

Breakfast - Served Until 2pm

L&F BIG ONE (GFO) Two free range eggs, bacon, pork sausage, blace	£14.00	L&F VEGAN ONE (V/VG) Our signature smashed avocado, scrambled	£13.95	SMASHED AVOCADO (V/GFO) Our signature smashed avocado, mixed with red	£13.00	STEAK & EGGS (GFO) 60z steak, seasoned diced potatoes, grilled	£14.00	EXTRAS	
pudding, hash brown, baked beans, grilled mushroom and tomato, served with toasted sourdough.		tofu, grilled mushroom and tomato, two vegan sausages, hash brown, baked beans, served with toast.		onions & diced tomatoes, served on toasted sourdough topped with feta cheese, two poached eggs and a shot of hot honey.		tomato, served with chimichurri dressing and two free range eggs cooked how you like them!		Sausage Bacon Eggs	£3.00 £3.00
	612.05					PANCAKE STACK (V)	£11.50	Halloumi	£3.00 £3.00
THE GARDEN BREAKFAST (V/GFO) Veggie sausage, two free range eggs, grilled halloumi, smashed avocado, grilled mushroon	£13.95	EGGS BENEDICT Served on toasted sourdough, back bacon, poached eggs, topped with creamy hollandaise	£11.95	L&F SIGNATURE SPICY SCRAMBLED (GFO) Scrambled eggs cooked with chorizo, chillies, sundried tomatoes, and sliced avocado, served on	£12.95	Three fluffy pancakes served with two toppings of your choice		Smashed avocado Hash browns S&P hashbrowns	£3.00 £3.00 £3.00
and tomato, baked beans, hash brown, served with toasted sourdough.		sauce and crispy pancetta. Go (V) swap bacon for spinach.		toasted sourdough topped with spring onion and sriracha sauce.		Choose From: Nutella, Biscoff spread, Biscoff crumb, mixed berries, banana, maple syrup, whipped Cream, chocolate sauce, pistachio		Sourdough toast	£3.00
						crumb. Add streaky bacon or sausage £3.00			

- Sunday Roasts -

1 course £17.95 / 2 Courses £23.95 / 3 Courses £29.95

– Starters –

RED PEPPER AND SPICED CHICKPEA HUMMUS £7.95 Topped with crispy chilli oil and served with garlic flatbread. (VG/GFO)

ROASTED GARLIC AND POTATO SOUP £8.00 Chorizo, Kale, Paprika and chilli oil, served with homemade focaccia bread. (GFO)

MARINATED CAULIFLOWER TEMPURA
Lightly battered cauliflower served with mint and cucumber relish and chimichurri dressing. (V/VG/GFO)

TEMPURA SALT & PEPPER CALAMARI
Served with crispy kale, sweet chilli sauce and garlic aioli. £9.00

— Mains -

ROAST CHICKEN Served with roast potatoes, honey & mustard roasted root vegetables, seasonal greens, Yorkshire puddings, and rich gravy.

ROAST BEEF
Served with roast potatoes, honey & mustard roasted

root vegetables, seasonal greens, Yorkshire puddings, and rich gravy.

NUT ROAST

Served with roast potatoes, honey & mustard roasted root vegetables, seasonal greens, Yorkshire puddings, and rich gravy.

Desserts -

STICKY TOFFEE PUDDING Served with butterscotch sauce and a choice of ice cream, cream or custard.

CHOCOLATE FUDGE CAKE

Served with chocolate sauce and a choice of ice cream, cream or custard.

CHEESECAKE OF THE DAY
Ask your server for the cheesecake of the day, served with vanilla ice cream.

ETON MESS
Fluffy meringue, winter berries and whipped cream.

£17.95

£26.95

£19.50

£18.00

Sharers —

£42.00

£58.00

TWO PERSON SHARING BOARD Choose two types of meat and choose two desserts. Choose from- Roast Chicken, Roast Beef, or Nut Roast. Served with roast potatoes, honey & mustard roasted root vegetables, seasonal greens, Yorkshire puddings, and a jug of rich gravy.

FOUR PERSON SHARING BOARD
Choose two types of meat and four desserts.
Choose from- Roast Chicken, Roast Beef, or Nut Roast.
Served with roast potatoes, honey & mustard roasted root vegetables, seasonal greens, Yorkshire puddings, and a jug of rich gravy.

Mains –

£16.95

£16.95

£16.95

£16.50

RED THAI CHICKEN CURRY

Chicken breast in Thai Red Curry sauce, served with sticky rice, house pickled veg and prawn crackers. (GFO)

BACON & CHEESE BURGER STACK

7oz beef patty, crispy maple bacon, Monterey jack cheese, lettuce, tomato, beer battered onion rings, served with seasoned fries.

CREAMY CHICKEN & CHORIZO PASTA

Succulent chicken breast, loaded with crispy chorizo, smothered in a velvety tomato and cream sauce.

CREAMY WHITE WINE MUSHROOM PAPPARDELLE

Creamy white wine sauce, wild mushroom and crispy kale. (V/VG/GFO)

CHAMPAGNE FISH & CHIPS

Champagne tempura battered cod with pea puree, thick cut chips, capers, tartare sauce and charred lemon.

80Z SIRLOIN STEAK

Served with beer battered onion rings, roasted field mushroom, vine ripened tomatoes and thick cut chips.

LAMB SHANK

Succulent slow cooked lamb shank, served on a bed of creamy mash potato, with roasted carrots, kale and dripping in red wine jus. (GF)

CRISPY PORK BELLY

With apple and celeriac puree, tender stem broccoli, and dauphinoise potato. (GFO)

Cidaa

Sides	
Seasonal vegetables (GF)	£4.00
Baby Caesar salad (GFO)	£5.25
Thick cut chips (V/VG/GFO)	£4.25
Seasoned fries (V/VG/GFO)	£4.00
Parmesan fries (GFO)	£4.50
Sourdough with garlic butter (V/VG)	£3.95
Corn on the cob (V/VG/GF)	£3.95
Beer battered onion rings (V/VG)	£3.95
S&P hash browns (V)	£4.25
Cauliflower cheese (V)	£4.25
Sage and onion stuffing (V/VG)	£3.95
Chimichurri (VG/GF)	£2.50
Peppercorn (V)	£2.50
Red wine ius	£250



SUNDAY BOTTOMLESS BRUNCH

£40 Per Person

90 minutes of unlimited drinks and cocktails plus our 3 tier sharing platter!



AFTERNOON TEA AT L&F

Enjoy unlimited tea and coffee and our 3 tier sharing platter for just £19.95PP!



£7.95

£7.95

£7.95

PLANNING AN EVENT?

Lost & found caters for events of any size, check out our events page!