, increase your intuition, and improve your life. At the end of the session, she'll also share the one transformative secret to becoming an empowered empath. Shelley is an intuitive empath, HSP, certified energy healer, Reiki practitioner, and tarot reader.

[www.ShelleyLieber.com](http://www.ShelleyLieber.com)

4:00-4:45 PM

#### "UNLOCK THE SECRETS OF MODERN DAY ALCHEMY"

Adora Winquist

Immerse yourself in a deep understanding of the five pillars of modern alchemy. Learn step-by-step how to apply these principles to everyday life, empowering you on your journey of self-discovery, healing, and transformation. Experience a Love Frequency healing activation and remember that our greatest power is held within our hearts. This combination of practical knowledge and energetic experience is a compass to unlock your inner potential to a more authentic and abundant life. With three decades experience, Adora is a distinguished Modern Alchemist, author, educator, visionary Founder of The Soul Institute & co-author of "Detox Nourish Activate: Plant & Vibrational Medicine for Energy, Mood, and Love" and "The Love Frequency: A Modern Alchemist Guide to Thriving in Sacred Purpose" (Spring 2024). Adora also holds certifications in vibrational medicine and aromatherapy from renowned Barbara Brennan School for Healing & Rutgers University. \*Plus receive an Adora formulated essential oil & "The 4 Tools for Spiritual Growth" e-book.

[www.TheSoulInstitute.co](http://www.TheSoulInstitute.co)

5:00-5:45 PM

#### "NURTURING YOURSELF BACK TO LIFE"

Neha Hinebaugh

Join Neha on a journey of embracing the self with honesty and love. We are building the foundation for a life of wholeness and authenticity by learning to trust and believe in ourselves again. Being used to an inner environment that developed through childhood traumas, conditioning, and the projections of others, we are often unaware of our relationship with ourselves and the emotional patterns that drive us. We live in survival mode, rather than from our heart, our authentic self. Come back home and allow your soul's evolution. Neha has found within herself the ability to face and heal deep traumas, and developed tools that continue to help her overcome self-destructive beliefs. Her energy and approach are nurturing, gentle, compassionate, and restorative. Being highly intuitive and connected with the Divine Mother, she provides the space for others to meet themselves with love and acceptance.

[higherdimensional.net](http://higherdimensional.net)

**SUNDAY LECTURES ON BACK PAGE**

# SPIRITUAL FUSIONS PSYCHIC & HOLISTIC Holiday Expo

Session Sign-Up's are made in Front Lobby  
**\$20 per 15-minute session**  
Max 2 Sessions (30 minutes) back-to-back  
2 Sessions (30 minutes) recommended for  
Healing/Energy work for a greater experience

When registering, you understand that any session, reading or message should not be construed as a replacement for medical, legal, or financial advice from a licensed professional.

\*\* Please note: "Mediums" cannot control who comes through in a reading (you may want to hear from mom, but instead your uncle steps in). Trust the Spirit World, as each person has a message for you.

All Sales Are Final. No Refunds. Tickets are not replaceable (do not lose)

## READERS / ENERGY WORK

- 1. TRISH HURLEY "Elemental Divinations"** (Mills River, NC)  
Trish will ask you to stir stones, bones, shells and coins spread on a cloth with the five elements design. Her teacher was West African Elder Medicine practitioner Malidoma Patrice Some. From the spread, Trish will give you answers to your questions, life paths and more. It is a wonderfully empowering experience. [www.Patricia9hawk.com](http://www.Patricia9hawk.com)
- 2. DONNA CLIFFORD "Intuitive Guidance Practitioner"** (Travelers Rest)  
Donna, a multi-dimensional intuitive, uses an array of oracles including archangels, angels, fairies, mermaids, and ancestors for the guidance you seek. Leave with clarity of your current situation plus knowing the potential and actions needed for future desires. Your guides and angels may even come through during your reading. Clients often say their questions were answered before they ever asked! [divineinhalehealing.com](http://divineinhalehealing.com)
- 3. RANDI "O" SANDS "Psychic Medium, Animal Communicator, Tarot"** (Fort Lauderdale, FL) Do you wish to communicate with someone who has passed? Or connect with your animal companions on their behaviors or feelings or check on ones who crossed over the rainbow bridge? Randi offers a safe space to connect with the spirit world as well as tarot and psychic readings about relationships, finances and health to get life's important answers. [theSpiritualCoffeeshouse.com](http://theSpiritualCoffeeshouse.com)  
**LECTURE:** Saturday 1:00 pm "Animal Communication"
- 4. CHERYL GRACE "Psychic Medium, Sacred Contracts"** (Hendersonville)  
Cheryl connects with the gatekeepers of higher purpose to help verify your soul's purpose and with whom you are meant to meet. Cheryl's expertise is clearing old energy and trappings to the past, cutting cords, and restoring possibilities. Cheryl, an accomplished Master Healer, can assist you to improve your mood, zest for life and shine a light on your full potential! [www.CherylGrace.com](http://www.CherylGrace.com)
- 5. SANDRA DENISE MOLINA "Angel & Archangel Messenger"** (Asheville) (Bilingual - English/Spanish) Experience the unconditional love and guidance from your Angels through the Divine connection of an Archangel Reading. Your Archangels are calling to you with a Special Message! Embrace Peace, Empowerment and Healing by experiencing Sandra's gifts of guidance, unwavering faith and passion to help you heal and transform your life. Sandra is a Certified International Angel Messenger Practitioner. [SandraDeniseMolina.com](http://SandraDeniseMolina.com)

**6. SUSAN STOWELL "Psychic Medium, Astrologer, Card Reader"** (Asheville) Susan as an intuitive empath is gifted with the ability to clearly interpret the powerful energies of the Planet Beings of our solar system. Assisted by Archangels and Ascended Masters, she brings forth profound multi-dimensional wisdom, spiritual truth & guidance in a comprehensive star chart and oracle card reading, supporting each seeker in discovering and expressing their soul's gifts and highest potential.  
Facebook: [dimensionsofwisdomastrology](https://www.facebook.com/dimensionsofwisdomastrology)

**7. MEGAN LEAH "Psychic Medium, Oracle"** (Charlotte, NC)  
Megan, a psychic medium, acts as a divine channel to bring forward messages or prophecy from the spirit realm. She uses a combination of her clairvoyant gifts, akashic record reading, and psychometry to deliver messages of the highest truth. Megan also uses quantum healing to remove blocks, cords or energies that may prevent you from living your best life. [messengermeganleah@gmail.com](mailto:messengermeganleah@gmail.com)

**8. MALAI "Intuitive Chakra Reader"** (Columbia, SC)  
Ready to look at your chakras and how they affect your life? Your chakra energies are a true window into your physical, emotional, and spiritual health showing where your strengths lie and where you may be stuck in life. Malai can help you release chakra blockages and balance your energy centers illuminating your path forward, leading to clarity & peace within. [peacefulpausehealing.com](http://peacefulpausehealing.com)

**9. ANGE STARLING "Psychic Medium"** (Arden, NC)  
Ange is an 5th Generation Psychic Medium, naturally since the age of two. Choose 1 per session: 1) General reading: past, present, future. 2) Connect and receive messages from the Angels and your Spirit guides. 3) Animal Spirit Guides/ Totem Pole discovery. 4) Mediumship: Who will show up?  
[a.n.g.e.031307@gmail.com](mailto:a.n.g.e.031307@gmail.com)

**10. ELIZABETH JONES "Psychic Intuitive Tarot Readings"** (Johnson City)  
Elizabeth reads with her heart and reveals the whispers heard from the ancestors and spirit guides for an in depth reading. Elizabeth's first remembered vision was at the young age of three and is excited to share her enhanced, natural born gifts with you to provide a balanced and concise reading for you!  
[Midcenturydragonfly@gmail.com](mailto:Midcenturydragonfly@gmail.com)

**11. DONA VITA "Psychic Medium, Oracle Card Reader"** (Inman, SC)  
Dona, a natural born intuitive and psychic medium, provides guidance, knowledge, and clarity. Her psychic ability allows her to communicate and connect at a soul level. With this incredible gift, she connects to Spirit, receiving information about the past, present and future. Dona also reads Akashic records and is a Reiki Master giving insight to our lives journey!  
[Donavibe11@gmail.com](mailto:Donavibe11@gmail.com)

**12. AQUA AGE MYSTIC, LEEANNE "Psychic & Quantum Past Life"** (Asheville) As a Past Life Reader, LeeAnne calls upon our Higher Selves, Compassionate Helpers, Mother Earth and Father God to show a past life that will help you navigate you in this life. You may find forgotten skills, recognize habits that still abide, be reminded of any special powers even confirm if you're on the path to your purpose. Join LeeAnne on this deep dive within. [aquaagemystic.com](http://aquaagemystic.com)

**13. KATIE BRAHANEY "Psychic Medium & Spiritual Channel"** (Asheville) Katie, the woman, "Behind Third Eyes," uses her natural abilities as a spiritual channel and medium to connect with the spirit guides, past lives and lost loved ones. Her specialties include channeling spirit guides, past life readings and intuitive tarot. She has communicated with spirits since she was a child and now reads professionally. She is incredibly grateful to read for you. [BehindThirdEyes.com](http://BehindThirdEyes.com)

**14. CATHERINE WALTERS "Intuitive Fairy Guide Mother"** (Boone, NC)  
Would you like clarity and understanding about a challenge in your life? Catherine and her Divine Friends, a vast group of angels, archangels, ascended masters, spirit animals and nature guardians, use a combination of channeling, hypnosis, and Reiki in healing oracle readings. You will receive soul perspective, practical guidance and clear next steps sprinkled with Divine love, wisdom and magic. [cattitude5932@sbcglobal.net](mailto:cattitude5932@sbcglobal.net)  
**LECTURE:** Sunday 1:00 pm "Put EnJOYment Back into Your Life!"

**15. REBEKAH FREEDOM "Palmistry, Chakra & Oracle Reader"** (Johnson City) What is your life for? Your hands & chakras tell the tale of why we have behaviors, blockages or just feel lost. We all have behaviors that make us feel like crap. The answer to your dilemma is FREEDOM. Rebekah's FREEDOM readings provide true-to-life guidance, clarity & direction. Freedom is yours to choose! (15 minutes accepted 30 recommended) [RebekahFreedom.com](http://RebekahFreedom.com)

**16. SHELLEY LIEBER "Empath, Intuitive Guide & Reader"** (Asheville, NC) Shelley is an intuitive empath and highly sensitive person with a gift for reading, clearing, and aligning energy. Certified as an energy healer and Tarot reader, she offers insightful guidance for improved health, relationships, and living your soul purpose. Bring your most challenging questions and be prepared to learn how to be your most inspired, uplifted self. [ShelleyLieber.com](http://ShelleyLieber.com)

**LECTURE:** Saturday 3:00 "Empaths: Empower Yourself & Heal Your Life"

**17. LINDA BEALS "Medical Intuitive"** (Weaverville, NC)

As a Medical Intuitive, Linda, will first sense the disharmonies in your body. She identifies specific pathogens and their locations and also other weaknesses, including blockages that may be preventing you from accessing healing Source Energy. Then, Linda becomes a conduit for Source Energy to move through her to restore the healing flow to these various areas and aspects of the body. [Facebook: lindabealshealer](https://www.facebook.com/lindabealshealer)

**18. GINGER FAE "Intuitive Tarot Reader, Psychic"** (Moonville, SC)

Ginger Fae uses her natural gifts to connect with Spirit guides to offer guidance & illumination through channeled card readings. She wishes to support self-awareness to gain an understanding of the energies that flow around you and help you achieve alignment with your soul's journey. [gingerfae.musings@gmail.com](mailto:gingerfae.musings@gmail.com)

**19. CRYSTAL PEGASUS "Psychic intuitive Reader"** (Canton, NC)

Crystal Pegasus is an English Psychic Medium, Medical Intuitive, and Past Life Therapist. Her readings combine Tarot and Astrology with your Guide's advice. After dying twice at a young age, she returned with extraordinary gifts of intuition and the ability to see, hear, know your past, present and future as well as the ability to recognize and remove attachments and entities. [trustandheal@protonmail.com](mailto:trustandheal@protonmail.com)

**20. JEN PEARSON "Intuitive Guide, Channel"** (Bat Cave, NC)

Looking for clarity in a situation, want to know if you're on the right path, or want to feel more empowered in making decisions, Jen can help. Jen helps craft your questions to allow the highest insight and inspiration to come through. No "fortune telling" here! You are in charge of your own destiny, so make it as joyful as you can. [LightenYourSpace.com](http://LightenYourSpace.com)

**LECTURE:** Saturday 12pm "Energetic Protection for Highly Sensitive People"

**21. MELANIE CHANNELL "Numerologist, Tarot Reader"** (Greeneville, TN)

As a certified numerologist, tarot reader and spiritual counselor, Melanie provides incredibly accurate and insightful readings that will help you answer questions about how you can shape your personal destiny. From Life Purpose readings and Numerology readings to questions on family matters, relationships, finances, careers or spiritual direction, Melanie will work with you to find solutions. [HeartWorksNow.com](http://HeartWorksNow.com)

**22. KRISTLE "Human Design Reader"** (Etowah, NC)

(15 minutes accepted, 30 recommended) Ever wondered why you do certain things, have emotional triggers, or just feel off? By using Human Design, Krystle provides insight into your unique traits, decision making, even the root cause of what holds you back from your greatest potential. Her insights into your strengths, weaknesses, fears, and passions allow you to take your life to the next level, living life to the fullest. (if possible bring birthdate, city, & time) [humandesignastro.com](http://humandesignastro.com)

**LECTURE:** Saturday 11:00 am "Human Design Simplified"

**23. LETHEA GERBERS "Release Pain, Heal, & Balance Energies"**

(Hendersonville) (30 minute minimum i.e. 2 tickets) Lethea, aka "Hot Hands" and gifted, intuitive healer removes pain and balances your energy fields using a light, gentle touch. As a Reiki Master, Lethea follows her guides and intuition with a variety of healing approaches including the Kabbalah, Access Consciousness, mediumship, QiGong & acupressure to provide just what you need to feel whole and relaxed. [dragonflyholisticwellness.org](http://dragonflyholisticwellness.org)

**LECTURE:** Sunday 5:00 "ACUPRESSURE FOR SELF-HEALING"

**24. HEATHER COLE "Energy Clearing Practitioner"** (Irmo, SC)

(30 minute minimum i.e. 2 tickets) Clear aspects of your past that are blocking you from your best self. Remove energetic baggage that has affected the way you think, how you express and feel emotions, and the function of your physical body. Clear metabolic pathways, pathogens, and food allergens to help the body heal. Clear traumas & hurts from this life & past lives. Find how amazing "whole" can feel. [therenewmethod.com](http://therenewmethod.com)  
**LECTURE:** Sunday 4:00 pm "Soul Contracts, Life Challenges, & Trauma"

**25. KARLA REEVES "Quantum Reiki Master & Medium"** (Columbia, SC)

(30 minute minimum i.e. 2 tickets) Karla performs quantum reiki healing using various tools such as crystals, sound bowls, and music to clear energy and remove any blockages from your energy field. It is both powerful and gentle, facilitating healing purification, empowerment and guidance. [Yourmagicalmoment.us](http://Yourmagicalmoment.us)

**26. JASON HUNT "Intuitive Energy Worker"** (Arden, NC)

(30 minute minimum i.e. 2 tickets) A session with Jason wraps you in a cocoon of light as his harmonized healing of Reiki, crystals, and sound help you release old patterns that weigh you down and no longer serve you, so your true self can emerge and take you to new heights! His sessions can also help reduce pain and suffering to further improve your quality of life, both within you and on your life's journey. Jason has been an Ascension & Merkaba Activation practitioner for over 30 years. [waterprana.net](http://waterprana.net)

**LECTURE:** Sunday 12:00 pm "Connect To Your Higher Self"

**27. DAVID & KIM "Usui & Kundalini Reiki Masters"** (Gaffney, SC)

(30 minute minimum i.e. 2 tickets) If you are open for growth that will lead to change, Reiki will give you the power to move mountains within yourself. Experience the energy of both Divine Feminine and Divine Masculine as David and Kim align your chakras and channel the healing energy that your mind, body and spirit are longing for. Let them share this beautiful awakening process with you. [oilnrecovery@gmail.com](mailto:oilnrecovery@gmail.com)

## VENDORS

**FABLEWOOD FARM** with Tiffany Heath [thefablewoodfarm@gmail.com](mailto:thefablewoodfarm@gmail.com)

**AURA PHOTO READINGS** with Psychic Atena [PsychicAtena.com](http://PsychicAtena.com)

**CRYSTAL KING DESIGNS** by Carl Coleman [CrystalKingDesigns.com](http://CrystalKingDesigns.com)

**PURE RITUAL** with Artist Nina Kawar [Pure-Ritual.com](http://Pure-Ritual.com)

**HEAVENLY TREASURES**, Jennifer Maldonado [FB:HeavenlyTreasureJewels](https://www.facebook.com/HeavenlyTreasureJewels)

**CRYSTAL RAVEN** with Jerome Bowers [Facebook: CrystalRavenRocks](https://www.facebook.com/CrystalRavenRocks)

**ENHYDRO MAN** with Josh Owens [owenscreatedesign@gmail.com](mailto:owenscreatedesign@gmail.com)

**INFINITE SELF LOVE** with Ashley Gandiza [infiniteelflove.com](http://infiniteelflove.com)

**SISTER OF MOTHER EARTH** with Lori Collins [SisterofMotherEarth.com](http://SisterofMotherEarth.com)

**KRISHNA'S CUPBOARD** [Krishnascupboard.com](http://Krishnascupboard.com)

**KARMA GARDEN SHOP** with Jenny [karmagardenshop@gmail.com](mailto:karmagardenshop@gmail.com)

**APPALACHIAN SACRED SMOKE** [appalachiansacred.com](http://appalachiansacred.com)

**BROWNS CREEK HERBS** by John Janeski [BrownsCreekHerbs.com](http://BrownsCreekHerbs.com)

**THE SOUL INSTITUTE** with Adora Winquist. [TheSoulInstitute.com](http://TheSoulInstitute.com)

**Lecture:** Saturday 4:00 pm "Unlock the Secrets of Modern Day Alchemy"

**LIVING DESIGN TECHNOLOGY** with Tika [livingdesigntechnology.com](http://livingdesigntechnology.com)

**Lecture:** Sunday 1 pm "How Bioelectromagnetics Rejuvenates & Restores"

**SHARE INTERNATIONAL SOUTHEAST** [share-international.us](http://share-international.us)

**Lecture:** Saturday 2:00 pm "UFOs & Their Spiritual Mission"

**HIGHER DIMENSIONAL CREATIONS** with Neha & Gary [higherdimensional.net](http://higherdimensional.net)

**Lecture:** Saturday 5:00 pm "Nurturing Yourself Back to Life" with Neha

**Lecture:** Sunday 3:00 pm "Awaken to The Authentic Self" with Gary

**CAROLYN MCGEE** [CarolynMcGee.com](http://CarolynMcGee.com)

**Lecture:** Sunday 11:00 am "Create Your Own Healing Sacred Haven"

**ASCENSION WELLNESS** with Trish Crowley [ascensionwellnessandyoga.com](http://ascensionwellnessandyoga.com)

**MSS MINERALS** with Linda Connolly [Etsy.com/shop/mindspiritsoulgems](https://www.etsy.com/shop/mindspiritsoulgems)

**LIFEWAVE** with Jacqueline Agramonte [lifewave.com/fearlessgoddesshealth](http://lifewave.com/fearlessgoddesshealth)

**ACTIVATED EARTH** with Yanina Salerno [activatedearthhasheville.com](http://activatedearthhasheville.com)

**MOON MAGICK** with Kim Anderberg [MoonMagick.com](http://MoonMagick.com)

**PEMF/Terahertz Wellness** with Lania Desmond [Key2Health4u@gmail.com](mailto:Key2Health4u@gmail.com)

**STAR SPOTTED HORSE CREATIONS** with Christi [c.m.jacobs5002@gmail.com](mailto:c.m.jacobs5002@gmail.com)

**Lecture:** Sat. 10am "Meditation & Native American Jewelry Symbolism"

## SUNDAY LECTURES

11:00-11:45 AM

### "CREATE YOUR OWN HEALING SACRED HAVEN"

Carolyn McGee

Sacred Haven is where myth, reality and imagination come together to allow our visions to become reality. It is using life's experiences to find the patterns that hold us back and resetting them. Learn to create a world filled with magic, mystery and awe that supports your inner wisdom to make empowered decisions and take inspired action. Learn about the: 1) Grandmother and Grandfather tree; 2) Reflection Pool; 3) Inner Child Playground; 4) Dragons Fire Cave. Be guided on a journey to the "Center of the Center of it all." Allow the wisdom of your soul to guide you confidently and gracefully to your heart's desire. Carolyn McGee, an intuition expert, TV/podcast host, speaker, and author, helps women break patterns to understand relationships to themselves, others, money, and spirit. Guiding you to trusting intuition, making empowered decisions, taking inspired action. [CarolynMcGee.com](http://CarolynMcGee.com)

12:00-12:45 PM

### "CONNECT TO YOUR HIGHER SELF"

Jason Hunt

Would you like to have perfect guidance anywhere you are, at any time? Each of us lives on many levels, mentally, emotionally, and physically, to name a few. And there's a lot of banter out there about Dimensions, Angels and Masters, Earth changes. Jason brings these diverse subjects into a harmonized whole, clarifying meanings of sometimes confusing terms. He will share how to connect with "Higher Self," the elevated aspect of yourself, and bring this connection into your daily life. Sharing examples from his own life, Jason explains how the process of embodiment works and will also lead you in a simple meditation. Jason Hunt is a traveler on the Spiritual Path, a student of Life, a learned reiki master from Sufi leaders, highly experienced in Kriya yoga and a leader in teaching meditations and spiritual practices. [waterprana.net](http://waterprana.net)

1:00-1:45 PM

### "PUT ENJOYMENT BACK INTO YOUR LIFE!"

Catherine Walters

Asking conscious questions and engaging with your subconscious mind can invite more joy, fun, and laughter into your life. The subconscious is a powerful tool that has a big impact on our lives. It houses our memories, beliefs, fears, and past experiences that affect our current life. Sometimes to truly understand ourselves, we need to communicate with our subconscious mind. Learn how to ask the questions to help you connect and activate your subconscious mind. See amazing results and put enJOYment back into your life! Catherine is an intuitive guide and teacher, channel for the Divine, energy healer and is clairaudient, clairvoyant, clairsentient. She is a transformational coach, certified Clinical Hypnotherapist, Yoga teacher, and Reiki Master. Catherine shares practical techniques to empower you to heal, release old ways, and co-create your authentic life full of purpose, passion, love & JOY! [GuidedChange.com](http://GuidedChange.com)

2:00-2:45 PM

### "HOW BIO-ELECTROMAGNETICS REJUVANATES & RESTORES"

Tika Vales Caldwell

Tika will discuss how and why it's important to enhance the bio-electromagnetic field we live in today. We will look at the current situation in our world and learn how to use the existing electromagnetic field around us to create heart brain coherence and amplify life force. Bio-electromagnetics can optimize well-being, enhance beauty, balance disturbances, and reharmonize geopathic stress. Energy harmonizing provides a full and balanced spectrum of frequencies common to all life and together with many ancient philosophies that understand sacred geometry, prana, and the principles underlying Feng Shui contribute to inner and outer harmony, resulting in rejuvenation and restoration. [www.livingdesigntechnology.com](http://www.livingdesigntechnology.com)

3:00-3:45 PM

### "AWAKEN TO THE AUTHENTIC SELF"

Gary Hinebaugh

We are a culmination of all that has been projected onto us, but it's not who we are. We are limitless Beings, free from the limitations and constructs we have accepted. Learn how to be free of everything you are not and become your authentic self through emotional healing and changing your perception of how you see everything. If you're not happy in your existence, then it's time to do something to bring the changes you need. A major stroke 29 years ago left Gary partially paralyzed, unable to speak. Facing surmounting odds, he healed his physical body. Then adapting those techniques into simple processes, he overcame his emotional trauma and pain, discovering his Awakening Journey. Author of "An Awakening Perspective: My Journey to Conscious Evolution." Gary now guides others on their Awakening journeys, empowering them to be their authentic selves. [higherdimensional.net](http://higherdimensional.net)

4:00-4:45 PM

### "SOUL CONTRACTS, LIFE CHALLENGES, & TRAUMA"

Heather Cole

Why do we seem to stay stuck in the same patterns of pain or difficulty? Why do we go through trials or have to endure traumatic events? Dive deep and learn about the soul contracts, life challenges, and trauma that we agree to experience before each life. Create clarity and understanding around your own difficulties and connect with how to maximize your growth and emerge stronger (and quicker) from those trials. Heather is a Board Certified Health and Life Coach, Functional Medicine Practitioner, and Energy Clearing Practitioner. She has spent the last three years combining these modalities to help clients shed past pain, eliminate old patterns, and get on the path towards being their best selves. [www.therenewmethod.com](http://www.therenewmethod.com)

5:00-5:45 PM

### "ACUPRESSURE FOR SELF-HEALING"

Lethea Gerbers

Make your body happier! Practice 7 easy self-healing acupressure recipes Lethea Gerbers created just for you. Acupressure stimulates the acupuncture points developed through centuries of use in Eastern medicine. Ease headaches, pain, back. Improve digestion. Sleep better. Calm your heart. Lower anxiety. Reduce insomnia. Energize your legs and be stronger. Lethea, aka "Hot Hands", is a gifted, intuitive healer and Reiki Master Teacher. She is experienced in the Kabbalah, Access Consciousness 'Bars', Delphi University, Mediumship, Qi Gong, and acupressure. [www.DragonflyHolisticWellness.org](http://www.DragonflyHolisticWellness.org)

## UPCOMING EXPOS

JANUARY 20-21, 2024

Columbia, SC (CMCC)

APRIL 6-7, 2024

Flat Rock/Asheville, NC (BRCC Campus)

JUNE 8-9, 2024

Asheville, NC (AB Tech Campus)

JULY 27-28, 2024

Columbia, SC (CMCC)

SEPTEMBER 21-22, 2024

Asheville, NC (AB Tech Campus)

IN THE WORKS - Greenville/Upstate Area, Johnson City, Gastonia

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