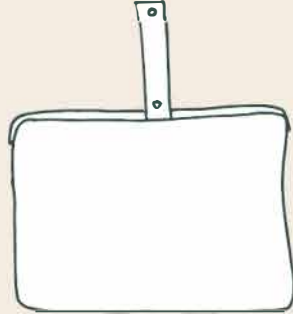
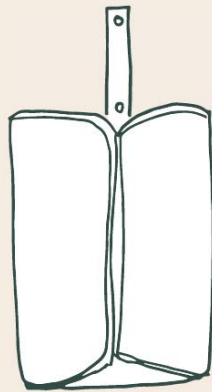


## FOLDING GUIDE rectangle changemats



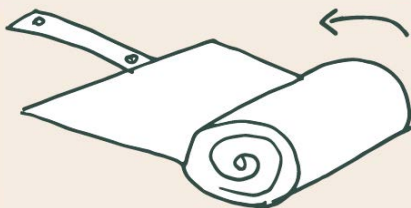
### 1. FOLD IN HALF

Fold mat in half upwards, with the strap at the top and laid up to show the end snap facing upwards.



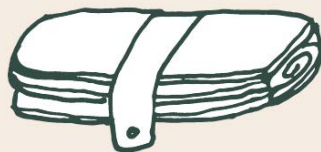
### 2. FOLD SIDES

Fold sides in so they meet evenly in the middle.



### 3. ROLL

Begin rolling mat up tightly, starting closest to you and rolling up towards the strap.



### 4. FASTEN

Pull strap around the rolled up mat and snap in.