

Starters

HOUSE FOCACCIA BREAD With balsamic vinegar and extra virgin olive oil.	£5.95	CREAMY GARLIC MUSHROOMS Cheesy baked mushrooms in a creamy garlic sauce, served with toasted sourdough. (V/GFO)	£8.00
RED PEPPER AND SPICED CHICKPEA HUMMUS Topped with chilli oil and served with garlic flatbread. (V/VG/GFO)	£7.95	TEMPURA SALT & PEPPER CALAMARI Served with crispy kale, sweet chilli sauce, and garlic aioli.	£9.00
STICKY BBQ MINI BABY BACK RIBS Slow braised pork ribs in a sticky BBQ sauce, served with a rustic coleslaw. (GF)	£9.00	BAKED CAMEMBERT Hot honey drizzled camembert baked in a garlic topped bread bowl, with chilli flakes and served with chilli jam. (V)	£9.00
SOUP OF THE DAY Served with homemade focaccia bread. (GFO)	£7.95	DUCK BON BONS With Asian pickles and hoisin sauce.	£9.00
MARINATED CAULIFLOWER TEMPURA Lightly battered cauliflower with mint and cucumber relish, and chimichurri sauce. (V/VG)	£8.50	GAMBAS AL AJILLO Sautéed prawns in oil infused garlic and chilli, finished with a squeeze of lemon juice, and sprinkled with paprika and parsley.	£9.50

Mains

CHAMPAGNE FISH & CHIPS Champagne tempura battered cod with pea puree, thick cut chips, capers, tartare sauce and charred lemon.	£17.95	BACON & CHEESE BURGER STACK 7oz beef patty, crispy maple bacon, Monterey jack cheese, lettuce, tomato, with beer battered onion rings and fries.	£16.95
PIE OF THE DAY Served with crispy herb coated chunky chips and peas, with a side of gravy.	£17.00	CRISPY PORK BELLY With crispy dauphinoise potato, asparagus, pork jus, pea and asparagus puree. (GF)	£18.00
CREAMY CHICKEN & CHORIZO PASTA Succulent chicken breast, loaded with crispy chorizo, smothered in a velvety tomato and cream sauce.	£16.95	ASIAN SWEET CHILLI CHICKEN Sticky soya Asian style chicken in sweet chilli sauce, served on a bed of egg fried rice.	£17.95
CREAMY WHITE WINE MUSHROOM PAPPARDELLE PASTA Creamy white wine sauce, wild mushroom and crispy kale. (V)	£16.00	L&F ULTIMATE CHICKEN BURGER Crispy chicken breast, smoked bacon, cheese, pickles, baby gem lettuce, hot honey, seasoned fries and garlic mayo dip.	£16.95
RED THAI CHICKEN CURRY Chicken breast in Thai Red Curry sauce, served with sticky rice, house pickled veg and prawn crackers. (GFO)	£16.25	PAN ROASTED SEABASS FILLET Served on chorizo hash, with asparagus and topped with bearnaise sauce.	£19.00

Salads

CAESAR SALAD Pan roasted chicken breast, baby gem lettuce, crispy bacon bits, parmesan, crispy croutons, coated in Caesar dressing, and topped with a sliced boiled egg. (GFO)	£14.95
FAJITA STEAK SALAD Fajita style seasoned steak, mixed leaves, tomatoes, avocado, red onion, chimichurri dressing and crumbled feta. Served with toasted mini naan breads. (GFO)	£15.95
GREEK SALAD Chopped cucumbers, tomatoes, red onion, black olives, crumbled feta cheese, drizzled with olive oil and topped with oregano. Served with toasted mini naan breads. (GFO)	£13.95

L&F Famous Hanging Kebabs

Build your own kebab, all served on a skewer with slow roasted onions and peppers with seasoned fries, house salad, slaw, grilled tortillas, and comes with a choice of sauce.

Signature Chicken (GFO)	£19.95	CHOOSE YOUR FLAVOUR	CHOOSE YOUR SAUCE
Halloumi (V/GFO)	£19.95	Sweet Chilli Glaze	Hot Honey (V/GF)
Prime Steak Served Medium (GFO)	£21.95	Garlic Oil	Sweet Chilli (V/GF)
		Piri Piri (V/GF)	Peppercorn (V)
		Salt n Pepper (V/GF)	Philly Cheese (V)
		Bourbon BBQ (V/GF)	Chimichurri (V/GF)
		Chimichurri (V/GF)	BBQ (V)
		Philly Cheese (V/GF)	Piri Piri (V)

WHY NOT DOUBLE UP YOUR KEBAB?

Halloumi	£3.50
Chorizo	£3.50
King Prawns	£4.00
Signature Chicken	£3.50

WHY NOT ADD EXTRA TO YOUR DISH?

Grilled tortillas	£2.95
Corn on the cob	£4.75
Spicy rice	£4.25
Upgrade to S&P loaded fries	+£1.50

From the Grill

SIZZLING FAJITAS All our fajitas are served hot from the grill in a sizzling skillet, on a bed of sautéed onions and peppers served with rice, lettuce and tortilla wraps with salsa, guacamole, mozzarella and sour cream.	£19.95	CHOOSE A MEAT:	CHOOSE A FLAVOUR:
10oz SIRLOIN STEAK Served with beer battered onion rings, roasted field mushroom, and side of chunky chips.	£26.95	Signature Chicken	Fajita seasoning
LOST AND FOUND GRILL PLATTER 6oz rump steak, 6oz gammon, pork sausage, with a fried egg, roasted cherry tomatoes, mushroom, peas, chunky chips, and beer battered onion rings.	£29.95	Prime Steak	Smoked paprika
		Mexican Mixed Veg	BBQ
		GRILL EXTRAS	
		King Prawns	£5.00
		Chorizo	£3.50
		Halloumi	£3.50
		Battered Onion Rings	£4.95
		Corn on the cob	£3.95
		Loaded Nachos - Melted mozzarella, salsa, guacamole and soured cream.	£5.95
		Peppercorn Sauce	£2.50
		Diane Sauce	£2.50

Sides

Seasonal vegetables (V/VG/GF)	£4.95	Corn on the cob (V/VG/GFO)	£4.75
Baby Caesar salad (GFO)	£5.25	Beer battered onion rings (V/VG)	£4.95
Chunky chips (V/VG/GFO)	£4.95	S&P Loaded Fries	£6.00
Seasoned fries (V/VG/GFO)	£4.75	- Add Chicken	£3.00
Parmesan fries (GFO)	£4.95	- Add Halloumi	£3.00
Sourdough with garlic butter (V/VG)	£4.25	House slaw	£3.95
		House salad	£4.25

Our kitchen handles all major allergens. While we take extra precautions in preparing food, we cannot guarantee that any dish is completely free from allergens. Please inform a member of our team about any dietary requirements or allergies before ordering.

V- Vegetarian, VE- Vegan, GF- Gluten Free, GFO- Gluten Free Option Available.

Please note that an optional 10% service charge is applied to all tables 4+.